

First Mayor Speaks On Home Rule

by Wendy
McMullen

The sense of urgency that moved Sanibelians to seek home rule in the early '70s is similar to that prompting the city's strategic planning retreats now, Sanibel's first mayor Porter Goss told retreat participants at the Sanibel Recreation Center on Saturday.

"It was a very lovely small place and it had certain things going on, however, that created an urgency," Goss recounted. "It's the same kind of urgency that we have today but on a different level and for different reasons."

The three things creating the urgency in the 1960s were the construction of



Porter Goss

the Sanibel Causeway, encouraging more people to visit Sanibel, the resultant increase in people wanting to live on the island and what Goss describes as "the very obvious fact" that the Lee County Commission was not interested in managing growth on the island but rather in monetizing it. Islanders' pleas to contain rapid growth were met with incomprehension.

"The county commission's response was 'listen, this is the golden egg that is going to be laid in this county. We believe we can put 100,000 people on those islands and have great financial success,'" Goss said.

"There was a recognition on Sanibel, and certainly in Lee County and Southwest Florida that Sanibel and Captiva are very special places that have a unique environment," Goss recalled. "And when we got through all of these meetings, to cut down to the chase, it really boiled down to a simple question of who is going to manage the growth and what is it going to look like."

Faced with heavy construction traffic

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Author To Speak At Luncheon

The Sanibel Public Library Foundation, Inc. will host Lunch with the Author on Wednesday, April 6 at The Community House. Critically acclaimed writer Martha Hall Kelly is the featured guest. Tickets are \$100 per person, with check-in at 11:30 a.m., lunch and a presentation by the author from noon to 2 p.m.

Kelly is the author of three novels of historical fiction. Her first, *Lilac Girls*, was an instant *New York Times* bestseller and has sold 1.5 million copies. Set during World War II, it introduced Caroline Ferriday, an American philanthropist who helped young girls released from Ravensbruck Concentration Camp. Two



Martha Hall Kelly

prequels tell the stories of Caroline's ancestors – *Lost Roses* takes place during World War I and *Sunflower Sisters* during the Civil War.

Kelly is a native New Englander and lives in Litchfield County, Connecticut. She earned journalism degrees from Syracuse and Northwestern universities, worked as an advertising copywriter for many years and raised three children.

Kelly's books are featured in a display at Sanibel Public Library, located at 770 Dunlop Road. Visit her website at www.marthahallkelly.com.

This is the 10th Lunch with the Author program, which supports the work of the library foundation. The presenting sponsor is Uhler and Vertich Financial Planners. Sponsorship opportunities are available for those who wish to meet with Kelly at a private reception. For tickets or more information, email authorluncheon@comcast.net or call the library at 472-2483.

The Sanibel Public Library Foundation programming, such as its author series and summer reading program, and

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Dani Mosser's *Fly* won first place

photos provided

'Ding' Darling Photo Contest Winners

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) has named the winners and honorable mentions in the 9th annual "Ding" Darling-Theodore Cross High School Photography Contest at JN "Ding" Darling National Wildlife Refuge. Due to federal government COVID-19 protocols, DDWS will not be holding an award ceremony this year; winners will receive their prizes by mail.

Professional photographer Nick Adams, refuge



Frog in the Shade by Ryan Mitchinson took second place

volunteer Carl Greenbaum and island freelance writer Chelle Koster Walton judged the 2022 contest. They reviewed 270 images taken by students from 12 different schools. Three teachers of students who submitted photos from in-need schools received a digital SLR camera as a result of a donation made to DDWS specifically for that purpose.

The contest required that students submit a paragraph explaining the context of their shot along with their photographs.

First place went to an image titled *Fly* by Dani Mosser from Cape Coral High. "I saw a perfect opportunity to capture a close up of an insect that is not usually appreciated," Mosser wrote. "However, the photo revealed amazing textures and colors."

"A photo of a fly is inherently hard to get, especially with such detail, the compound eyes," said Adams. "You can tell the photographer got very close and so didn't have to enlarge it a lot by the really good quality of the



In third place was Claire Henry's *Peeking Lizard*

focus."

In second place, Ryan Mitchinson from Cape Coral High portrayed *Frog in Shade*. Mitchinson wrote, "I have fond memories of this day walking with my friends through the garden looking at all the vast colors and life around me. With this photo, I tried something different with the depth of field, having it being very shallow, when I normally use a more deep depth of field."

"I was drawn by the soft green tones from the shallow depth of field," said Greenbaum. "You get a sense that the frog was hiding in there. Look, you can even see the little pads on its feet."

Third place winner, *Peeking Lizard*, was submitted by Claire Henry of Cape Coral High. "It may seem like a menial point in this lizard's lifetime, but it represents the daily life of the wildlife around us, and how these small creatures take advantage of their surroundings," wrote Henry. "It helps us better understand how animals

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Community House Calendar

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m.; supplies range from \$3 to \$5.

Oil Painting with Suzette is offered on select Mondays from 9:30 to 11:30 a.m. The next class is scheduled for March 28. The subject will be the sea turtle. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at www.sanibelcommunityhouse.net or call 472-2155.

Letting Loose with Watercolor classes with Anita Force Marshall are offered on Tuesdays from 9:30 to 11 a.m. The subject for the March 22 class will be the coconut palm. The subject for March 29 will be the flamingo. Cost per class is \$35 for members and \$40 for guests. Limit eight students per class. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental kits are available for \$10.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is played on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Painting with Friends is held on

Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Several Sanibel-Captiva Art League members are exhibiting works this month. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday. Proceeds of all sales go to Sanibel Community Association.

An arts and crafts fair will be held on Sunday, March 20 from 9 a.m. to 2 p.m.

Cupcake Decorating for Adults will be offered on Saturday, March 26 from 2 to 4 p.m. Cost is \$60 for members and \$70 for guests. Reserve your spot by calling 472-2155.

Kids Cooking will be offered on Sunday, March 27 from 1 to 3 p.m. The theme will be Lion & Lamb. Cost is \$30. RSVP to 472-2155.

Cooking with Jeff and Malia Samson is scheduled for Sunday, March 27 from 4 to 6 p.m. Cost is \$55 for members and \$60 for guests. Reserve ahead as space is limited. Call 472-2155.

Orders are being take for homemade pies and cakes. Cost is \$7 per slice of \$50 for a whole pie or cake. Choices are Chocolate Dream Supreme Pie, Sopapilla Cheesecake or 1927 Carrot Cake. Call 472-2155 to reserve; made to order.

The Community House is looking

for sponsorships for Line Dancing classes. Contact Allison at office@sanibelcommunityhouse.net.

Shell Critter Kits to Go are available for purchase or to ship. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.✧

Island Seniors At The Rec Center

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social – Monday to Friday, 9:30 to 11 a.m.

Bridge – Monday and Wednesday, 12:30 to 3:30 p.m.

Mahjongg – Thursdays, 12:30 to 3:30 p.m.

Euchre – Fridays, 1 p.m.

Hot Dog Lunch – Wednesdays, 11 a.m. to noon, Osprey Room Cost is \$3. RSVP to 472-0345.

Page Turners Book Club – Zoom only, second Tuesday of the month, 2:30 p.m. Email sanibelbum22@gmail.com for link.

Meditation – Zoom only, Mondays at 4 p.m. with Christina Shaul. Zoom link:

<https://us04web.zoom.us/j/79975149666?pwd=TVd5ZjcxcmFpdVVRZbGhhVkwvUXFZdz09>

QiGong with Paul Lawrence – Zoom only, Tuesday and Thursday, 3:30 p.m. ID: 881 9005 3793 Password: qigong

Page Turners book discussion for Tuesday, April 12 is *Harlem Shuffle* by Colson Whitehead. To be added to the email list, contact Louise Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

Kayaking is offered on Tuesdays, weather permitting, from 8:30 to 11:30 a.m. Sign ups are in person only at the recreation center. Cost is \$5 for members and \$20 for non-members. Basic skill level required. Restrictions apply. Call 472-0345 for details.

The next Leisure Lunchers outing will be held on Thursday, March 24 at 11:30 a.m. at T2 in The Village Shops; for Island Seniors members only. Registration required by Tuesday, March 22. Call Deborah Butler at 314-4554 or email deborahbutler1@comcast.net. Members will order and pay individually.

Spring Training baseball tickets are available for the Monday, March 28 Twins vs. Red Sox game at 1 p.m. at CenturyLink Sports Complex. Tickets are \$27 for members and \$32 for non-members. Prepayment is required. Sign up with Dave or Jessica. Ticket fee is refundable if games are canceled due to lockout conditions.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, visit www.center4life.com or call 472-0345.✧

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OBITUARY

STEPHEN CRAIG ERYMAN

Stephen Craig Eryman passed away unexpectedly at Lee Memorial Hospital in Fort Myers, Florida on February 25, 2022 with his beloved husband, Daryl Wilson, by his side.



Steve was born on November 6, 1952 to Mary and Manuk Eryman in Gary, Indiana. He was one of three children. He graduated from Akron High School in 1971 and studied nursing at Ivy Tech in Warsaw, Indiana. He was an EMT in Leesburg, Indiana.

Steve went back and forth from Indiana and Fort Myers, vacationing with his parents down south and spending summers with his grandparents up north. After permanently relocating to Fort Myers, he made regular road trips "cruises" back to Indiana to spend time with his family. His favorite stop along the way was Jasper, Tennessee, where he had hoped to buy a piece of land one day. It was a beautiful spot for camping and hiking.

Steve worked as an EMT at HealthPark in Fort Myers for 12 years. Prior to that, he worked in advertising sales at the *Island Reporter* on Sanibel in the early 1990s and then joined the *Island Sun*, helping kick off the inaugural issue of the newspaper in 1993. He was a valued

member of the team.

After retiring from HealthPark, Steve devoted his time to local food banks and never missed a volunteer shift. His concern, even while in the hospital, was to get back to the food bank to help those in need. He was a kind and generous soul who would do anything for his family and friends. He loved country music, gardening, camping, fishing, hiking, tinkering around the house, and paint and wine parties. He had a zest for life and a great sense of humor.

Steve doted on his pet chickens, and his cats were his muse. He couldn't pass up a cat figurine or collectible when he was out thrifting, or "junkin'." He collected many things, often discarded items that he would repurpose. He had just finished building his workshop in his backyard and had plans for so many projects. Sadly, those deeds will be left undone.

Steve was predeceased by his grandparents and his father. He is survived by: his mother, Mary Eryman of Fort Myers; husband and partner of 32 years, Daryl Wilson of Fort Myers; children, Carrie (James) Jackson of Claypool, Indiana; Chad (Amy) Eryman of Leesburg, Indiana; Stephanie Eryman of Mentone, Indiana; grandchildren, Anthony, Breanna, Brittany, Chad Jr., Cierra, Cheyenne, Courtney, Morgan and Sophie; great-grandchildren, Benjamin, Camille, Kayson, Laine, Levi, Lucas, Myla and Nova.

Remembrances and interment were held privately. Per his wishes, some of Steve's ashes will be disbursed in his backyard, so he will always be close by, and in Jasper.

He will be dearly missed by all who knew and loved him.✠

Bluegrass Concert This Sunday



Myakka Bluegrass Band

photo provided

One of the most popular services each year at Sanibel Congregational United Church of Christ is Bluegrass Sunday, which will take place on March 20. The Myakka River Bluegrass Band, a group that performs regularly in Southwest Florida and has a quite a following, will play during the 9 and 11 a.m. services.

The Myakka Bluegrass Band includes James Rogers on banjo, Jeff Cisco on fiddle, JR Davis on guitar and Jim Marshall on bass. The band has played at numerous festivals and other venues throughout

the area and will be making its fifth appearance at the church.

The Rev. Dr. John H. Danner, senior pastor, will preach at both services, as well as the 7:45 a.m. chapel service. His sermon, based on the story of the woman at the well in the gospel of John, is titled *The Lord's Prayer According to Luke*. All are welcome to attend. There will be a fellowship hour between services.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.✠



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A group fishing in the 1890s

Sanibel Historical Museum And Village

Landmark: Fishing In The 1890s

An 1890s group fishes with handlines and grains from the dock as their dog watches. Most of the catch is sheephead, abundant near pilings, especially in winter. A grains is a spearlike



photo courtesy Sanibel Historical Museum and Village

implement with barbed forked tips, used similarly to a harpoon or gig, for impaling fish.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available, based on docent availability. There is handicap access to all but one of the buildings. Admission is \$10 for adults over 18, no charge for members and children.

For more information, visit www.sanibelmuseum.org or call 472-4648.✱

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

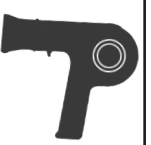
UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsunnews.com or call 395-1213.✱

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OBITUARY

CAROL HANNUM MANKER

Carol Hannum Manker, beloved wife, mother and grandmother “Nonnie,” ascended into heaven on Tuesday, March 1, 2022. Hearts are broken without Carol and her vivacious spirit and caring soul are missed. The family has peace knowing that one day they will be together with her again.



Carol was born on July 21, 1938 in Culver, Indiana to Alice and Paul Hannum. Her family moved to Westwood, California when she was 7 years old. She graduated from University of California, Los Angeles (UCLA) in 1963 with a bachelor of arts degree with a major in art. At UCLA, she was a member of sorority Alpha Chi Omega and a Bruin Belle. During her time in college, Carol worked as a school bus driver at a summer camp. Females did not drive vehicles (buses and vans) of that size in those days. On the freeway, people would honk and wave at her as she drove the buses and vans. Carol’s father, Paul, was the business manager and vice-chancellor at UCLA and brought family to

accompany him at special events. She once attended an Ella Fitzgerald concert (front row) and had California’s Gov. Pat Brown sign her program. She was able to meet and shake hands with President Eisenhower during a visit he made to UCLA.

In 1960, Carol worked as a United Airlines stewardess, flying in DC 6s, Convair, and DC 7s. She had an extraordinary memory and knowledge of everything, and proved her quick wit in a 1961 game show called *Say When*. She served as a contestant on the TV show, winning a boat, a trip to Rio de Janeiro, 300 Modern Library books, a washing machine, and a case each of Morton’s frozen custard pies and A1 steak sauce. The total value was \$6,000, which was a lot considering that a teacher’s average annual salary was \$5,000 in those days.

In 1963, after graduating college, she began teaching at Valle Linda school district as a school teacher and librarian. While teaching, Carol began her graduate studies at Long Beach State University in 1965, and earned her master’s degree in education.

Carol gave birth to her son Perry Minyard in 1964 and daughter Ann-Marie in 1970. In 1973, she remarried, to the love of her life, Melvin Roy Manker, in a lovely ceremony that included Mel’s young children, Steve Manker (born 1966) and Christy Manker (now Kesslering, born 1968), and Carol’s children, Perry and Ann-Marie. Carol and Mel’s relationship was

a beautiful illustration of love, devotion and teamwork.

The pair enjoyed traveling, most often to Hawaii, and boating. Carol had a flair for interior design, arts and crafts. She collected miniatures, creating captivating scenes that brought smiles to family members’ faces. Carol also collected Lalique crystal sculptures and a diverse array of art.

Carol was very active in the community and was exceptionally talented at planning events and parties. She served in the PEO club, Junior League, National Charity League, St. Charles Yacht Club (21-year member), Rotary Club (Long Beach and Sanibel), a women’s investment group, and St. Charles Book Club.

Around 1981, Carol began working as a realtor, winning many awards for her excellence in real estate work. She worked for several companies, including RE/MAX. Carol poured herself into her work, ensuring that she always found the right home for her clients. She was among the top two percent of best sales associates in the industry in 1997.

In 1999, Carol and Mel built their dream home in Sanibel, Florida and moved from Long Beach to their new home, which became their permanent residence. They continued hosting numerous family gatherings and events over the years.

She was a student of life and an avid reader. Carol lived a productive life anchored by integrity and conviction. Above all, she was a selfless, caring

person, known for her genuine interest and quiet commitment to helping others. She touched lives in ways she never fully realized. She was an inspiration to all.

Carol is survived by and will be truly missed by her husband, Mel, her siblings, Craig (Linda) Hannum, Mary-Alice (Jack) Hassard, and Tom (Linda) Hannum, her children, Perry (Regina) Minyard, Steve (Thalia) Manker, Christy (Jim) Kesslering and Ann-Marie Manker, and her grandchildren, Derrick (Rachel) Minyard, Rowan Manker, and Joe, Katie, Sarah and Claire Kesslering.

In lieu of flowers, a donation in Carol’s name may be made to Valerie’s House at <https://valerieshouse.org>. Valerie’s House is a nonprofit organization providing ongoing grief support programs for children and families grieving the death of a loved one.*

From page 1

Author

technology services like eshelf, leverages public tax dollar investment and helps the Sanibel Public Library provide engaging initiatives that enhance the library experience.

The Community House is located at 2173 Periwinkle Way on Sanibel.*

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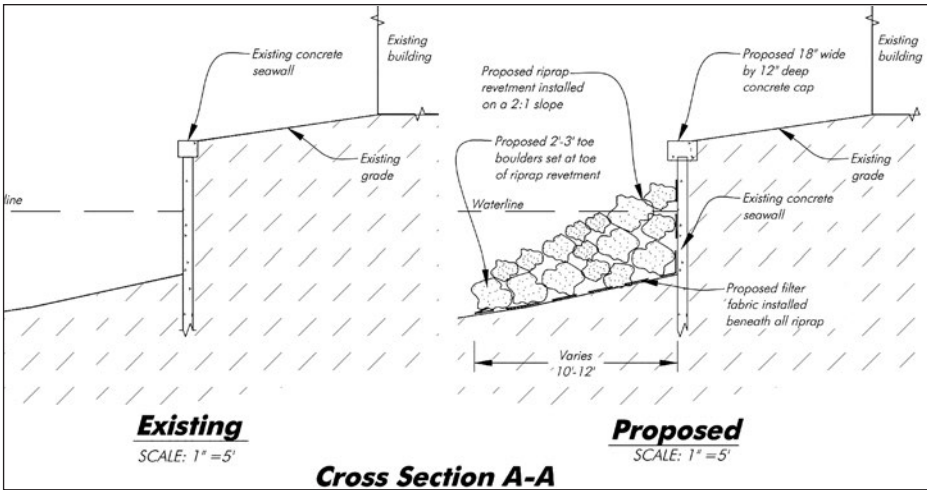


Diagram showing the riprap revetment

Seawall Approved At Spanish Cay

by Wendy McMullen

The problem of crumbling and cracked seawalls on man-made canals was under discussion at the Sanibel Planning Commission meeting last week when commissioners approved replacing the seawall behind Spanish Cay Condominiums on Middle Gulf Drive.

Seawalls were allowed as a special conditional use in many subdivisions bordering San Carlos Bay including Shell Harbor north and south of Periwinkle Way, Sanibel Harbour, Sanibel Isles and Water Shadows. The Sanibel Land Development Code includes standards for repairing nonconforming use seawalls on human-made bodies of water.

The seawall at Spanish Cay borders the man-made canal separating it from Beachview Estates. Repairs to the seawall bordering a narrow walkway required commission approval of a long form development permit.

Complicating the matter was that removal of the seawall could not only result in loss of land bordering the water, but also cause a very high

probability of undermining buildings that are 10 feet or less from the existing seawall.

To avoid damage to structures, engineering firm Hans Wilson and Associates proposed a plan that includes replacing the seawall cap and installing a 10- to 12-foot shelf of rock riprap with a maximum 2:1 slope and consisting of limestone that is 12 to 36 inches in diameter.

Two concerns addressed by the commission were rainwater downspouts from each building that discharged water directly into the canal and the limited vegetation along the seawall. The condominium association accepted a proposal to relocate the downspouts to prevent discharge into the canal or on to neighboring properties, and to install native vegetation along the path where possible.

In answer to a question from Commissioner Ty Symroski about people accidentally falling into the water, Project Engineer Paul Domke agreed to consider providing areas where someone could climb back up on to the seawall. The rock revetment ends two feet from the seawall top.

Native vegetation will also be planted within the riprap to provide a habitat for aquatic species to live or hide within the voids of the riprap.

Planning commissioners voted unanimously in favor of the project.✴

photo provided

Rules For Signage On Sanibel To Face Changes

by Wendy McMullen

There'll be some changes made to Sanibel's sign ordinance if a draft ordinance amending signs is adopted.

The major changes proposed are for temporary signs. The current size limit for temporary signs, such as those for real estate sales and special events, is two square feet. The proposed change would allow a larger sign of three square feet.

The changes come partly because of a decision by the U.S. Supreme Court some years ago dictating that signs must be treated as content neutral. Municipalities could not have one set of rules for real estate signs and another for political signs, or rules limiting the number of signs for garage sales but allowing more for real estate open houses.

City Planning Director Craig Chandler said that the easiest thing would have been to ban all temporary signs so that everyone is on the same playing field, but that planners recognized that would not have pleased many people in the community.

The proposed changes make the signage laws uniform regardless of content but retain many of the limitations that prevent "sign blight" seen in many communities.

One change designed to prevent over signage is to limit each property to one sign only with no duplicate signs on the property. This would prevent the litter of signs in front of a property during political season.

The other major proposed change is that temporary signs would no longer have to be parallel to the road but could be placed perpendicularly so that drivers could see them easily. Some city councilmembers stated that having to slow down or stop suddenly, or take their eyes off the road in order to read a sign, was a safety issue. Placing the

signs parallel to the road was previously approved for aesthetic reasons.

The ordinance with revisions recommended by city councilmembers at this month's meeting will be discussed again at the council meeting on Tuesday, April 5.✴

Community Services Director Gives Resignation

by Wendy McMullen

Keith Williams will resign from his position as director of community services for the City of Sanibel effective April 11.

Williams was employed as city public works director in October 2012 by former City Manager Judie Zimomra and then became director of community services after the reorganization of the city in October 2018.

As city engineer, he headed several critical projects in the city including wastewater treatment facility improvements, septic to sewer conversion projects and disaster recovery efforts, particularly after Hurricane Irma in 2017.

Williams applied for the position of city manager when Zimomra retired last year but lost out to current City Manager Dana Souza in a close 3-2 vote.

He is a popular member of the Sanibel community and had many outspoken supporters, including the former city manager and several councilmembers when he applied for the city manager position. He will take 10 years of institutional memories with him at a time when there are many new city staff members.✴



Keith Williams

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OBITUARY

SARAH JOYCE FAIRWEATHER

Sarah Joyce Fairweather, 70, of Sanibel, Florida, beloved wife, mom and grandma, passed away unexpectedly on March 3, 2022 of natural causes.



Born in Needham, Massachusetts, Sarah (Sally) was the daughter of Hugh and Barbara (Boggs) Joyce. She was a Wellesley High School graduate and received her degree in Spanish from Tufts University in 1972. Sally was an academic and an athlete, playing both field hockey and lacrosse in college. Following a year as the program director for the Marlborough Girls Club, she earned a master's degree in counseling with a minor in business from Indiana University.

In 1976, Sally moved to Pittsfield, Massachusetts where she became the executive director for the Pittsfield Girls Club. She also served as a board member for the Counseling Center of the Berkshires and spent many nights skiing. Most notably, Sally met her husband, Paul Michael (Mike) Fairweather.

In 1980, Sally married Mike and moved to New Hampshire. She was an executive director of human resources for Integral Data Systems. Once becoming a mother to her son, James, and daughter, Kaitlin, Sally continued her career as an independent HR consultant.

Sally was involved in numerous volunteer activities, beginning when she was a child, achieving the highest Girl Scout honors with her beloved Troop 2, who have remained great friends. In addition, Sally volunteered as a youth sports coach, Pan Mass Challenge supporter, and board member of the Beach Bike Ride for Charity. She and Mike served on the advisory board for CRU, a global Christian campus ministry, and Sanibel Community Church, where she facilitated bible studies and served on numerous committees.

Sally was a devoted wife. In 2003, her husband Mike was diagnosed with stage IV cancer. Both Sally and Mike

retired to focus on managing his health. With the unwavering support and care from Sally and by God's grace, Mike's three-year life expectancy turned into 15 years together filled with many memories as a family.

Sally enjoyed writing poetry for her family, making personalized quilts for each new baby of the family, and cultivating her grandchildren's imaginations with creative play. Within her family, she was known for her signature chex-mix, brownies and Christmas cookies, beautiful handmade Christmas gifts, shell lamps and the most thoughtful cards for every occasion. Sally had a smile that would light up the room and lived a life of thanksgiving, understanding that what mattered most was her family and friends, and her trust and faith in the Lord.

Sally was a beloved mother, grandmother, sister, aunt and great-aunt to a large and adoring family. She leaves behind her beloved children, James and his wife, Ashley (Coll) Fairweather, and Kaitlin (Fairweather) Fryling and her husband, Paul. Sally was blessed with loving grandchildren, Madison Coll and John Paul Fairweather, and Emma James Fryling. She was the adored "Aunt Sally" to 12 greatly-loved nieces and nephews, and 14 grand-nieces and grand-nephews.

Sally is survived by her brother, Steve Joyce, and his wife Cinda, and her sister, Cathy, and her husband Jack Brennan. She was predeceased by her parents, her husband, Mike, and her brother, Dave Joyce.

Sally's celebration of life will be held at Sanibel Community Church on Saturday, March 19 at 11 a.m. in the Sanctuary with a luncheon to follow in Fellowship Hall. Sally's interment will be with her husband, Michael in the columbarium at Sanibel Community Church.

There will be a second service in Greater Boston during spring of 2022.

In lieu of flowers, donations can be made to two causes Sally was most passionate about; helping family members fight cancer and helping people grow in their relationship with God.

Sally's nephew, Tim Albert, is battling brain cancer and requires treatment in Germany starting in April 2022. Visit his GoFundMe page to donate in Sally's memory.

Link: <https://www.gofundme.com/f/Help-Tim-Fund-Vital-Brain-Cancer-Treatment>.*

games and activities led by Dubin Center staff. Refreshments will be served. The event is free to attend but reservations are requested and can be made by contacting the Dubin Center at 437-3007 or email riley@dubincenter.com.

Interfaith Outreach of SanCap is a partnership of Captiva Chapel by the Sea, Sanibel Congregational United Church of Christ, St. Michael and All Angels Episcopal Church and Bat Yam Temple of the Islands.

The Community House is located at 2173 Periwinkle Way on Sanibel.*

Interfaith Outreach Memory Café

Interfaith Outreach of SanCap will hold the second monthly Memory Café on Tuesday, March 22 from 10 to 11:30 a.m. at The Community House. This event is designed and facilitated by the Dubin Center for individuals with memory issues and their loved ones.

Programming will include familiar

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9:30 am Oil Painting w/ Suzette

TUESDAYS

9:30 am Watercolor w/ Anita

12:30 pm Social Bridge

1 pm Line Dancing w/ Valorie Wolf

WEDNESDAYS

1 pm Painting w/ Friends

THURSDAYS

1 pm Chair Stretching w/ Mahnaz

FRIDAYS

1 pm Hearts Card Club

FRIDAY, MARCH 25TH

11:45 pm Hearts Tournament

SATURDAY, MARCH 26TH

2 pm Cupcake Decorating

SUNDAY, MARCH 20TH

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Church of the Four Gospels

photo provided

Twilight Talk Explores The History Of Religion

The Sanibel Historical Village will present its second Twilight Talk on Tuesday, April 5 at 7 p.m. at The Community House. The topic is God and Sanibel: The History of Religion on the Island. From the indigenous Calusa to the diverse church groups on Sanibel today, islanders have always contemplated the

questions of human existence.

Like all island history, the story of religion on Sanibel and Captiva is filled with fascinating stories. The first church, built on the beach at Casa Ybel, was Rev. Barnes' majestic Church of the Four Gospels. It was destroyed by the 1910 hurricane, and salvaged pews are still in residence at Sanibel Community Church. While St. Michael and All Angels Episcopal Church is known today for its Noah's Ark thrift shop, that congregation was founded with a strong sense of social justice. More compelling history

comes from the unique formation of Captiva's Chapel by the Sea, along with heartbreaking early stories of its little cemetery.

Noted Sanibel theologian/conservationist Dr. Ran Niehoff will be the featured speaker for this talk. In the past, Niehoff has taught classes on the stewardship of creation – the intersection of ecology and theology. Currently, he teaches in the Winter Academy of BIG ARTS and writes a column in the local magazine *Times of the Islands*. His talk will examine the universal questions of meaning along with the unique history of various religious groups on Sanibel and Captiva.

Supplementing his talk will be video footage and still photographs illustrating the rich history of religion on the islands.

Admission is \$15 per person. Reservations can be made in advance by calling 472-4648 or at the door.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call 472-4648.*

New Kind Of Family Worship Comes To Sanibel

St. Michael and All Angels Episcopal Church is launching a new way of worship, fellowship and a meal that has been sweeping the world; Messy Church. Messy Church is particularly suited to families, is intergenerational and welcoming to people who have never belonged to a church before, who have been spiritually wounded at another church, or who have not found traditional forms of worship to be helpful. It will be held on the second Sunday of each month from 4 to 6 p.m. beginning April 10. It is open to the all, there is no charge to attend and no registration required.

Worship is interactive and experiential with no sermons and no sitting in pews. It is made up of a warm welcome, several themed activity stations that all ages visit to engage in crafts, activities and games, a brief celebration time, and concluding with a meal together. "Messy Church is not just an activity a church hosts, it is a philosophy of what the church should be," said Sue Van Oss, who is coordinating the program for the church. "We want every person, no matter their age or situation in life, to know that they are beloved by God." April's theme is Messy Easter.

Households of all kinds – single-parent families, grandparents with grandchildren, multi-generation families, individuals, single or partnered – gather to eat, create and celebrate together.

Messy Church is a ministry that began in the United Kingdom in 2004 and has spread across the globe to more than 4,000 churches in 30 countries.

For more information visit www.saintmichaels-sanibel.org/messy-church, contact Sue Van Oss at 472-2173 or communications@saintmichaels-sanibel.org. St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel.*

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The hibiscus-like flowers always appear to be on the verge of opening
photos by Gerri Reaves

Plant Smart
Mazapan

by Gerri Reaves

Mazapan (*Malvaviscus penduliflorus*) is a woody ornamental whose popularity peaked in the 1950s and 1960s. It escaped cultivation and now is usually seen in older landscapes or in disturbed areas.

It grows in tropical and subtropical regions and is thought to be native to central or southern Mexico. In the U.S., it's found only in Florida, Texas and Hawaii.

Some plant experts believe that most plants in South Florida are sterile and do not produce fruit. In Australia, it is



Nonnative Mazapan was a landscape staple in the 1950s and 1960s

categorized as an invasive species.

As a member of the mallow family, it's closely related to both native and nonnative hibiscus shrubs, as well as to cotton and okra. In the first term of the binomial, malva means mallow and viscus alludes to the plant's sticky sap.

The shrub's popularity rests mainly on the bright red flowers that bloom throughout the year. They are comprised of five overlapping crepe-like petals with protruding stamens. Solitary, tubular and about two and a half inches long, they always look as they are about to open but never do.

The flowers "nod" or droop, thus another common name, sleeping hibiscus. Other common names are

turkscap mallow, cardinal's hat and waxmallow.

The evergreen leaves are lanceolate to ovate with pointed tips and toothed edges. They are up to five inches long and are sometimes lobed.

The plant has a potential height of 10 feet with an equal width, so if you include it in your landscape, give it room. It prefers full sun to partial shade and moist soil. Once established, it's drought tolerant. Pink and white cultivars exist.

Mazapan is considered Florida-friendly, but if benefit to wildlife is a priority for your landscape, consider other species that outshine it in offering food/shelter.

Sources: *500 Plants of South Florida* by Julia F. Morton, *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, www.cabi.org, https://floranorthamerica.org/Main_Page, <https://floridata.com>, and <https://gardeningsolutions.ifas.ufl.edu>.

Plant Smart explores the diverse flora of South Florida.✧

Bird Walks With Audubon Society

The Sanibel-Captiva Audubon Society is offering bird walks this season. All walks begin at 8 a.m.

The season schedule is:
March 19, Bailey Tract
March 26, Wildlife Drive at JN "Ding"

Darling National Wildlife Refuge
April 2, Lighthouse Beach Park
April 9, Lakes Park in Fort Myers
Visit www.san-capaudubon.org for more information, including directions to each site.✧

Guided Native Vegetation Tours

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours begin at 10 a.m.

Tour schedule:
Saturday, March 26
Wednesday, April 13 and Saturday, April 23

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road. For more information, email san.dnr@mysanibel.com or call 472-3700.✧

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One Last Cold Blast



by Capt. Matt Mitchell

Just when we think winter is done, it never fails we get that one last mid-March cold front reminding us winter is not quite done. As usual, the bite in the days before the arrival of the front was amazing with snook, redfish and trout all feeding. The last few days before the front, we had strong south winds which always prove to be the best set-up for a nonstop bite.

Gale and small craft warnings over the past weekend meant lots of cancellations during our busiest month of the year. After two days of not being on the water, patterning the fish may take a few days until conditions get back to normal. Bait is the first thing that changes with the wind and cold water. After what has been a easy few weeks of catching shiners, I'm expecting a little bit of a struggle for at least a few days. To supplement the shiners for a few days, I plan on taking shrimp as insurance.

Pre-front fishing despite slow tides was as good as it gets for March. Prevailing south winds gave us higher than normal tides and kept the water moving during what should have been lousy tide days. One thing that has been a surprise these



Mike visiting from Texas had a amazing day on the water with Capt. Matt Mitchell This week photos provided

past few months is the incredible rebound we have seen in our trout fishery. While filleting fish at Punta Rassa, I've noticed just about every boat has had limits of trout. This abundance of trout is a real sign of how much our water quality has improved in the past few years.

The best trout fishing for me over the past few weeks has come in the power line area of the sound. This area has lots of shallow healthy grass flats that are peppered with small areas of sand, which is the perfect trout habitat. Live free-lined shiners cast and slowly retrieved caught fish after fish with very few of these trout



being less than the 15-inch minimum. Shrimp under a popping cork have also been getting it done in these same areas, though the average size of the trout have been a little smaller. Expect a mixed bag of Spanish mackerel, ladyfish and even some pompano in the mix.

Oyster bar fishing on the higher stages has been amazing for both snook and redfish. Live shiners caught snook after snook while we were set up on the wind blown side of these bars. Most of these snook are in the 20 to 25 inch range. Now and again though a 30-inch-plus snook will crash the party. Just about any

set of oyster bars in the sound has held lots of snook. The key to this bite is high enough water. During clean clear water periods, locating these bars is easy.

Getting back on the water after a strong cold front is always a challenge. Dirty water stirred up from the wind along with a 10-degree drop in water temperature will make the first few days a little tough. With no more cold fronts in sight, hopefully that was it for winter and our conditions along with fishing action will quickly rebound.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

Top 10 Books On The Island

1. *The Suite Spot* by Trish Doller
2. *The Last Trial* by Scott Turow
3. *Sleeper Agent* by Ann Hagedorn
4. *The Most Beautiful Girl in Cuba* by Chanel Cleeton
5. *All the Little Hopes* by Leah Weiss
6. *The Vanishing Half* by Brit Bennett
7. *Catch Us When We Fall* by Juliette Fay
8. *The Good Sister* by Sally Hepworth
9. *The Lightning Rod* by Brad Meltzer
10. *One Italian Summer* by Rebecca Serle

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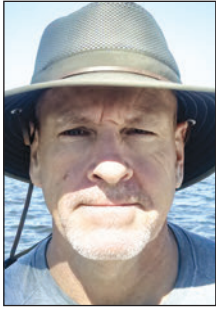
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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Hispid Cotton Rat



by Bob Petcher

The hispid cotton rat (*Sigmodon hispidus*) is known to be a terrestrial rodent that can be found as far south as northern South America. They have grizzly coats of grayish brown to

dark brown coloring on plump bodies.

Hispid cotton rats create a habitat in grasslands ranging from coasts to the mountains. They nest in tall fields to offer protection from predators. Since they eat mostly plant materials and rummage through plantations of sugarcane and vegetable crops, they are infamous for being named agricultural pests.

At CROW, an infant female hispid cotton rat was admitted to CROW from Fort Myers after being found alone. Hospital staff noted she is at an appropriate development stage for her age.

"She was roughly a week old upon intake at CROW. Her eyes were open, she was very active and her teeth were growing in," said CROW Rehabilitation Manager Breanna Frankel, CWR. "These are all normal indications to age and appropriate development."

The patient is being offered a mash



Patient #22-784 relaxes in an aquarium

photo by Lilli Pedersen

diet and will continue to be monitored under supportive care. It is being housed indoors in a closed environment for now.

"The mash that this rat eats consists of either rodent pellets or primate biscuits that have been soaked in water so they are an oatmeal consistency. We add bananas and other small pieces to the mash to encourage weaning onto whole foods," said Frankel. "They are a prey species in the wild but that doesn't necessarily indicate certain caging in captivity. We don't house predators and prey species together. We are currently

keeping it in a large glass aquarium to prevent escape since it is so small."

The small patient's stay at the clinic is expected to be short-lived.

"If it continues to eat well and grow, it may only be here for another two to three weeks," said Frankel. "Once it learns how to forage for appropriate food sources, it can be returned to the wild. They become independent very quickly."

In the meantime, the cotton rat will continue to receive supportive care and will be encouraged to act self-sufficiently.

"We ensure that it stays well hydrated

and give subcutaneous fluids if the patient becomes dehydrated," said Frankel.

"Aside from feedings, not much else is required besides introducing various enrichment. Utilizing environmental enrichments helps prepare our patients for release.

"It is likely to be released near where it was found, but most animals don't have family units like we do. This cotton rat was orphaned and its mom never came back for it, so it is unlikely that there would be any reunion after release."

While the cotton rat was admitted to CROW without injury, this is not being called an abducted animal case.

"This was not a case of abduction, which was evident by our physical exam which indicated the patient was thin and dehydrated," said Frankel. "Normally, if a baby animal is found, we ask the finder to call CROW so we can determine if the animal is healthy and able to stay in the wild with mom and/or dad. We often assume a baby is orphaned because we don't see the parents right there, but that usually isn't the case. By calling us first, we can assess the animal's health status to determine the best course of action."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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----- ISLAND FAVORITES -----

Retreat Held To Identify Strengths And Weaknesses

by Wendy McMullen

The Sanibel Land Use Plan was rated the city's top strength by the 40 participants at the city's Strategic Plan Retreat held on March 12 at the Sanibel Recreation Center.

Attendees were also asked what they saw as the top weaknesses and challenges that the city faces, and rated the outdated information system as one of the major weaknesses, citing in particular the city's website. Heading the list of challenges were sea level rise, city staffing and traffic congestion.

There was most unity between the seven groups participating on the question of the Sanibel Land Use Plan and the city codes protecting Sanibel from overdevelopment. Almost all 35 participants rated that as the city's most important internal strength.

Other strengths mentioned were a non-partisan city council, a knowledgeable and engaged citizenry, the variety of community organizations and the transparency of the city management form of government. The city's external strengths mentioned were the bike paths, beach paths, the stable tax base and its unique identity as a safe sanctuary community.

The seven groups, each with five

participants, generally agreed on the city's major weakness. Almost all groups mentioned outdated technology within the city, slow bureaucratic processes and city understaffing. Also frequently mentioned was affordable housing and access to services for younger families.

External threats to the city included challenges to the city's home rule by county and state, water quality as a result of decisions by governmental entities and sea level rise. Other challenges listed were the problems of traffic congestion, of being "loved to death" with too many visitors. Many mentioned the importance of maintaining water quality. Others referred to the problem of keeping residents passionate about the city and its achievements. One group reported a growing apathy among the citizenry and the importance of educating new residents and visitors that are now coming to the island as a refuge and do not understand or like restrictions. The importance of education was emphasized by many groups.

Expert outside facilitator Dr. Robert E. Lee, associate professor in political science and public administration at Florida Gulf Coast University, led the discussion groups, asking each group first to identify the strengths, weaknesses and threats to the city, and then to rate each list in order of importance using blue, green and red dots. He ended the session by asking participants to suggest opportunities

for the city. They included building public-private partnerships, encouraging renewable energy and using American Rescue Funds to improve city infrastructure. Other suggestions were to monetize the visitor population and maximize external funding.

Saturday's session was part of two full-day strategic planning retreats. The second session was held on March 16.✱

From page 1

Home Rule

and tracts of land laid bare for development, islanders sought to first persuade the Lee County Commission and then to establish a zoning plan for the island within the Lee County framework. Neither plan was successful. The third option was to try to establish home rule, a plan that involved first persuading the populace of its value to them.

"So we argued about home rule and what it implies... a lot of government, a lot of taxation, a lot of marketization that allows professional people running around doing stuff. And that's not what Sanibel was about before," Goss said. "You know, we go out the door in the morning, we don't lock the house, you never take the keys, what do we need all that for? It took a lot of persuading for residents to accept."

Ultimately, the populace was persuaded, mainly by being convinced that quality would be more beneficial than quantity and that although there

would be less developable land, that land would be more valuable and the island's precious natural resources would be protected.


One of the challenges the island faces now, Goss contends, are larger houses that accommodate more than the 2.4 people calculated under the Comprehensive Land Use Plan, passed after the incorporation of the city. It was that document that limited the number of units on the island to some 9,400. Another challenge is the disappearance of the seasonality in tourist traffic experienced in the 1960s.

"It used to be said that in the summer months, people would bring one T-shirt and one \$20 bill, stay a week, and change neither," Goss quipped.

Goss left the city to become a Lee County commissioner, then a United States congressman. He was made director of the Central Intelligence Agency under the Bush administration. However, he says that his proudest achievements were on Sanibel.

"I will tell you that wherever I go in life, I am more proud to be from Sanibel and having been part of that than anything else," he concluded.✱

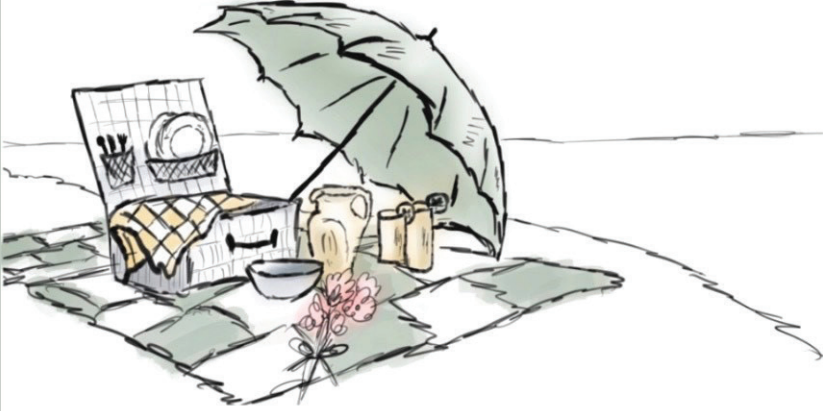
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Bailey-Matthews National Shell Museum
Shell Of The Week

The Caribbean Corbula

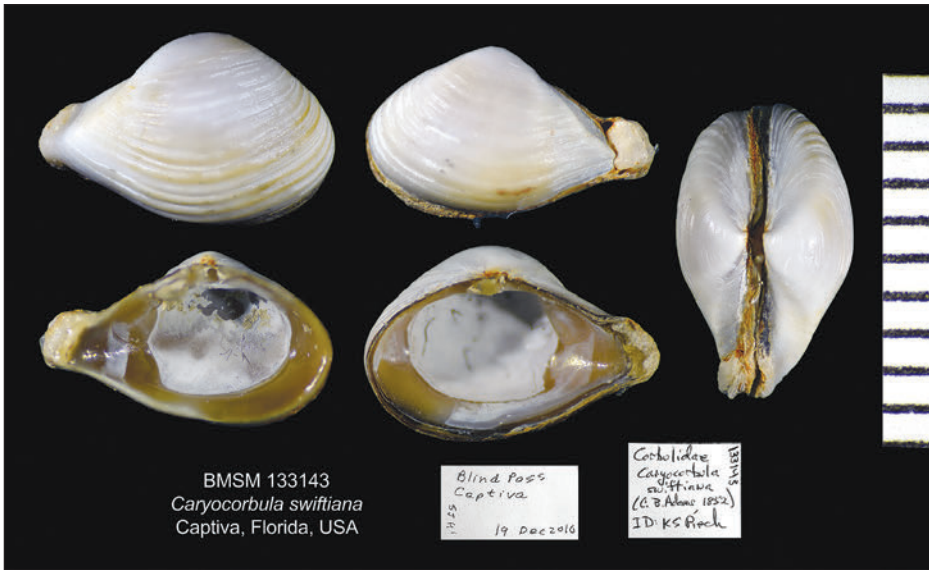


by José H. Leal,
PhD, Science
Director and
Curator

Corbula swiftiana (CB Adams, 1852) has a strongly inequivalve shell (the left and right valves have different sizes). The

shell has pointed posterior region that is often extended by calcified periostracum, a radial fold or ridge is present, sculpture of irregular commarginal ridges, shell color white to light gray. Internally, it is often whitish, or with brownish, orangish, or yellowish hues. The shell in the image is a single articulated pair, part of a larger collection of loose valves of the same species found by Susan Hewitt in December 2016 at the Captiva side of Blind Pass. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open daily from 10 a.m. to 5 p.m. For more information, visit www.shellmuseum.org.✧



The Caribbean Corbula, *Corbula swiftiana*, from Captiva

photo by José H. Leal

Changes To Shrimp Harvest

The Florida Fish and Wildlife Conservation Commission (FWC) has approved the following changes to shrimp regulations, which go into effect on May 1:

Allow recreational shrimp harvest in the Big Bend closed area with a limit of two gallons per person and five gallons per vessel, and using cast nets and dip

nets only;

Allow high-salinity freezer tanks for commercial food shrimp production; and

Make several technical clarifications and updates to rule language.

These changes are the final phase of a long-term effort to update shrimp regulations.

For more information, including the March 2022 commission meeting presentation, visit www.myfwc.com/commission and click on Commission Meetings.✧

American Legion Post 123

American Legion Post 123 is holding a celebration of life for Ed Augustyn this Sunday, March 20.

Lasagna, Caesar salad and garlic bread will be served from noon to 8 p.m. Barbecued ribs and chicken are on the menu for Sunday, March 27. Enchiladas with black beans and rice will be served on Thursday, March 31.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers.

It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.✧



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Highlights From The 85th Annual Sanibel Shell Festival



Shell flower bouquet by Shanti Moore of Pompano Beach, Florida
photos by Lorin Arundel



Poseidon's Glory by Andrea Schopf of Lancaster, Pennsylvania



Shell fossils and specimens booth



Chitons of the World by Anne Joffe of Sanibel, Florida



Shell picture by Constance Marshall Miller of Lewes, Delaware



Florida horse conch exhibit by Amanda Collett of Sebastian, Florida

More photos pages 20 and 21

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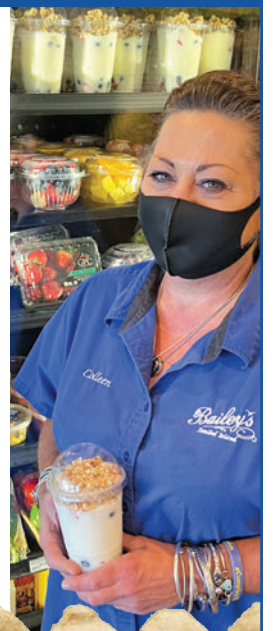
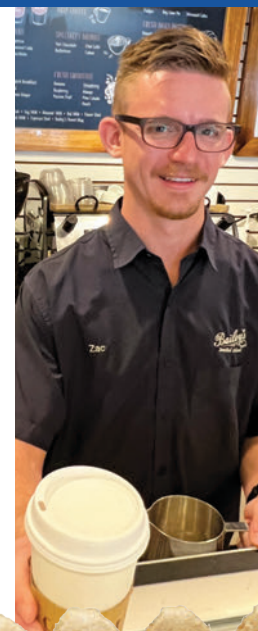
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Highlights From The 85th Annual Sanibel Shell Festival



Shell tree by Andrea Kukulich-Flynn of Sanibel, Florida
photos by Lorin Arundel



Miters of the Caribbean by Leslie Crnkovic of Pasadena, Texas



From left, authors Jane Kirschner, Amanda Collette and Harlan Wittkopf



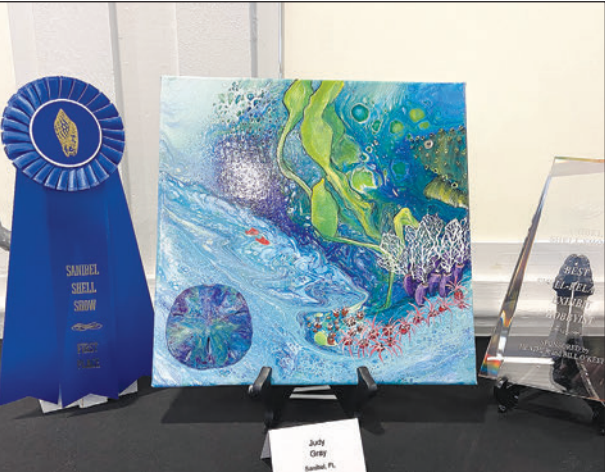
Sailor's Valentine by David Rhyne of Sarasota, Florida



Special Delivery artistic entry by Andrea Schopf of Lancaster, Pennsylvania



Coronavirus by Colton Morrell of Westwood, Massachusetts



Painting by Judy Gray of Sanibel, Florida



Lettered olive entry by Amber Strassler of Fort Myers, Florida



Shell turtle by Susan Lloyd of Westport, Connecticut



Ikebana by Leslie Anding of Sanibel, Florida



Shell table by Joy Henderson of Lacey's Spring, Alabama



Best Collectible by Kathy Hofstad of Riverview, Florida



Sanibel Shell Crafters



Growth series by Michael and Miraflor Tove of Cary, North Carolina



Exhibitor Susan Lloyd of Westport, Connecticut



Sailor's Valentine artist David Rhyne of Sarasota, Florida



Emoji Shells by Nicholas Baker of Cape Coral, Florida



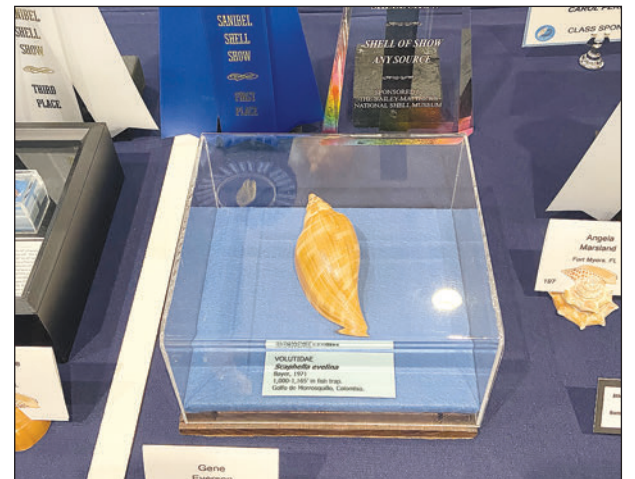
Student exhibits by Olivia Baker and Dominic Baker of Cape Coral, Florida



Shell freaks exhibit by Sunnye Dinger of Odessa, Texas



Coffee table by Mike Slovich of Islamorada, Florida



Single shell exhibit by Gene Everson of Louisville, Kentucky



Sailor's Valentine by Helen Green of Punta Gorda, Florida



Artwork by Desmondina Sensel-Dewhurst of Brooklyn, New York



Repurposed clock by Dianne Reich of Pocasset, Massachusetts



Red mangrove
City Of Sanibel Vegetation Committee

On The Edge With Mangroves

Vegetation requirements for the City of Sanibel, based on the Sanibel Land Development Code, identify mangroves as “vital components of the estuary” providing multiple benefits to people, fish and wildlife as well as creating a habitat for over 80 percent of the fish and shellfish species in Southwest Florida. Mangroves benefit communities through their ability to block wind and wave energy, stabilize soils and improve water quality through uptake of nutrients. Moreover, they provide roosting and nesting sites for many wading birds and seabirds. Probably most recognized by the arching prop roots and the drop roots coming down from the upper branches is the red mangrove (*Rhizophora mangle*). The seedling, referred to as a propagule, develops into a complete plant while still attached to the parent tree. When the propagule breaks free, it may drift around in the water for a year or more before anchoring in the sediments. It is the tree found closest to the water and can tolerate and thrive in varying degrees of salinity. Red mangroves are salt excluders – the salt in seawater is prevented from entering the plant at the root interface, so only freshwater enters the tree. An acre of red mangroves can shed up to three tons of leaves per year. The resulting detritus is the foundation for the food web from micro-organisms to fish to wading birds.

Black mangroves (*Avicennia germinans*), with their dark bark and two-toned leaves, green on top and silvery undersides, are salt extruders – these trees take in saltwater and expel salt through small openings on the surface of the leaf. As the water evaporates, salt crystals are left. Pneumatophores, pencil or straw-like projections, along the horizontal roots are like breathing tubes for the tree and conduct oxygen to the underground root system. Black mangroves are the most cold tolerant of the three species, and can extend much farther into the “frost zones.”

White mangroves (*Laguncularia*

racemosa) grow furthest upland in the mangrove fringe, and do not like their “feet” to be as wet as red and black mangroves. The leaves are oval in shape, rounded at both ends, and the leaf tip has a distinguishing notch. Much like the black mangrove, the white mangrove is also a salt extruder – they take in saltwater and excrete the salt through two small glands, referred to as nectaries, on the petiole just below the leaf base. White mangroves are the least cold tolerant of the three species and tend to colonize closer to the tropics.

Destruction of mangroves worldwide has increased the vulnerability of areas to coastal storms and flooding. Threats to mangroves include development and alteration of coastlines, poor water quality from runoff, and invasion by exotic plants. In Collier County, nearly 70 percent of the mangroves have been destroyed to build homes around Naples Bay. Efforts are being made to protect and manage these areas through conservation, restoration and educational opportunities regarding the value of these trees.

Florida has approximately 400,000 to 600,000 acres of mangrove fringe, which are fortunately protected under the 1996 Mangrove Trimming and Preservation Act and reinforced by the city’s local ordinance (Section 38-31 – 38-200). Mangrove trimming and alteration is governed by the Florida Department of Environmental Protection, however, authority has been delegated to the City of Sanibel to regulate mangrove protections on island.

A homeowner that wishes to trim mangroves is required to notify the City



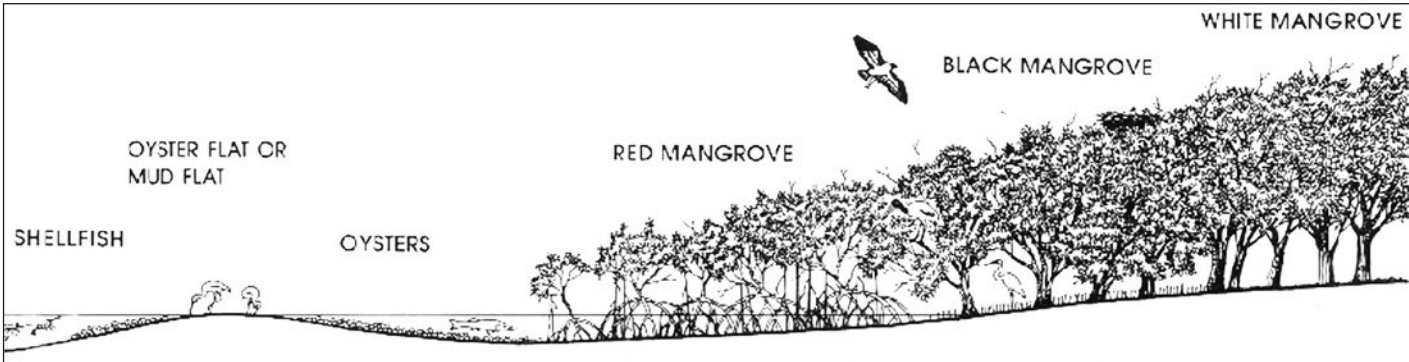
Black mangrove



White mangrove

of Sanibel. Upon notification, city staff will inspect the project area before and after trimming to ensure compliance with mangrove regulations. Mangrove trimming projects should be designed to minimize environmental impacts and protect this natural resource. To view more information about mangrove and mangrove trimming, visit www.mysanibel.com/departments/natural-resources/vegetation-information/

mangroves. Contact the city’s natural resources department at 472-3700 to discuss mangrove trimming regulations or to schedule an on site meeting. Your efforts to comply with the city’s mangrove laws help guarantee the preservation of this unique native vegetation and wildlife habitat that exists on the island. Mangroves are the bridge between the land and the sea.✧



This diagram shows the proximity of red, black and white mangroves to the water line

image provided

Donations Sought For Easter Baskets



MacIntosh Books & Paper and Gene's Books are holding a book drive to help fill baskets
photos provided

FISH of SanCap will be assembling dinner and bunny baskets for neighbors in need this Easter holiday. The dinner basket for families contains everything needed for a healthy Easter dinner. Children's bunny baskets will be filled with items such as books, candy, small toys and school supplies.

"Our neighbors are in need of assistance as many struggle to recover from job loss, reduced work hours and medical emergencies," said Maria Espinoza, executive director of FISH. The organization is planning for 200 Easter dinner baskets, and 150 bunny baskets will be distributed, however, those numbers could grow.

Distribution for meal and bunny baskets will run Saturday to Monday, April 12 to 14 between 10 a.m. and 4 p.m., and those receiving baskets will need to check in at the FISH Walk-In Center, located at 2430-B Periwinkle Way on Sanibel. Recipients are those known to FISH through usage of other FISH programs such as the food pantry and emergency financial assistance. All baskets are assembled by FISH volunteers, adhering to all COVID-19 precautionary measures.

"I want to thank all the volunteers who pick up food and donations, assemble baskets and help on distribution days," said Jennifer Pagano, education & outreach director for FISH. "Like last year, it is still challenging to secure large quantities due



Jerry's Foods and CVS are accepting food and candy donations

to supply chain issues and shortages. CVS and Jerry's Foods are accepting food and candy donations at their locations and Gene's Book and MacIntosh Books & Paper are holding a book drive for our Easter bunny baskets. We are so grateful for everyone's support."

To donate food products, grocery gift cards or funds toward this program, contact FISH at 472-4775. If you or a family you know of is in need of a holiday food or bunny basket, contact Jennifer Pagano at 472-4775.*

Prepare Now For Hurricane Season

The City of Sanibel is continuing to issue the 2021 series hurricane passes. All residents, property owners, and businesses will need to apply for a new 2021 series pass. Applications for the new passes are available on the Police Department/Emergency Management section of the website at www.mysanibel.com and at the Sanibel Police Department, located at 800 Dunlop Road. It is open Monday to Friday from 8

a.m. to 4 p.m.

On the new residential pass, the first two digits of the serial number are the property zone number. The commercial pass identifies the business type.

Used after an evacuation, the passes aid security, speed reentry and provide traffic control at a time when traffic must be kept to a minimum.

Complete a pre-formatted family emergency plan. The plan is available on the county website at www.leecoc.com. The *All Hazards Guide* plus other information and tips are available on the county website as well.*



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LECTURES

Mar. 15: Diver and photographer LINDA IANNIELLO (pictured)

Apr. 6: News-Press visual journalist ANDREW WEST



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Mar. 17: Biodiversity and Taxonomy of Mollusks

Mar. 31: Drawing & Illustrating Shells

Apr. 13: Shell Morphology: Understanding Shell Descriptions



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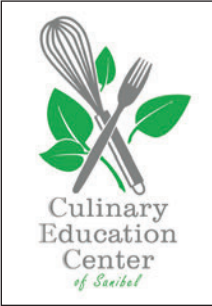
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The Community House
Hibiscus



by Chef John Wolff

Most of you know about the tropical hibiscus flower. Perhaps you have enjoyed some hibiscus tea? It is a more popularized way of drinking up this flavorful flower, but it has many more uses than you might think. One such use is a cranberry flavored sauce as the seed pod and dried flowers have a distinctive acidic cranberry-like taste and aroma. The Florida cranberry hibiscus could also be a popular holiday addition to the spread!

Native to central and West Africa, the roselle hibiscus has migrated with humans around the world and settled in tropical climates where people appreciated the refreshing flavors. Perhaps it was more popular in Florida's past, being mentioned in old cracker cookbooks like *Cross Creek Cookery*, but it could be familiar to you, thanks to places like

Panera Bread that take advantage of the tasty tang in their flavored teas. Side note – “cracker” was a term used to describe the early pioneers in Florida who would herd cattle through the Florida scrub by “cracking” their whips. Often, by observing historical uses, we can find modern uses for sometimes forgotten flavors.

Here in Southwest Florida, a culturally diverse culinary paradise, you will most commonly find the roselle hibiscus being sold as “sorrel” at your favorite Caribbean or Indian restaurant or grocery. This favorite flower is far from forgotten to our friends from the islands. It is used to make a red hibiscus tea, sometimes infused with other flavors, especially around the holiday season. It could become your homegrown Christmas drink or signature seasonal themed ingredient for other dishes.

The calyx is the delicious, celebrated part of the plant that reveals itself when the outer petals of the cream white and cranberry colored flower eventually start to dry up and fall off. Although the calyx is the star of the show, do not pass up on using the edible seeds and tangy leaves in salads.

A little elbow grease will be needed to separate the plump red calyx from the seeds protected in a green pod hidden within. You will be preparing the calyces to be preserved, whether frozen, dried, or preserved as a jam or pickled. Each piece of that plump red calyx is called a sepal. Separate them out so you can use just the red calyces. Rinse them and dry

them in a salad spinner to remove excess moisture. To freeze the roselle, simply pat dry and add to a freezer bag. Do not forget to label and date.

To dry the roselle, you can sun dry them or use a dehydrator. Storage in a glass jar is best. Early Florida cookbooks often featured this heat tolerant, tart and refreshing treat. For tea, find your favorite traditional recipe. Some have ginger and allspice, some honey and lemon, some a touch of mint, and some with rum. The

calyces for teas can be used fresh, frozen or dried. This is a plant that should be part of your summer garden and holiday spread with your family and friends as you break bread.

Here is a cocktail recipe you can try if you wind up getting your hands on some roselle hibiscus or as most people like to call it, the Florida cranberry, and some high-quality rum!

Source: *Roselle Hibiscus – The Florida Cranberry – UF/IFAS Extension.*

Florida Cranberry Cocktail
2 cups dried hibiscus, dried sorrel if you can find it
2 inches ginger, sliced into thin coins for mild flavor, chopped/grated for stronger flavor
1 orange peel
2 cinnamon sticks
6 cups water
1 cup sugar to taste
Method:
Add all ingredients to a pot, cover and bring to a gentle simmer, about

10 minutes.
Then simmer for another 30 minutes to extract all the spiced aromatics.
Cool and refrigerate overnight for strongest flavor.
Strain, mix with ice, water and rum.
*John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

Continued
Success With
Jordan Marsh

by Wendy McMullen

The Jordan Marsh Water Quality Treatment Park at the northeastern end of Casa Ybel Road is showing continued success in removing harmful nutrients from the Sanibel River, city council was told at the last council meeting.

“Before the marsh going online, there was really no significant trend in phosphorus either up or down,” explained Sanibel-Captiva Conservation Foundation (SCCF) project engineer Mark Thompson. “But after we put the marsh online, we now have a significant downward trend in phosphorus.”

High levels of phosphorus can irritate

the nose and throat and cause coughing and wheezing. The Sanibel Slough, also known as the Sanibel River, was identified by the Florida Department of Environmental Protection more than a decade ago as not meeting state standards for water quality. The Jordan Marsh Water Quality Treatment Project was a response to that.

The other nutrient in the water that can harm health is nitrogen, which can also cause respiratory problems. Before the Jordan Marsh project, there was a significant upward trend in total nitrogen. Now, there is no significant trend.

“So it looks like we are starting to clean up nutrient wise that portion of the Sanibel Slough,” Thompson told city council.

Over the past year, project managers have been experimenting with levels of flow necessary to remove the most nutrients by collecting data eight times a

continued on page 30

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Local artist Marcy Calkins

photo provided

Arts And Crafts Fair This Sunday

submitted by Renée Chastant

The Community House is hosting an arts and crafts fair on Sunday, March 20 from 9 a.m. to 2 p.m. Celebrating local artisans and life on the islands, this event features handmade arts, crafts and treasures of all kinds. Many exceptional vendors have been selected to participate.

On display will be an eclectic array of original art in diverse mediums. Look

for paintings, shell and other crafts, jewelry, pottery, baked goods and other culinary items, greeting cards, children's books and wearable art. Vendors will surprise and delight shoppers with their handmade, homemade wares. This is where you'll find that special gift, some art for your home, the perfect accessory, a one-of-a-kind marvel and some treats.

All sellers will be situated indoors at The Community House. There is no charge for parking or admission. Masks are required for unvaccinated persons.

The Community House is located at 2173 Periwinkle Way on Sanibel.✪

Mermaid's Purse



Mermaid's purse photo by Jason Johnston

Jason Johnston of Urbandale, Iowa found a mermaid's purse after the storm on March 12 at Lighthouse Beach on Sanibel.✪

Shell Found



Axel Blackford

photo provided

Axel Blackford of Saint Charles, Illinois found a large alphabet cone while on a vacation with family and celebrating his 10th birthday on Sanibel. One of his favorite things to do on the island is hunt for shells. This was his first time checking out Lighthouse Beach, and he found the shell after just wading in.✪



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- 1 pound snap beans, stems trimmed
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- 2 teaspoons olive oil
- 4 cloves garlic, finely chopped
- ½ lemon, juiced
- Sea salt and fresh ground black pepper, to taste

In a large sauté pan, heat the olive oil over medium-high heat. Carefully add the bell pepper, cook for about 1 minute. Add the beans and cook for 3 to 5 minutes. Add the garlic and continue cooking for another minute or until crisp-tender. Add lemon juice and toss before serving.✱



Snap Bean and Sweet Pepper Sauté

photo courtesy Fresh From Florida

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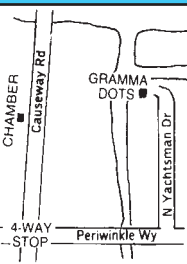
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Bailey's Donates Cinema Seats And Equipment

Patrons at a Creative Theater Workshop production might feel a bit nostalgic when they take their seats, because of what they're sitting on.

Bailey's General Store recently donated seating, projection equipment and other accessories from the former Island Cinema movie theater to performing arts nonprofits Creative Theater Workshop (CTW) and BIG ARTS. Calli Johnson, a fourth-generation owner-operator of Bailey's, said the donations preserve a cherished piece of Sanibel history.

"We're pleased that the spirit of the old theater will live on through BIG ARTS, Creative Theater Workshop and the many great programs these organizations bring to our community," Johnson said.

CTW is a nonprofit children's theater, founded on Sanibel in 2006, that hosts youth classes and productions through Fort Myers Theatre. BIG ARTS formed in 1979 and provides an array of quality entertainment, arts and education programs that enrich the lives of Sanibel and Captiva residents and visitors.

Michelle Kuntze, CTW's artistic director and producer, acknowledged the donation of more than 120 seats and six TV monitors as crucial support for community theater.

"The Fort Myers Theatre hosts a thriving community theater as well as



Donated theater seats at Fort Myers Theatre

photo provided

a robust educational theater program," Kuntze said. "In the next year, we anticipate hosting over 120 community theater performances, 80 youth theater productions with over 500 local child actors and 10 concerts. The Fort Myers Theatre would like to thank Bailey's for the beautiful seat donation."

Lee Ellen Harder, executive director of BIG ARTS, said the donation will help the center up its film screening game, including its Monday Night Film series. Two 14-foot-wide movie screens, projection equipment, several menu and message boards, lighted signs and textiles went to BIG ARTS.

"We're very grateful for this generous

donation," said Harder. "Bailey's has always been a great supporter of the arts. Our partnership goes back many years. We're just very thankful for their support."

Bailey's bought its next-door neighbor Island Cinema on Tarpon Bay Road in 2017. Johnson said Bailey's intended to keep the two-screen movie house operating. But as the cost of screening first-run films skyrocketed, in-home streaming options grew and the COVID-19 pandemic kept moviegoers away, Island Cinema couldn't survive. Originally opened in the early 1970s, the theater closed for good in 2020. This month, the building was demolished as part of a major investment to upgrade

Bailey's site, including a 6,000-square-foot expansion of Bailey's General Store.

The project will add retail space, including a gift shop, liquor store, hardware store and coffee shop; increased parking, including more space for electric vehicles and bicycles; and an on site gas station will be transformed into an 82-seat restaurant. Also on tap are energy-efficient improvements such as LED lighting and both rooftop and parking lot shade solar panels, more vegetation and greenspace, and a facelift to the existing store that preserves its island feel. Bailey's aims to complete the project this year.

Johnson said she sympathizes with longtime residents who mourn the old theater. "We purchased Island Cinema to preserve that community experience of people gathering to see a first-run film together," she said. "We invested hundreds of thousands of dollars into running the theater. But the industry has changed dramatically. The cost to secure first-run films skyrocketed, the pandemic crushed theater attendance and more people are choosing to stream movies at home. The business wasn't sustainable. Even so, closing the theater was one of the hardest decisions we've ever made."

Rather than haul away everything, Bailey's sought a way to preserve at least part of the movie theater's legacy. The donations made that possible. "I hope the community will bring the enthusiasm they had for Island Cinema to the many wonderful programs its accessories will support at Creative Theatre Workshop and BIG ARTS," said Johnson.*

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BIG ARTS Monday Night Film Series

Wife Of A Spy

by Di Saggau

The Monday Night Movie for March 21 is *Wife of a Spy*, a crisp and subdued Hitchcockian melodrama from Japan. Set in 1940, the population of Japan is divided over its entry into World War II. Satoko, wife of a fabric merchant, is devoted to her husband, but suspects he is up to something. She is soon drawn into a game in which she conceals her intentions.

The action begins in Kobe where a wealthy merchant holds up a finger to the wind and feels a war is coming to his country. His name is Fukuhara Yusaku and his close American business partner has been arrested for “leaking military secrets.” He is married to Satoko and when he tells her that he and his nephew will be away on business in Manchuria longer than expected, she gets suspicious. Tension builds between them.

When Satoko learns the truth, she holds onto it with a fierce grip. This thoughtful war story runs 115 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Roland Shrull will lead a discussion. Tickets are \$10 and available online or at the box office.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.



image provided

Poetry Corner

by Vicky Lettmann

Florida Island

Today on my walk, a flock of ibises made room for me.
Finally, one flew up and then another and then all fourteen
lifted to form a white sea of origami.

This island shifts. The winds and surf erode the beach
inch by inch – sand and shells move in space making
the past into the future. We who erect huge structures

(real and imaginary) upon the island must see
that these cannot stay because what is under
or above is constantly moving

to be placed, to wait, over there.
The ibises sit on the roof now.
Storm clouds gather above the palms.

Soon the sand I walked on yesterday
will be somewhere else.

As will I.

Vicky Lettmann’s most recent collection of poetry is *Listening to Chopin Late at Night*. She and her husband, John, divide their time between Sanibel and Minneapolis, Minnesota. She enjoys sharing her love of writing with others in her Joy of Writing workshops at BIG ARTS and on her website, www.turtlehouseink.com.

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Book Review

Better Off Dead

by Di Saggau



Brothers Lee and Andrew Child's page-turning thriller titled *Better Off Dead* features Jack Reacher, a man who is good at finding people who don't want to be found and a giant ex-military policeman you don't mess with.

Reacher was dropped in the Arizona desert near the Mexican border when his ride suddenly had to return home. He sets off walking to the nearest town. There is only one tree for miles around, then the only car on the road suddenly swerves and hits it. Michaela Fenton, the driver, is a former Afghan vet who was badly injured by an improvised explosive device as a contractor after the war. She's now an FBI agent on a personal mission to find her twin brother Michael. Reacher agrees to help find out what happened to her brother.

The local town is owned by a man named Dendoncker, a shady character who doesn't venture into the light very often. His company is named Pie In The Sky Inc., and is a business supplying goods and services to executive aviation for private jets. Reacher wants to know

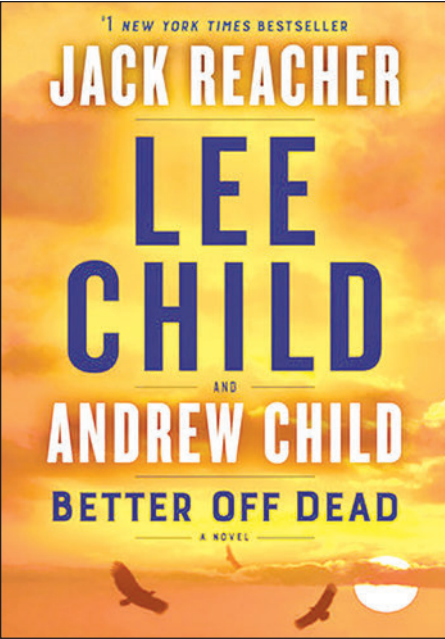


image provided

what Dendoncker is really up to and how Michael was involved in his business. Dendoncker has all the makings of a classic Bond villain. His appearance is instantly off-putting as he typically wears dark clothing on his thin, warped frame, and he has only two fingers on one hand, which easily can be mistaken for a claw.

Once Reacher meets up with Michaela and learns of her brother's issues with Dendoncker and his hired goons, he is more than willing to help her bring them down. She is worried that Michael may have met his end, and she just wants to

learn what happened before she kills his enemies. Michaela is a striking character herself. At nearly six-feet tall, she bears a noticeable limp caused by the prosthetic foot she wears as the result of a war injury. The pair hook up with Dr. Houllier, who has been forced to put his mortician skills to work for Dendoncker whenever his goons deliver a body to him. Dendoncker always insists on visiting and observing the corpse prior to the doctor doing his thing.

That is why the book's opening scene is such a great ruse as it was concocted by Houllier, Reacher and Michaela. Reacher was fully equipped with a mass of blood bags under his oversized shirt to give the appearance of being taken out with the precisely aimed shot from Michaela. The book gets its title from Michaela, who refers to herself as "better off dead." The book is full of breathtaking action and skirmishes that will delight Reacher fans.✪

School Smart



by Shelley M. Greggs, NCSPP

Dear Shelley, My daughter has recently had a series of rejections and disappointments at school like not getting a role in the school play, not

making honor roll, struggling in English class and a few other things. I want to help her handle these disappointments and get her back on track at school. What might help?

Courtney V, Cape Coral

Courtney,

Rejection and disappointment are two difficult feelings to experience, and it is inevitable that our kids will feel disappointed, rejected and defeated at times. When we don't reach some of our goals, we can fall into a trap of self-blame and pessimism. Psychologists say that resiliency, sometimes called grit, is a characteristic that can help children work through these powerful feelings.

Katherine Prudent, a counselor who works with adolescents, has recommendations for parents about teaching their children to cope with strong feelings and for developing skills to build resiliency:

Comfort and validate their experience. When our kids feel validated and understood, it helps them build a sense of self. It also normalizes their feelings. When children are able to feel and tolerate uncomfortable feelings, the easier it is to handle them the next time around.

For example, if your child is disappointed because she did not win, get an A, get invited, etc., you could say, "That's so disappointing, I know you were really hoping to..." Many well-intentioned parents attempt to minimize feelings of disappointment for their kids, when they really should be validating their kids feeling. Your child is disappointed and may need some comfort before she can consider the other alternatives.

Make failing safe. Most of us are afraid of failure. Failure is an excellent learning experience, albeit an uncomfortable one. It can help us reassess our goals and come up with a new game plan to try again. The old adage about learning from one's mistakes is quite accurate in this regard and should be used often with children. Encourage them to continue and preserve no matter the failure. It's very important to make them understand that to "try again" shows strength and determination.

Align your children's value to their distinctive qualities and character, not their achievements. All parents want their kids to go to the best schools, get straight As and be superstars, but this pressure to succeed can send a message that self-worth is directly correlated to achievement.

We all want to protect our kids from trials and tribulations. but if we shelter them for too long, it may hinder their ability to develop a sense of self-efficacy. When we try to solve problems for them or intervene on their behalf, it sends a message that we don't think they can do things on their own and they start believing that. Try problem-solving together and it will give them the confidence to handle situations in the future, and give you the reassurance that they can handle it.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✪

From page 24

Jordan Marsh

year to determine the overall effectiveness of the marsh and the optimal rate at which water should be pumped into the marsh for filtration.

The rate at which the water is pumped into the marsh determines the percentage of nutrients removed. If it is pumped at a low rate, a higher percentage of nutrients is removed. If a high rate, fewer nutrients are removed. However, more water pumped can potentially remove a larger amount of nutrients. Current findings are that pumping about 700,000 gallons of water a day gets the best nutrient removal.

Removal of nutrients in the slough is important to Sanibel's ecosystem and the health of residents because it feeds fresh water into low-lying swales to create Sanibel's interior wetland system, which is critical to the health of wetlands and to the wildlife that inhabits the JN "Ding" Darling National Wildlife Refuge.

The project is a partnership between the SCCF and the City of Sanibel and is funded by South Florida Water Management District, Lee County impact fees and the City of Sanibel.

The Sanibel-Captiva Conservation Foundation oversees the design and monitors the project which filters the water by pulling water out of the slough and pumping it through the aquatic plants such as cattails, bulrush and pickerelweed to remove excess nutrients before it is returned to the slough.✪



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Sentinel Birds Have Story To Tell



by Allison
Havill Todd

The majestic raptors we see in our skies, diving for fish in our local waters and sounding their distinctive cries, are very important neighbors to whom we should

pay closer attention. The International Osprey Foundation (TIOF) was formed on Sanibel in 1981 thanks to the foresight of a few caring individuals who recognized environmental issues that threatened our ecosystems and wanted to take action to protect these ancient birds.

Ospreys, also known as sea hawks, have been in existence throughout the world for over 15 million years, but their survival was greatly threatened until the use of the toxic pesticide DDT was banned in 1972. Even though they are no longer on the Endangered Species list, Ospreys are protected by the U.S. Migratory Bird Treaty Act and are part of the Imperiled Species Management Plan. While they have slowly recovered from the ramifications of DDT poisoning, they have been faced with an onslaught of challenges including, most recently, the devastating effects of a catastrophic



An osprey bringing food back to the nest
photos courtesy TIOF

red tide in 2018-19, exacerbated by the overuse of fertilizers resulting in massive fish kills, their primary source of food.

TIOF has members and volunteers on five continents and 26 countries. The local chapter, which encompasses Sanibel, Captiva, Pine Island and Fort Myers Beach, currently monitors over 150 nests and has recorded 3,430 fledglings since it was founded 41 years ago. The goal of this organization is to preserve the species, support research that works to protect them and educate the public about the message these birds share with us. Ospreys, and other raptors, are known as sentinel species – alerting us to detrimental changes in environmental conditions which threaten them and us, their neighbors. Current TIOF president, Kathryn Brintnall, shared that ospreys are known as “the canaries in the coal mine. They tell us



Adult osprey with two fledglings in the nest

when we are doing the right things, and when we are not!” By tracking their numbers, nesting activities and reproductive success, we find that they have an important story to tell... if we don’t pay attention, it is at the risk of our own peril. Their behavior and survival is directly correlated with water and environmental quality.

Through an extensive volunteer network, TIOF is able to collect data and share it with Osprey Watch, a central database for research which provides information to those in decision-making positions about water quality issues and other environmental impacts. Brintnall explained that there is an opportunity for volunteers in many aspects of the organization. In addition to nest monitors, there is an ongoing need for those who are able to assist with nest maintenance and platform construction.

Sanibel resident and TIOF veteran member Jim Columbo has supplied over 45 osprey nesting platforms to date. Brintnall also emphasized the need for those with boats or access to bucket trucks to be able to help in emergency situations. She went on to say, “We also invite those willing to act as a community ambassador, photo curator, social media expert, nest mapper, curriculum developer for school programs or database manager to visit our newly remodeled website for more information on how to get involved.”

It takes a village to make a difference. While these sentinel birds have endured many hardships, the greatest threats to their survival (and perhaps our own) are water quality issues, pollution, destruction of natural habitat, and irresponsible and illegal overfishing practices by large commercial industries, which drain the waters of the species’ food source. As Brintnall stated, “The best thing we can do for the preservation of humans is to get them to fall back in love with nature, and ospreys are easy to fall in love with!”

For more information about volunteer opportunities or becoming a member, visit www.ospreys.com.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she’s not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.✱

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Daisy Scouts Visit Fire Station



Daisy Scout troop 144 at Sanibel Fire Rescue District

photo provided

Daisy Scout troop 144 went on an educational outing to the Sanibel Fire Rescue District recently. Firefighter Carl Johanson led the troop

on a tour and shared some facts about the services provided by the district as well as some safety tips. The girls also had an opportunity to explore the fire truck.✱

Restoration Unfolds At Two SCCF Preserves

Sanibel-Captiva Conservation Foundation (SCCF) has two restoration projects occurring simultaneously. Exotic plant clearing at the Puschel Preserve is in full gear and contractors are more than half-way through the property. Meanwhile, Australian pines along Sanibel-Captiva Road that were over-hanging the shared-use path have been removed as part of the Gretchen C. Valade Preserve restoration project.

Work on the Puschel Preserve is in high gear as contractors continue to push south through some of the densest exotic vegetation on the property. The piles of exotic vegetation are growing and expanding as contractors cut up large trees and transport the debris off site.

They are now past the half-way mark on the eastern part of the property as they make their way toward the Sanibel River. At this point, SCCF's Wildlife & Habitat Management staff can assess the landscape and design the replanting of the area with native vegetation. After the area is planted and native vegetation begins to regrow, wildlife will quickly take advantage of the natural open landscape that has been void for decades, especially during and after the wet season. The

natural wetlands, as you approach the Sanibel River, will attract many native species due to sun penetration. Wading birds will take advantage of these open wetlands, especially during the dry season.

The Gretchen C. Valade Preserve, located on Pine Avenue on the far west end of the island, is 2.2 acres and a recent acquisition (2021). Restoration has started with the large Australian pines along Sanibel-Captiva Road. Next comes the removal of exotics along a narrow strip behind homes. The final removal will take place in the wooded area across from Coconut Road, where the primary exotics are Phoenix palms mother-in-law's tongue and young Australian pines. Native vegetation trees and shrubs will be planted in areas along Sanibel-Captiva Road to fill in gaps.

The open area to the west will also be filled in with various native groundcover and vegetation to enhance gopher tortoise forage in that area. The exotic vegetation in this area is not as dense as others, so contractor work will be completed quickly.

The exotic plant removal phase of these restorations is nearing the finish line. If there is not too much unseasonal rain, this phase of restoration should be completed this month. Ideally, plants are planted in the ground relatively close to the beginning of rainy season to take advantage of the water to help keep the plants hydrated. For more information, visit www.sccf.org.✱

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Emerging Artist Series

The Bower School of Music Strings Ensembles play with violin soloists Glen Basham, concertmaster of the Naples Philharmonic, and Dr. Kyle Szabo, Orchestra Director and head of FGCU Strings Studies.

March 29 - 11:00 am

Register at www.sanibelmusicfestival.com. Free will donation.



Emerging Artist Series

The popular Bower School of Music Symphony Orchestra performs under the direction of Dr. Kyle Szabo.

April 5 - 11:00 am

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Former Captiva Chapel By the Sea minister the Rev. John Cedarleaf and current minister the Rev. Larry Marshall at the Spring Fling party

photos by Kathy Kurtz Ferrari

What's 'Cap'-enning

A Glance At Captiva Events

by Kathy Kurtz Ferrari

March is certainly the busiest month on Captiva and the social calendar is full of events.

But it's not all party-party-party, although it may seem like it these days. A dedicated, health-conscious group shows up at the Captiva Civic Association (CCA)



Kelsey Hamilton and Paige Stefanski represent Bank of the Islands, which sponsors the CCA Porch and Patio Series

every Tuesday and Thursday morning from 9:30 to 10:30 a.m. to practice qigong, led by instructor Paul Lawrence.

According to the National Qigong Association, qigong is "a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent." Classes are \$5 per session and continue through March 31.

The CCA also hosted its second Porch and Patio Party on March 14. Islanders dressed up for Spring Fling, in colorful attire to welcome the new season while



From left, filmmaker Ken Sneed joins author and historian Robert Macomber and CIHS President Tom Libonate at the premiere of the CIHS history of fishing documentary

photo by Nancy Glickman

enjoying music from bluegrass band The Tadpoles. Visit www.ccacaptiva.org for more information on all CCA events.

One of the islands' biggest gatherings since the beginning of the pandemic took place on March 7, as the Captiva Island Historical Society held the premiere of the much anticipated documentary *Tight Lines and Big Fish Stories: The History of Angling on Captiva*. A sold-out crowd of nearly 250 people showed up for the screening, held in the ballroom at South Seas Island Resort. Local "sea-lebrities" spotted in the crowd included award-winning producer and documentarian Ken

Sneed, author and historian Robert Macomber, John and Jimmy Jensen, Dave Godfrey, Capt. Brian Holaway, Jenny and Bob Rando, Brad Junghans, Jay and Cindy Brown, Rich and Dan Stegmann, along with other members of Captiva Rod and Gun Club. DVDs of the documentary and a streaming link on Amazon Prime will be available soon.

And that's What's Cap-enning on Captiva this week!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email Kathy.islandsunnews@gmail.com.✪



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History, Gaming And Author Talk At Sanibel Library

March is Florida Archaeology Month. Stop by Sanibel Public Library to see a collection of Calusa artifacts created by Charles LeBuff. LeBuff is the author and co-author of more than 15 books about the people, history and nature of Southwest Florida.

The Sanibel-Captiva Art League exhibit features works by Anita Force Marshall, Vreni Scheu and Lynn Quigley.

The following programs are open to the public and no registration is required.

Youth Services Librarian Deanna Evans will lead a Saturday Crafterday program for elementary school-age children on March 19. The 45-minute arts and crafts program starts at 1 p.m.

Betty Anholt and Charles LeBuff will talk about their new book, *Once Upon the Island Known as Sanibel*, on Wednesday, March 23 at 10 a.m. The book introduces readers to trailblazers who shaped the island, living on Sanibel before there was electricity, a bridge to the mainland, or telephone service. LeBuff and Anholt have published many books on island ecology and history including *Protecting Sanibel and Captiva Islands: The Conservation Story*.

From old-school board games to playing on the library's Xbox



Duane Shaffer leads virtual World War II history programs photos provided

Series S, teens can try out Twister, Minecraft, Forza 7, Bingo and other games from 2 to 7 p.m. on Thursday, March 24. Bring your own snacks, gaming devices and favorite board games. For sixth to 12th graders.

A virtual program, WWII 1944 Big Week, with Duane Shaffer will be held on Friday, April 1. The Big Week was a series of around the clock raids by the U.S. Army Air Force and RAF. Log in a few minutes before the program at www.sanlib.org.

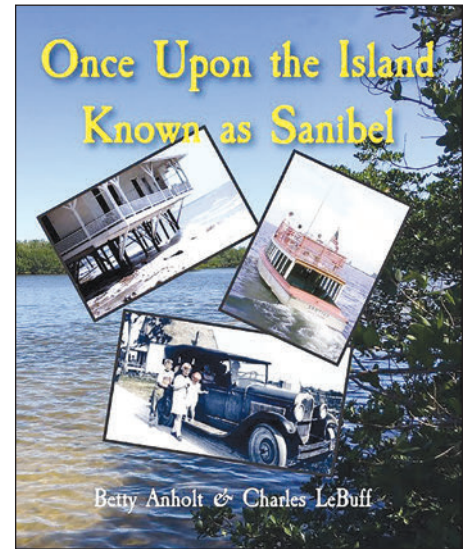
Computer Coach service is offered on Fridays and Saturdays from noon to 1 p.m. Bring in your device for technology



Jedediah Heise playing games on the Xbox

assistance with Hoopla, Kanopy, Libby, and other apps. These apps allow cardholders to download ebooks, magazines and audiobooks, or stream music and movies. For one-on-one help, go to www.sanlib.org/techappointment to register, or call 472-2483 to schedule an appointment.

To provide further context on Ukraine and its tense history with Russia, Kanopy has curated a collection of documentary and narrative films focused specifically on the region. Kanopy offers more than 30,000 documentaries, movies and classic films. You can stream up to 10 films or television episodes each month



Betty Anholt and Charles LeBuff will discuss their new book on March 23 at 10 a.m.

image provided

on Kanopy, using your library card.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) to staff, showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service, as well as magazines and daily newspapers, are available.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.

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KATHLEEN CONOVER, CHERYL FAUSEL, SHAH HADJEBI

March 18th – April 24th

Taking inspiration from the artists' environment and personal reflection, works will include an eclectic collection of portraits, landscapes, symbolic abstracts and more, showing off the beautiful versatility of watercolor painting.

Artists' Reception
Friday April 1, 2022
5:00 pm - 7:00 pm
Complimentary wine and cheese.
BIG ARTS Dunham Family Gallery



Zen Pelican by Shah Hadjebi



Stan Tekiela photo provided

Final Program In Lecture Series

Few creatures craft such brilliant and involved homes as birds do, says Stan Tekiela, author of *Bird Nests: Amazingly Ingenious and Intricate*. He will explore bird construction techniques at his free lecture on Friday, March 25, for the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). It will take place at The Community House, 2173 Periwinkle Way, starting at 10 a.m. as the lecture series finale.

“From holes drilled into trees to intricately woven cups, these magnificent structures are worthy of our admiration,” said Tekiela. The Minnesota naturalist,

wildlife photographer and writer originated his popular state-specific field guides on birds, trees, wildflowers and other topics. Over the past three decades, he has authored more than 190 guides, nature appreciation books and wildlife audio CDs for nearly every state in the nation.

An active professional naturalist for more than 35 years, Tekiela studies and photographs wildlife throughout the United States and has received various national and regional awards for his books and photographs. Also, as a well-known columnist and radio personality, his syndicated column appears in more than 20 newspapers, and his wildlife programs are broadcast on a number of Midwest radio stations.

DDWS hosts the 18th annual lecture series, and Vortex Optics, a Fellow Minnesotan, and the Jenni & Kyle Foundation co-sponsor Tekiela’s lecture and the book signing that will follow.

Socially distanced seating for the free lecture is limited and available on a first-come basis. Staff will be distributing a limited number of entry wristbands to attendees beginning at 9 a.m. that day. Guests must be wearing wristbands to enter the lecture room. Masks are encouraged but not required. Early arrivals may save their seat and one other with personal items. Saved seats must be filled by 9:45 a.m.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.*

Shell Crafting Shell Dishes



Shell dish photo by Anne Joffe

by Anne Joffe

Shell dishes can be used for many things; soap, hairpins, even jewelry. You can use any large type clam shell, and since there is no right or wrong way, they always look great.

Materials:

- Large clam shell
- Lots of assorted shells, sealife, pearls (your preference)
- 1 good size scallop shell
- Glue gun or tacky glue
- Triple glaze

Directions:

Glue the scallop shell onto the center bottom, wrong side of the clam shell. This makes a base for the dish, and it should stand perfectly balanced.

Begin to glue your small shells at the top, start on the left side. Glue a few

across the top of the clam.

Fill in with smaller shells, so no spaces show through and shells fit snug.

Fill in with your pearls, sea stars or your special touches.

Spray with the glaze.

Anne Joffe has owned *She Sells Sea Shells on Sanibel* since 1976. She is the author of *ShellCrafting Vol. 1 and Vol. 2*. Joffe judges *Artistic and Scientific categories at shell shows* throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.*

Workshops And Classes

BIG ARTS offers a variety of workshops with experienced instructors. The schedule is:

Glass Fusing with Petra Kaiser – Wednesdays, April 6 to 27, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Glass Fusing with Petra Kaiser – Thursdays, April 7 to 28, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Watercolor Painting with Sunny Krchmar – Wednesdays, April 8 to 29, 9 a.m. to noon. Donor: \$156; nondonor: \$195.

Pre-registration is required. For more information, call 395-0900, stop by the box office, open from 9 a.m. to 3 p.m. at 900 Dunlop Road on Sanibel. For full course descriptions, visit www.bigarts.org or email info@bigarts.org.*



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Some of the featured wines from Grgich Hills Estate

photo provided

Limited Seating For Wine Tasting

Bailey's General Store will host a Grgich Vertical Cabernet Sauvignon Wine Tasting on Saturday, April 9 at 6 p.m. at The Community House. The featured speaker will be Carl Russo, Grgich Hills Estate director of national sales. His passion for wine has led him to spend time in the vineyard, collaborating with winemakers, studying wine and receiving his WSET Level II Award

in Wines. After more than 25 years working with top distributors, iconic wineries and many of the greatest wine makers in the industry, Russo now calls Grgich Hills Estate home.

Russo will join Bailey's Wine Steward Calli Johnson to present the following lineup: 2018 sauvignon blanc; 2017 cabernet sauvignon; 2015 cabernet sauvignon; 2012 cabernet sauvignon; 2008 cabernet sauvignon; 2018 merlot; and 2015 Yountville cabernet sauvignon.

Principal Mike Grgich first gained international recognition at the celebrated Paris Tasting of 1976. Since

then, he has been committed to making wines of the highest quality, and began producing what immediately became the estate's signature wine: richly complex chardonnays and cabernet sauvignons that have won awards and accolades with wine lovers across America and throughout the world.

Grgich Hills Estate is family owned and operated with a commitment to natural winegrowing and sustainability. The five Napa Valley vineyards are certified organic. Johnson said, "I like the fact that they farm without artificial

fertilizers and pesticides, relying on wild yeast fermentation. They use passion and art to hand-craft balanced and elegant wines that are food friendly."

Food pairings will be prepared by Bailey's Chef Karl Hamme. Guests can contact Hamme directly at 472-1516 with any allergy accommodations or when purchasing tickets online.

Space is limited to the first 45 guests and cost is \$149.99 per person. Reserve by Saturday, April 2 at www.baileys-sanibel.com or <https://tinyurl.com/4mwkjzuv>.✱

Take A Boater Education Class

The Florida Fish and Wildlife Conservation Commission (FWC) recommends boaters to get educated prior to the kick-off of the boating season to make the most of their time on the water. Spring is the perfect time to take a boating safety course before the summer boating season begins.

In 2021, Florida boating accident statistics indicated that 83 percent of boating deaths occurred on boats where the boat operator had never received boating education instruction. Education is the key to having a safe and enjoyable day on the water.

While not currently required, owners of human-powered watercraft, such

as paddleboards and kayaks, are encouraged to take a boating education class as well so they are aware of critical boating knowledge that anyone who plans to get out on the water should have and be better prepared for the risks they might face while boating.

"In Florida, boaters who were born on or after January 1, 1988, are required to complete and pass a boater safety education course. But everyone interested in boating should take a course," said Maj. Rob Beaton, FWC's boating and waterways section leader.

Boaters have many ways to get educated, from classroom courses offered by the Coast Guard Auxiliary and United States Power Squadrons to online offerings available any time, day or night. For more information about boater safety education, visit www.myfwc.com/boating and click on Boating Safety and Education.✱



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BIG ARTS Ethics In Film Series

Darkest Hour



by Ron Green

On Wednesday, March 23 at 3 p.m., BIG ARTS will show *Darkest Hour* (2017), the fourth and final film in this year's BIG ARTS Ethics In Film Series. The film runs just over

two hours and will be shown in the Christensen Performance Hall. After the movie, I will lead a discussion.

It is mid-May 1940. France is on the verge of collapse as Nazi forces race unimpeded to the channel. Winston Churchill, newly installed as prime minister, inherits the disaster he had predicted during his preceding 10 years in the political wilderness. Nothing about the future that we now take for granted – Churchill's secure hold on power or Britain's survival in the Battle of Britain – has yet occurred. As retreating British soldiers are pressed against the sea, the successful evacuation at Dunkirk is unimagined.

Nor is Churchill's political position secure. Foreign Minister Lord Halifax was preferred for prime minister by both the retiring Neville Chamberlain and by the monarch, King George VI. In declining the post, Halifax may have

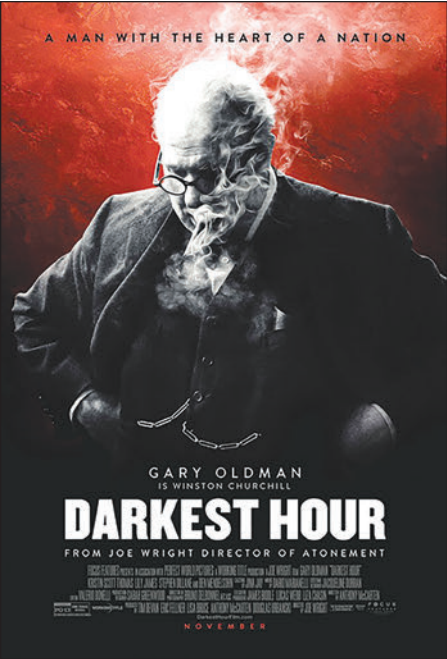


image provided

been reluctant to inherit a catastrophe, but his appeasement sentiments and mistrust of Churchill's judgment are still shared by many Conservative MPs. One bad move could lose Churchill his vulnerable post and plunge the besieged country into chaos.

Darkest Hour gives us a front row seat to these tense moments of decision. Gary Oldman (with prosthetic jowls and paunch) gives a stunning performance as Churchill as he wrestles over the country's direction with Halifax (played

by Stephen Dillane). Halifax fears that an impending Nazi aerial assault will lead to the deaths of thousands in a lost cause. He urges the inner cabinet to pick up the Italian ambassador's offer of Mussolini's hosting a negotiated settlement with Hitler. Churchill demurs, angrily telling the cabinet, "You cannot reason with a tiger when your head is in his mouth." In this fateful combat, Churchill is buoyed by his wife, Clementine (played by Kristin Scott Thomas), and by a brief encounter with the common people.

Thanks to our 20-20 hindsight and knowledge of the outcomes of once unpredictable events, Churchill's decisions during this fateful month of May 1940 seem inevitable and wise. But *Darkest Hour* returns us to the real ethical uncertainties and questions facing Britain's leaders. Is it wise to fight on when bloody defeat looms and

the alternative of peace at a price is being offered? Can a courageous leader, however brave he might be personally, ethically choose to risk the lives of thousands of innocent civilians? *Darkest Hour* does what film does best. It returns us magically to the hard choices facing people long gone.

For his work in *Darkest Hour*, Oldman won an Oscar for Best Performance by an Actor in a Leading Role, and the film's makeup team won an Oscar for Best Achievement in Makeup and Hairstyling.

Tickets are \$10 and available at www.bigarts.org, by calling 395-0900 or at the box office the day of the film. BIG ARTS is located at 900 Dunlop Road on Sanibel.

Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.*

From page 1

Photo Contest

interact with a manmade environment."

"I love the way the photographer captured the anole mid-position – its kinetic energy, like it is just getting ready to move, showing only part of its body," said Walton. "There's a nice play of textures, shapes, lighting and shadows."

Honorable mentions include Katherine Elizabeth Borowski, Gulf Coast High; Amber Cohen, Riverdale High; Jaidah Estep, Riverdale High; Rheannon Hill, Lehigh Senior High; Harlie Holloway, Lehigh Senior High; Jessica Hornick, Cape Coral High; Natalee Jones, Cape Coral High; Kiersten Lacombe, Cape Coral High; Divinity McBride, Lehigh Senior High; Isis McGhee, Fort Myers High; Jillian Peska, Cape Coral High; and Hanson Tang, Dunbar High.

Judges and contest organizers expressed great difficulty in narrowing down the choices. "Being able to put on this contest with so many passionate

and creative young photographers is so exciting," said DDWS Associate Executive Director Sierra Hoisington, who coordinates the contest. "Their different perspectives and ability to find the beauty in anything is so special. Their choice of subject matter may seem unique to us, but I believe their outlook on life is something we could all learn from."

Sponsored by the Theodore Cross Family Charitable Foundation, the competition invites high school students from Lee, Collier, Charlotte, Glades and Hendry counties to compete for prizes that include a Canon digital SLR camera package, chartered class trips to the refuge, Tarpon Bay Explorers excursions, and copies of *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest namesake, the late Theodore Cross.

Students were able to submit up to two photographs. To view winning images online and for information on the 2023 photo contest, visit dingdarlingsociety.org/articles/photo-contests.*



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Top, from left, Carly Callahan, Eric Trudel (music director and piano) and Charlie Widmer; bottom, from left, Matt Morgan, Sarah Callinan and Mark Womack photo provided

Andrew Lloyd Webber Favorites At Music Festival

Opera Theater of Connecticut takes the stage with Andrew Lloyd Webber Superstar of Song and Stage at Sanibel Music Festival on Tuesday, March 22 at Sanibel Congregational United Church of Christ. “The powerful music of *Jesus Christ Superstar*, *Phantom of the Opera*, *Cats*, *Evita* and other favorites will be on the program, punctuated by Artistic Director Alan Mann’s knowledgeable commentary,” said Sanibel Music Festival President Jana Stone. “Due to popular demand, for the first time, both a matinee and evening performance are scheduled this year.”

Tickets are on sale at www.sanibelmusicfestival.org, at Bank of the Islands on Sanibel (check and cash only) or by calling 344-7025. Concerts will be held at 2 and 7:30 p.m. The Opera Theater of Connecticut is sponsored by the LAT Foundation.

Mann is also executive director of the Hartford Chorale, a renowned guest speaker known for *Opera Talks*, a frequent vocal competition judge and a guest director. “Alan brings a talented team each year,” said Stone. “We are already planning for a wonderful Lerner and Loewe review in 2023 featuring favorites from *My Fair Lady*, *Camelot*,

Brigadoon and more.”

The Sanibel Music Festival season continues on Saturday, March 26 with Classical Music Hall of Fame members the Emerson String Quartet. The group’s list of achievements spanning four decades includes more than 30 renowned recordings, nine Grammys (including two for the Best Classical Album), three Gramophone Awards, the Avery Fisher Prize and Musical America’s Ensemble of the Year. In 2015, the Emerson received The Richard J. Bogomolny National Service Award, the highest award in classical chamber music.

The season concludes with the two Emerging Artist Series concerts on Tuesday, March 29 and Tuesday, April 5 featuring the Bower School of Music string ensembles and symphony orchestra under the direction of Dr. Kyle Szabo. “The Emerging Artist Series received enthusiastic reviews when introduced in Sanibel in 2021,” said Gloria Garrett, board member. “We anticipate another set of energetic concerts full of surprises.” The concerts will feature solo performances by Glen Basham, concertmaster of Naples Philharmonic and Dr. Kyle Szabo, head of strings studies and orchestra director at FGCU.

Emerging Artist Series concerts are performed for free-will donations on the website at www.sanibelmusicfestival.org. at the concert. Pre-register to assure seating.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.*

Financial Aid Tip Of The Month

Students and parents should take Free Application for Federal Student Aid (FAFSA) verification seriously. The federal government requires many students who submit the FAFSA to verify the information they reported. The U.S. Department of Education chooses the students whose FAFSA information is verified. Their parents may also be required to provide information.

Verification ensures that the students who really need financial aid to pay for college or technical training receive it. Students chosen for verification must

complete the process before they can receive financial aid, so families should prepare to provide the requested information as quickly as possible.

As soon as students are notified their FAFSA is being verified, they should begin the process. Putting it off will only lead to frustration if the process isn’t finished when classes are ready to start, according to the Kentucky Higher Education Assistance Authority (KHEAA).

Many colleges do the verification themselves. Others have an agency handle the process. KHEAA provides verification services to over 30 colleges and universities in the U.S.

For more information about those services, visit www.kheaa.com.*



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City Manager Reflects On First 100 Days

by Wendy McMullen

It is now 100 days since former Naples City Manager Dana Souza took over the helm at Sanibel City Hall. The *Island Sun* asked about what he's learned, how his past experience has helped and how he's dealing with the major challenges facing the city.

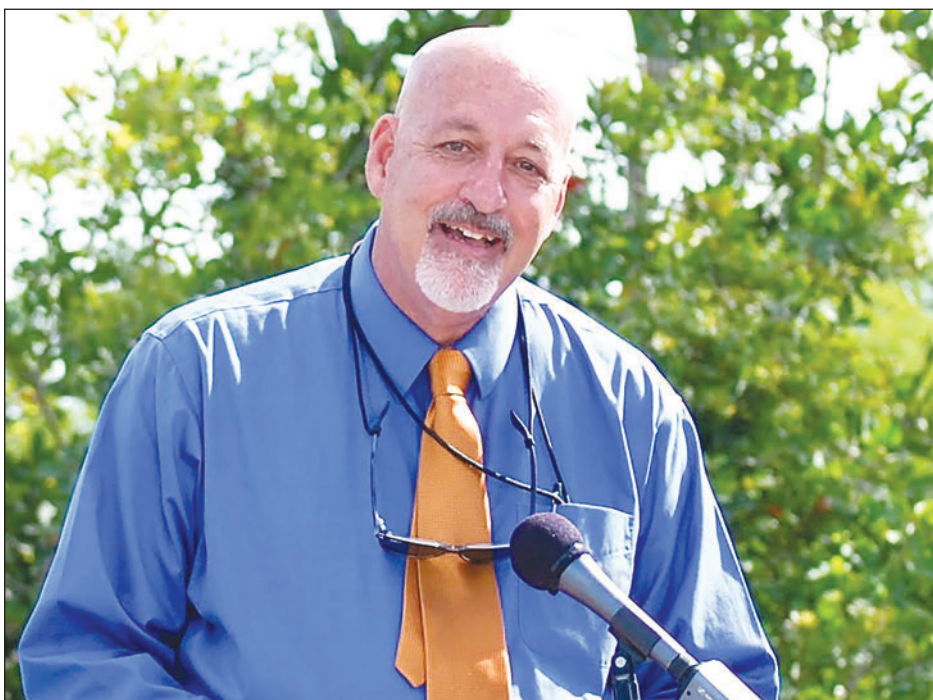
Island Sun: When you were hired, Vice Mayor Richard Johnson commented that it would be a steep learning curve for you in terms of ingrained ideas and practices, because you had been interim city manager in Naples, a city that is so much bigger and with very different values to those of Sanibel.

Souza: First, I'll say that I think Vice Mayor Johnson was right. For anybody who's coming into the city manager position, here or anywhere, there's a steep learning curve. You need to understand the organization, you need to understand the community culture. And certainly, in the context that the vice mayor's comments were taken by me was the land development code and how different it is from other areas that I've worked in. That certainly is true. And so that has been a learning curve. And it's going to continue to be a learning experience for me. You can't absorb everything in the three to four months that I've been here and be fluent in all of the practices and policies. But I think I definitely have my feet wet. As I've said, in some of the talks that I've given, there are times that I've asked for a snorkel, because I'm a bit underwater.

There's a lot that comes at you, there's a lot of residents to see, and I've been taking a large number of meetings with community members. So I can try to understand what issues are here in the islands. So yeah, it's a learning curve. But it's also been a good learning experience. For me, it's been fun. With what I've learned now, I'll synthesize that into information that I think I need to process for either action items, or for that which might be longer term changes within the organization.

Island Sun: You obviously had a much larger support staff in Naples than you have here. Is that a problem?

Souza: Well, everything's scalable. But I do think that there's an awful lot going on in here and I see some departments that are stressed, and that could use more



Dana Souza

photo provided

assistance, whether it's additional staff or from contracted services. I know in some critical areas, we have staffing shortages, because we haven't been able to fill positions. That's not exclusive to Sanibel, that is (the case) professionally in a lot of municipalities in Southwest Florida. I know Naples had similar experiences and that the cost of living in this area is high. So, trying to attract somebody who could come in and find housing or conditions that are suitable to what their family has in the community that they might relocate from has been difficult. And I've heard that from private employers as well, that getting employees to come to the island has been difficult because unemployment is low. I think the last statistic I saw was around four percent here in the Lee County area. So, there's a lot of demand for workers. But you know, we're moving the work along and I think that will also play into what my budget recommendations might be for city councilmembers to consider in terms of how we supplement our staff with contracted services.

Just add to that thought about staffing or the workers, we had over 500 budgeted positions in Naples, and 174 budgeted positions here. So it is a different size community than the City of Naples, which also has a fire department that is part of the city responsibility. So, it's a full service city. In here, we have a fire district. So there are some organizational differences that, you know, account for

some of those bigger differences in total number of employees. But I do think that we run a lean organization and so we're reviewing capacity, what's our ability to manage the work as it comes in the door, and the projects that we asked for funding for is one of my primary focuses.

Island Sun: In terms of your past experience, which has been most helpful in understanding Sanibel and its problems? We note that you were director of parks and recreation in three cities, in public works in Union, New York and interim city manager in Naples. Of all of those, what did you learn from those experiences that are most helpful in Sanibel?

Souza: It's a collection of experiences that prepare you for any job that you have in the future. So, I think all the experiences that I've had in communities in Massachusetts, Maine, Florida, they all benefited me in terms of how I respond to issues or how I can lead this organization. So, it's a cumulative of experience, I don't think that there's one that really stands out, or are silver bullet moments. It's a collective experience, both from training and from that experiential learning that we have along the way.

When I worked on Marco Island, and when I worked in Naples and Massachusetts, we experienced hurricanes that required cleanup, and so I understand the threat to Sanibel, and I understand what Sanibel experienced in (Hurricane) Charley. So, from an emergency management perspective, I think that I've

had a lot of experiences with being on Marco Island where the eye of the storm passed over when (Hurricane) Wilma hit, and then in Naples for (Hurricane) Irma. So I feel those experiences around emergency management have helped me with what Sanibel could experience at some point in the future.

Also, the red tide that Sanibel experienced in 2018 and 2019 affected Naples as well with fish kills, seaweed accumulation and the effect on the economy in resort areas. But I think that Sanibel's policy to try to make sure that this community is not contributing to the nutrient load in the gulf is critically important, and I think Sanibel can teach a lot of the other communities along the Gulf Coast lessons in how to be more proactive.

That's what makes this island very different as well, because of how Sanibel was founded and that the Sanibel Plan is about living in harmony with nature in ensuring that conservation land is preserved and that the impact on the environment is minimal. That development has already occurred in Marco and Naples and other parts of Southwest Florida where I've worked, and so changes that they're trying to make to mitigate urban runoff and nutrient loads are things that Sanibel has achieved in a fundamental way. I've been involved in that work in those communities, but it's just different here.

So, to answer your question, it's more of a collective experience and having worked for great leaders who have taken communities through challenging issues and events.

Island Sun: Has this job been easier or harder than you expected?

Souza: You know, I think it's probably been what I've expected. It's not easier, nor is it harder. But I think it's what I expected. There are always surprises that you might encounter any day.

Island Sun: What has been the major surprise for you?

Souza: Well, on the personal side, I'll say that the housing market has been challenging. We did think that when I first applied for the position that there'd be an opportunity to rent something so that I could get the lay of the land here, and we haven't been able to do that. Now I've changed my objective, and I'm looking to rent something so that at least I can spend time here during the week until my family and I can do the full transition.

Then I would say that maybe technology, which I've talked about during the city council meetings: our website

continued on page 10B

New Board Members For Historical Village

The Sanibel Historical Village held its annual meeting of members recently, at which four new directors were elected. They are Jane Jenson, Mary Miller, Jeff Muddell and Ty Symroski.

Jensen was vice president of a professional services firm specializing in forensic engineering and litigation support with oversight of 10 offices nationwide. Earlier in her career, she worked for a member of the U.S. House of Representatives, first as a case manager assisting constituents in resolving problems with various federal agencies and later as a legislative assistant responsible for meeting with government officials/lobbyists/constituents, constituent correspondence and working with the House armed services committee. Jensen is a volunteer with FISH of SanCap, a docent at the historical village and on the finance committee for Beachview Neighborhood Association.

Miller arrived on Sanibel with her husband, Mike, in 1985. Her English/history degree from Eastern Michigan University was the foundation for elementary school teaching. Later, a degree in interior design and then studio design led to work with Arlington Home Interiors in the Chicago suburbs. She continued teaching at Toledo Museum of Art and was a docent there for 10 years.



Jane Jensen

Spare time activities include backpacking, mountain hiking, tennis and cycling. She took a cross-country bike trip with her son that she called “the icing on the cake” to celebrate a milestone birthday. Miller said, “I look forward to contributing to one of the gems of Sanibel Island.”



Mary Miller

Muddell serves as office president of The Sanibel Captiva Trust Company, overseeing the daily operations of the Sanibel office. Previously, he worked in nonprofit management, most recently serving as system director of gift planning for the Lee Health Foundation in Fort Myers, where he led strategic planning and management of the fundraising initiative. Muddell holds a master's degree in business administration and is in the process of earning his certified financial planner designation. He began his professional career in broadcasting and journalism. His three children are students at The Sanibel School, and he is an active member of the Sanibel-Captiva Kiwanis Club, president of the Sanibel School Fund and a member at Sanibel



Jeff Muddell

Community Church.

Symroski received an independent major in land use planning from University of Michigan and a master's degree in regional planning from University of North Carolina. In the formative years of the City of Sanibel, he worked in the planning department and was on the founding committee of the Island Historical Museum. Symroski had a career in planning in the Florida Keys and also served on the board of directors of the Key West electric utility, the leadership of American Planning Association, Sanibel Historical Committee, citizens advisory committee of Lee County Metropolitan Planning Organization and board of trustees of Sanibel-Captiva Conservation Foundation. He is currently on the Sanibel Planning Commission and has been associated with Sanibel all his life. His mother's family first came to Sanibel in 1919, and Symroski has owned a house on the island since 1978. Three buildings in the historical village – Shore Haven, Morning Glories Cottage and the



Ty Symroski

Caretakers' Cottage – were all owned by his family, and Morning Glories Cottage was his home for many years.

"We are very fortunate to have these four people join our board," said Bill Rahe, board president. "The depth of their talent and commitment is a great indication of wonderful things to come for our village."

Two directors were elected to their second three-year terms: Bonnie Frankel and Nancy Siegel.

Leaving the board due to term limits were Pete Halliday and Gayle Pence. "In the past, in addition to working on a number of committee and leading various projects, Pete has served as treasurer, and Gayle has served as vice president," said Rahe. "It's impossible to say just how important Pete and Gayle have been to the historical village. We hate to see them leave and know they are irreplaceable." ❖❖

Grief Support Group Meetings

GriefShare Sessions are held in the Family Life Center at Sanibel Community Church on Tuesdays through March from 5 to 7 p.m.

The program is open to anyone who is grieving. There is plenty of room for social distancing. Sessions feature a video, book and support.

Sanibel Community Church is located at 1740 Periwinkle Way. Call Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440 with any questions.✱

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The logo for Edison National Bank features a circular emblem with a classical building facade and the text "Edison National Bank" around the top and "Bank of The Islands" around the bottom.

The logo for "BEST of the ISLANDS" features a circular emblem with a seagull and the text "BEST of the ISLANDS" around the top and "2010-2011" around the bottom.

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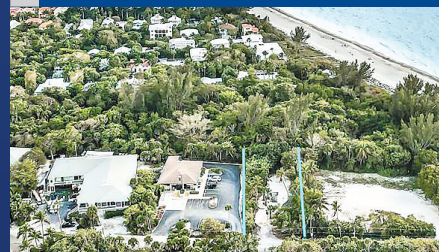
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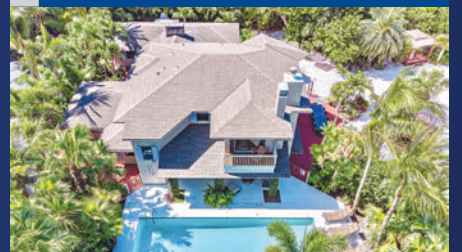
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submitted by
Calli Johnson

Our family and staff have proudly supported our local United Way since 2010. There are many great United Way partner agencies and programs like FISH of SanCap, Literacy Council Gulf Coast, Harry Chapin Food Bank and United Way 211.

I would like to share with you more about an underrated program our United Way operates. The Volunteer Income Tax Assistance (VITA) program is a free service for individuals and families making \$66,000 a year or less, and is available at the Sanibel-Captiva United Way House operated by FISH. United Way operates this program for the sole purpose of helping thousands of local workers and residents file their federal tax return. For business operators like myself, this program presents the opportunity to support your staff without spending a dime. For island staff, this program represents a way to “catch a break” on this season’s taxes without spending a dime. I strongly encourage our staff members to take advantage of the VITA program and invite other businesses to do the same.

Here is what sold me on the VITA program: United Way IRS certified volunteers are knowledgeable of all the credits and deductions such as the Earned Income Tax Credit (EITC), education, new childcare and the new advanced child credits, which may be helpful to people who make less than \$66,000. They prepare and e-file tax returns at no cost to the taxpayer.

Join me in recommending free VITA service to qualifying taxpayers. Appointments are available on Fridays at FISH from 9 a.m. to 1 p.m. for a traditional face-to-face appointment and from 4 to 6 p.m. as a drop off/pick up format for the convenience of the working population. Appointments are required and slots fill up quickly. Assistance is also available at 13 other sites in Lee County for staff that live in

other areas of the county. To find the most convenient location and make an appointment, visit www.unitedwaylee.org/freetaxprep.

You can also make an appointment by calling United Way 211; just dial 2-1-1 or 433-3900. United Way VITA services will continue to be available through the tax filing deadline of April 15. A few VITA sites are open year-round.

If you would like to do your own taxes online, free online filing is available at www.myfreetaxes.com, which offers a toll-free helpline or a web chat when self-filing.

Last year, over 7,000 individuals and families used the free VITA tax preparation service, giving them access to the EITC, childcare and education credits. Refunds totaled an amazing \$10.3 million, which was funneled back into the Southwest Florida economy. Additionally, they saved families an average of \$300 in tax preparation fees. Those dollars bundled with volunteer time was a \$12 million impact for our community.

The refunds that were received were truly meaningful money for families or seniors with modest incomes. For a family in need, the refund could help with lingering debts, medical expenses or delinquent mortgage payments. United Way wants hard-working individuals and families keeping more of what they earn in their own pockets.

Volunteer preparers have relayed many stories of taxpayers who were overjoyed with the assistance and the refunds they received. A mother and daughter who had been struggling to pay bills, and who had also received food and other assistance at a United Way House, said that the refund obtained through the VITA service allowed them to pay off debts, and helped her daughter to continue at college. The mother wrote, “Thank you for all you do from the bottom of our hearts. It is a blessing to see my daughter continue her education.”

As we wrap up this year’s United Way campaign, please join us in supporting our great United Way, and partner agencies and programs like VITA. You can give by returning the pledge card you received in the mail, by calling 433-7201, or give safely online at www.unitedwaylee.org/donate. If you have already given, thank you for your continued support.✧

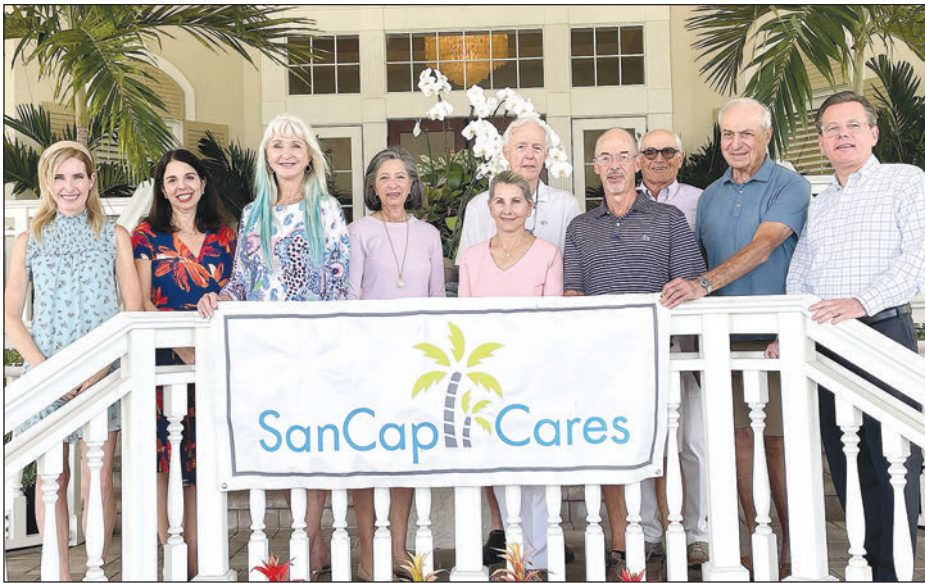
Orchid Society To Meet Monday

The Sanibel-Captiva Orchid Society will meet on Monday, March 21 at 1:30 p.m. in the downstairs meeting room at Sanibel Public Library. The speaker will be Judith Rapacz-Hasler, retired research scientist from Madison, Wisconsin. She was also a past editor of *Slipper Orchids* and a member of the American Orchid Society’s editorial board as well as an advisory member of its conservation committee. Rapacz-Hasler is a longtime member

of AOS, Southwest Florida, Sanibel-Captiva and Swiss orchid societies. She travels frequently, observing orchids in their native habitats, and splits her time between Sanibel and Europe. She will speak on Orchids in Columbia’s Various Habitats – a country rich with native orchids.

There is no charge for past orchid society members. Guest fee is \$5. There will be no basics meeting or orchid sales but participants can purchase tickets for a plant raffle of members’ orchids.

The meeting is limited to 40 attendees with masks recommended. Sanibel Public Library is located at 770 Dunlop Road.✧



From left, Stephanie Muddell, Melissa Congress, Valerie Tutor, and Sue Peltzman of SanCap Cares with Lisa Schmidlin, John McCabe, Jim Pouliot, Steve Peltzman, Joel Levine and Ken Kouril of The Sanctuary Golf Club Foundation Board photo provided

Foundation Sponsoring Gala To Benefit Hospital

The Sanctuary Golf Club Foundation is an ambassador sponsor with its gift of \$10,000 to SanCap Cares, the island community's effort to support Golisano Children's Hospital of Southwest Florida.

"SanCap Cares inspires us all by its year-in, year-out achievements in support

of Golisano Children's Hospital, and the Sanctuary Foundation is absolutely delighted to be a part of this effort," said Lisa Schmidlin, president of the Sanctuary Golf Club Foundation Board.

This year, the SanCap Cares Island Celebration will return to a live, in-person celebration on Sunday, April 3 at The Sanctuary Golf Club. The focus of this year's fundraising efforts is All About the Brain. Golisano Children's Hospital continues to work to strengthen its pediatric mental health services, while embarking on a new neurosurgery

program and the formation of a brain research and education partnership with Johns Hopkins All Children's Hospital in St. Petersburg, Florida. A renowned neurosurgeon, Dr. Theodore Spinks, has joined the Golisano team to oversee development of the program.

The SanCap Cares team will share details of these critical programs at the gala, while providing a memorable evening for guests and supporters. The Olde Florida Nights-themed festivities will include culinary tastings and a signature cocktail to accompany the Give to Give auction of items to support the hospital's programs.

The celebration will culminate with dinner and entertainment by The Modern Gentlemen, who return to Sanibel after a popular performance in 2019.

Since the inception of SanCap Cares in 2001, islanders have raised more than \$17,000,000 to support the life-changing work at Golisano Children's Hospital. To learn more about SanCap Cares, visit www.sancapcares.org.

Lions Club Scholarships

The Sanibel Captiva Lions Club is accepting applications for its Francis Bailey scholarships. Scholarships are awarded for post-secondary education. The scholarships are available to students who live or work on Sanibel or Captiva or whose parents live or work on the islands. The scholarships are in

the amount of \$3,000 per year and are renewable as long as the person remains a full-time student in good standing. The scholarships are only for undergraduate or technical education and not for graduate education.

For an application, visit www.sanibelcaptivalions.org. Click on the Scholarships link and download the instructions and the application. Deadline for application is Friday, April 1. For more information, email the club through the website.

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2022-23 school year.

Scholarships in varying amounts are available. Applicants must be Sanibel or Captiva residents, or employed full-time on the islands, or a family member of such, and attending a college for an undergraduate degree or attending a vocational school. The club collects the applications and an independent committee makes the selection. The deadline for applications is March 25.

Applications are available on the Kiwanis Club website at www.sanibelkiwanis.org, or by contacting: MJ Hays at 579-0660 or mj@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@outlook.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.



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Museum Offering Internship, Career Opportunities

Bailey-Matthews National Shell Museum is seeking enthusiastic students for two summer internships on Sanibel.

During the Marine Biology Education summer internship, a paid position, interns will have the opportunity to work with the museum's marine biologists to learn about mollusk biology, ecology and taxonomy. Interns will gain public speaking and

education skills while acting as touch pool docents in the museum's new Beyond Shells Living Gallery of aquariums.

During the Aquarium Husbandry summer internship, an unpaid position, interns will work with marine biologists and aquarists to learn how to care for saltwater aquariums and the living animals they house, including feeding and water quality testing.

Customer service associates are also needed to greet visitors, sell admissions and event tickets, answer questions about programs and exhibits, and ring up purchases in the museum store.

For more information, visit
shellmuseum.org/careers-internships.✧

Promotion At Trust Company

The Sanibel Captiva Trust Company promoted Rob Lisenbee to senior vice president and client services and trust operations manager.

Lisenbee is responsible for overseeing the Sanibel client services and trust operations team's daily activities surrounding clients' trust and investment accounts, as well as providing client documentation to its team of external



professional advisors.

Al Hanser, founder and chairman of the trust company, said, "Over the years, Rob has earned the respect of so many here on Sanibel and Captiva and as a member of our team, he has distinguished himself as a leader. He delivers professional and excellent service to our clients as well as supporting his peers with his wisdom and knowledge of the business."

Beth Weigel, chief operations officer at the trust company, said, "Rob is deserving of this recognition, and we are very pleased he has accepted the added responsibility of managing the local client services and trust operations team."

Lisenbee has served on several boards and committees over the years, including Clinic for the Rehabilitation of Wildlife, Sanibel Community Association, Sanibel School Fund, Bailey-Matthew's National Shell Museum and FISH of SanCap.✱

Program On Climate Change

submitted by Ariel Hoover

The Intergovernmental Panel on Climate Change (IPCC) came out with its latest report on February 28, written by 270 researchers. They warned that climate change may be warming the planet now faster than we can adapt. We already knew from earlier scientists that we can't have an increase of more than two to three degrees Celsius if we want a livable planet, and we are already up to 1.5 Celsius. Our current trajectory puts us squarely on track to warm between 2 and 3 degrees Celsius this century if we don't make changes soon.

We are already seeing devastating storms, droughts and sea level rise. Between 2010 and 2020, droughts, floods and storms killed 15 times as many people in highly vulnerable countries in Africa and Asia than in the wealthiest countries, making climate change a social justice and health issue as well.

We know, for example, that coastal sea level will rise about a foot or more by 2050. Since Sanibel is surrounded by water that is rising, and rise that can be further exacerbated by storm surge, we must bring down our CO2 emissions, and begin to plan for this on all levels: municipal, individuals and homeowner associations, as well as regionally, nationally and internationally. We have to address the elephant in the room: fossil fuel use. We have solutions such as electric cars and buses, solar panels, wind power, alternatives to plastic, sustainable agriculture, eating a plant-based diet, as well as planting lots of trees. Now, to do them with intention on a global scale.

The community is invited to attend a presentation on the Perils and Solutions of Climate Change on Monday, March 21 at 5:30 p.m. at The Community House, located at 2173 Periwinkle Way.

Ariel Hoover, MA, former instructor at Tufts University in Boston, Massachusetts, currently serves as the chair of the Lee County Chapter of Climate Reality, educating the county about climate change issues and solutions.**

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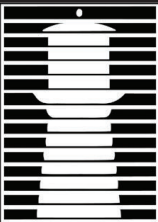
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WE ACCEPT





Construction office for Bailey's development project

photos by Wendy McMullen

Construction Office Approved For Bailey's

by Wendy McMullen

Periwinkle Adventures, part of Bailey's General Store's Planned Use Development, got permission to use the building east of Bailey's General Store as a construction office

and the surrounding area for storage of heavy equipment at the Sanibel Planning Commission meeting on March 8. The office will be used by general contractor Benchmark while they work on Bailey's development and renovation. The cottage, which was located behind the former antique store on Periwinkle was formerly used for employee housing. The antique store north of the cottage and the movie theater to the southwest have already been demolished.



Cleared site that was formerly Island Cinema

Planning commissioner allowed temporary use of the office and heavy equipment storage for up to a year. Dane Johnson of Periwinkle Adventures said that they saw the cottage as an opportunity to use an existing building rather than bringing in a trailer. It is part of a planned unit development that added the .45-acre commercially zoned antique store. Bailey's General Store, which dates back to 1899, is undergoing a major renovation to make room for expansion

of the grocery store and hardware store, and rebuilding of the liquor store. Architectural visual features include gazebos at the corners of existing walkways, shaded seating and outdoor dining along with a porte cochere entry for shade and rain protection. Planners require that all native vegetation on the site be preserved and protected, and areas impacted by the storage or use of heavy equipment be replaced and restored to undeveloped area.✧



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Deadline Nears For Scholarships

The application deadline for "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) scholarships amounting to more than \$20,000 is Thursday, March 31. Ranging from \$1,000 to \$3,000 each, the scholarships are available to high school seniors, college students and graduate students in or from Lee, Collier, Charlotte, Hendry, and Glades counties pursuing degrees in environmental-related studies. DDWS will award the scholarships at a ceremony at the JN "Ding" Darling National Wildlife Refuge in June, if prevailing pandemic guidelines permit. Now in its 16th year, the DDWS scholarship program presented its first awards in 2006, donated by Tarpon Bay Explorers, the refuge's official recreation concession. To date, the program has awarded nearly \$200,000. Interested students can find more

information and printable application forms at www.dingdarlingsociety.org/articles/student-scholarships. To learn more about the scholarship program and establishing a permanently endowed scholarship, contact Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.✧

Republican Caucus Meeting

The Sanibel-Captiva Republican Caucus will hold its monthly meeting on Saturday, March 19 at 10 a.m. at Sanibel Public Library. Speakers will be City of Sanibel Mayor Holly Smith and State of Florida House Representative Adam Botana. Coffee and snacks will be served. All are welcome regardless of political party affiliation. Sanibel Public Library is located at 770 Dunlop Road.✧



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Speakers Share Business Model At Recent Meeting

Adventure and feel-good success have been the payoff for 58 years of hard work and rolling with the punches for Steve and Doris Colgate, founders of Fort Myers' Offshore Sailing School. They spoke about the business of sailing and the ups and downs of entrepreneurship at the March 9 luncheon meeting of the Sanibel & Captiva Islands Chamber of Commerce at Thistle Lodge on Sanibel, sponsored by Offshore Sailing.

"What makes us happy is changing lives," said Doris Colgate. Offshore Sailing does that through a business model devoted to the romance and adventure of sailing, she explained, but also by supporting local charities such as Pace Center for Girls and the Leukemia and Lymphoma Society. "The biggest thing we would like to do is make a difference. Whether you have money or not, you can find a way."

The couple talked about struggling through lean times and recessions to reach their current status with seven resort-based sailing schools throughout Southwest Florida, in St. Petersburg, Florida, and the British Virgin Islands. They have clocked 150,000 school graduates in all.

In 1972, the two sailors hatched a plan for a flotilla cruise venture that



Steve and Doris Colgate entertained chamber members with at-sea tales and uplifting advice for running a business

photo provided

rented sailboat cabins for excursions to 29 destinations worldwide.

"That's how we got to see the world," said Doris. "We didn't have any money in those days."

Steve founded Offshore Sailing School in New York in 1964, based on a childhood love of sailing and later a career as an America's Cup and Olympic racer. He was inducted into the National Sailing Hall of Fame in 2015. CEO and president Doris, the founder of the National Women's Sailing Association and author of *Sailing: A Women's Guide*, joined the operation in 1969. They moved to Fort Myers in 1976 and opened their first local school at today's South Seas Island Resort on Captiva

Island. Their other two are based at Pink Shell Beach Resort on Fort Myers Beach and Westin Cape Coral Resort at Marina Village & Tarpon Point Marina.

The husband-and-wife team wrote several instructional and inspirational books about sailing through the years, and, in October 2021, announced the publication of their biography, *Offshore High*, by renowned author and executive editor of *Cruising World* magazine, Herb McCormick.

The two told chamber members humorous and heartwarming stories from the book about sailing with kings and sheiks; rescuing two young capsized boys, one of whom returned the favor when Steve encountered him later in

life; avoiding the Mafia while operating in New York; and taking the school on the road during the recession of the early '80s, which severely curtailed travel to Florida.

"With all the pressures on our business members these days, hearing the Colgates talk about their experiences truly felt like an escape and adventure," said John Lai, chamber president and chief executive officer. "They inspired optimism and offered good, sound advice on making a positive impact."

Lai spoke earlier in the meeting about legislative activities, visitation statistics and upcoming chamber events. He assured members that he and fellow water quality advocates are continuing their push to see the notorious bill 2508 take better form. Lai also informed the crowd that Visit Florida legislation, for which the chamber advocated, had passed.

"The reauthorization of Visit Florida extending the sunset date from 2023 to 2028 is an outstanding victory for our chamber, our tourism industries and the residents of our state," Lai said. "Tourism is our state's largest employer, funds our attractions and is the reason that Florida operates without a state income tax. As a board member of Visit Florida, I am grateful to the governor, the legislature and our industry advocates who helped move this forward."

Lai reported a welcome center visitation count of 469 two days earlier – the highest to date this year – and noted that the average daily visitation so far in

continued on page 12B

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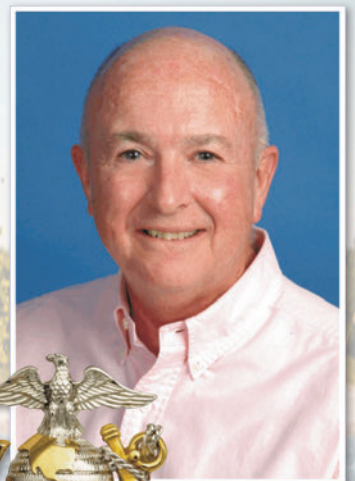
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real estate

From page 1B

City Manager

being outdated, and some of the software and service and network here in city hall needs to be improved. Our IT director is doing a wonderful job assessing the network speed and working to get our website rebuilt. That's an important tool for communication with the public and internally. So, I think we're behind electronically.

And then, some of the needs for departments in city hall are really cramped. In the recruitment brochure that they put out for the city manager's position, it mentioned specifically that there was a need for a facilities master plan. I agree with that. I do think the police building is an important step in reorganizing space inside city hall. So, I'm happy that city council is moving forward with that. But quarters are cramped inside city hall; some of our

light fixtures are aging, and I think looking at modernizing this building over time is important for us to create a good workspace environment. Beyond that, I don't really have any comment until I am able to talk with city council a little bit more about it.

Island Sun: What do you see as the greatest three challenges facing the island?

Souza: Well, I think getting going through the strategic planning process is an opportunity. We can look at what the future challenges are for this island, which are going to be sea level rise and climate change, and you can group those together. Sustainability, in terms of what we have, is another.

Publicly, you heard council the other day talking about carbon footprint. So, what can we do to reduce our carbon footprint here on the island? But also, what's the cost benefit? What's the business case for making some improvements and looking at renewable

energy within buildings? That also could help us when we're off grid after a storm event, if we have those backup power opportunities.

I think number three is addressing traffic and congestion, which is talked about frequently. I see the counts daily with the number of vehicles that are coming on the island, and I know that's something that Sanibelians come to expect during the season. It's just busy and everything slows down a little bit because of the traffic that's here on the island.

I think there's great use of the bike path and we need to make sure that's sustained long term. Completing some of the planning processes that had been started, like the bicycle pedestrian master plan that the Metropolitan Planning Organization funded, is critically important, because that infrastructure is relied upon not only by residents for transportation but also for visitors to try to mitigate some of the congestion on the island.

Island Sun: The former city manager talked about getting a public relations director. Is that something you had planned also?

Souza: Well, I have that as one of the goals that I'll be talking with city council about. When I think about what's a priority need, it is proactive communication and to have somebody who's dedicated to that as their primary work for the city. We have several people who prepare news releases that come from multiple departments. I'd

like to get that under one roof, when and if the budget allows us to do that. But it is a priority for me to make sure that our messaging is going out quickly, appropriately and with good review. Our staff does a great job now, but having that as a secondary function in somebody's realm is not a good fit for me. We need to have it as a primary focus.

Island Sun: Are you going to make city staff and city offices more accessible to the public?

Souza: I prefer that we have an open dialogue and that we have people who are accessible to members of the community to talk to. I don't feel the need that everything has to centralize through me. I think when we issue statements that are related to city position or city council actions, I prefer that go through one source. And then I also prefer, through the media, that we have it coordinated and we get you access because I know that you have deadlines and other media folks have deadlines, and I've had to deal with this throughout my career. But sometimes I have, or other city staff members have, a completely full plate. And that again comes back to the point about having a public information officer who can get that information readily and have the conversation with a resident or the media.

To contact the city manager's office, call 472-3700. Sanibel City Hall is located at 800 Dunlop Road. For more information, visit www.mysanibe.com.✪

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Memorial Internship Fund Established

Former, longtime Sanibel resident Hal Tray has established a permanently endowed intern fund in memory of his wife with the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The Sue Tray Memorial Internship for Visitor Services, the second permanently endowed internship fund for DDWS, will guarantee ongoing funding for one intern annually to assist the visitor services staff at JN "Ding" Darling National Wildlife Refuge on Sanibel.

"I was impressed and interested after reading about the Harkey Development & Communications Intern Fund, which Bill and Laurie Harkey established recently as the first such permanently endowed internship support," said Hal Tray. "I was looking for something meaningful to memorialize my wife. She loved the outdoors, and we both enjoyed taking family and friends to 'Ding' Darling when we lived on Sanibel. An internship is something she would have appreciated, and it just clicked."

Sue Tray was a talented gardener, floral designer, landscape design consultant and teacher of Sogetsu Ikebana floral design, all of which led her to embrace the beauty of nature and plants. She was a Master Flower Show judge for the National Council of State Garden Clubs and served for several years as state president of the Federated Garden Clubs of Maryland.

"The visitor services team is the face of the refuge, and the annual intern works with that team to ensure positive experiences that can create or reinforce a commitment to conservation," said DDWS Executive Director Birgie Miller.

"Permanently endowed support is



Sue Tray's love of plants and nature inspired the refuge's second permanently endowed intern fund photo provided

the most effective gift for internships – a guarantee a smiling face and informed intern will always be there to greet the nearly million visitors each year – 375,000 of which stop in annually at the refuge visitor and education center. It requires a contribution of \$200,000 or more to invest in internships that continually support refuge conservation and education into perpetuity. For us, as the refuge's fundraising arm, that means security in knowing our mission will live on."

DDWS supports more than a dozen interns each year to assist refuge and DDWS staff with education programs, visitor services, biology research and philanthropy. Donors are able to establish a DDWS endowment fund for any purpose with \$10,000 or more.

For more information about supporting the refuge internship programs or establishing an endowment fund, contact Sierra Hoisington at 472-1100 ext. 233.✪

Chamber Annual Meeting April 20

The Sanibel & Captiva Islands Chamber of Commerce has set the date and venue for its 2022 annual meeting, celebrating 60 years of supporting island businesses. The meeting will take place on Wednesday, April 20 at Sundial Beach Resort & Spa on Sanibel. The annual year's review and awards presentation start at 5 p.m., open free to members. A dinner reception with cash bar follows at 6:30 p.m. Tickets for the reception are \$75 per person.

RSVP for the free meeting and reception by Friday, April 15, at www.tinyurl.com/chamberannual. Payment for the reception must be made at time of reservation.

During the business meeting, the chamber will introduce its new board of directors for 2022, share its 2021 achievements, and announce the winners of its annual membership awards for Business of the Year, New

Business of the Year, Sue Rosica Gray Volunteer of the Year and Citizen of the Year.

"The chamber annual meeting is a great opportunity to get all our members together and share the year's accomplishments. This year, for our 60th anniversary and the first full membership annual meeting since 2019, will be extra special," said John Lai, chamber president and chief executive officer. "Members also will hear what exciting plans we have in store upcoming."

Presenting sponsor for the annual meeting is Captains For Clean Water. Other sponsors include: Platinum sponsor Lee Health; gold sponsors Goede, DeBoest & Cross, PLLC, Island Inn, SCCF; silver sponsors Doc Ford's Rum Bar & Grille, Kingfisher Real Estate, Inc., Rapid Response Team, Valerie Tutor.

For more information, visit www.sanibel-captiva.org or contact Landen Collins, communications and marketing manager, at 472-8255 or landen@sanibel-captiva.org.

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Sanibel-Captiva Rotary Club members, from left: Clair Beckmann; Michael Young; Scott Mowry, trust board treasurer; Eldon Bohrofen, Area 3 district governor; Bill Letendre, president; Ed Wheeler; and John Henshaw, trust board chair and disaster preparedness committee photo provided

Rotary Happenings

submitted by Cindy Carter

The Sanibel-Captiva Rotary Club and Rotary International are deeply concerned about the humanitarian crises caused by the Russian invasion of the sovereign country of Ukraine. Millions of Ukrainians have been displaced and, as refugees, are in desperate need of water, food, medicine, shelter and clothing. In response to the deepening refugee crisis, the Sanibel-Captiva Rotary Club

has donated \$10,000 to the Rotary Foundation – Disaster Response Fund to support disaster response grants for districts affected by this crisis. Rotarians are people of action, and this is indeed the time to act to help the people in Ukraine. The Sanibel-Captiva Rotary Arts and Craft Festival is a major source of funds used to support those in need in and around our community, and worthy causes worldwide like the crises in Ukraine. This year’s arts and crafts festival, held February 19 and 20 at The Community House, was a complete success thanks to the generosity of the

island community, artists and visitors. Our next fundraiser is the Rotary Charity Cup Golf Scramble on Saturday, March 26 at Sanibel Island Golf Club. Please join us to take action to support those in need. Thank you for your support. The primary focus of the Sanibel-Captiva Rotary Club centers around charitable giving to projects that support local disaster relief efforts alleviating hunger and the suffering of our neighbors with limited resources, access to quality care for mothers and children, need-based financial assistance for post-secondary education for students at Florida universities and schools, and conservation

efforts for wildlife and natural resources. In the last four years, the Sanibel-Captiva Rotary Club has raised over \$500,000. Through its trust fund board, it has given out over \$40,000 in scholarships, \$200,000 to international charitable projects and \$260,000 to local nonprofits. The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.*

From page 9B
Business Model

March was 288. Tamara Pigott, executive director of Lee County Visitor & Convention Bureau, spoke about escalating numbers she is seeing, including a 92.9 percent occupancy rate in Lee County just the week prior. The chamber will hold its annual meeting on Wednesday, April 20 at Sundial Beach Resort & Spa to celebrate its 60th anniversary. There will be no business luncheons in April or May. Lai announced that this year, the chamber is taking over the annual Islands Night at Hammond Stadium, scheduled for Wednesday, June 1. For more information, visit www.sanibel-captiva.org or call 472-8255.*



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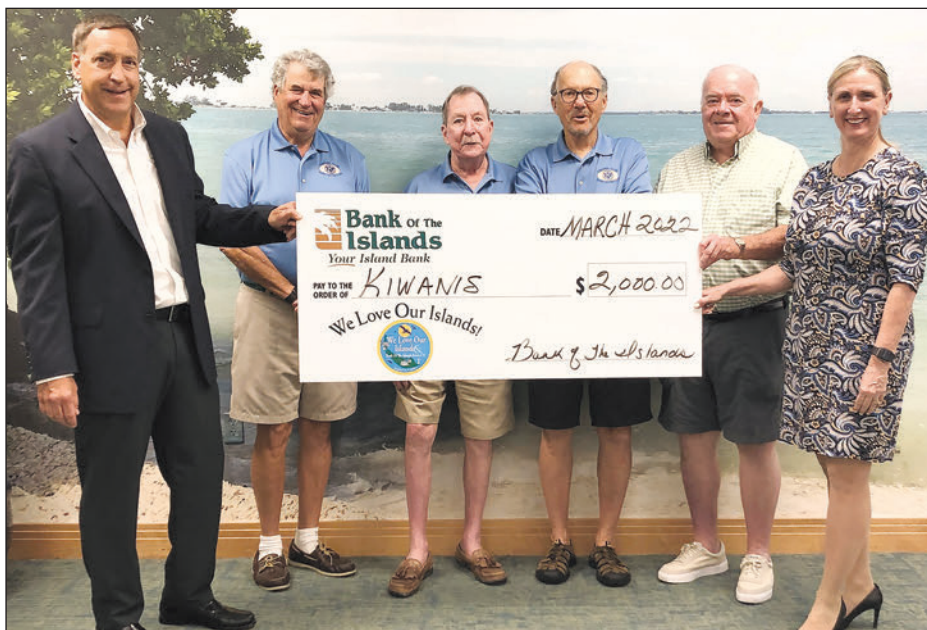
Virtual preview opens on Saturday 3/19 at noon.

Live bidding open from noon on Wednesday, 3/23 until 6PM on Saturday, 3/26.

Want to see some of the items in person? Visit The Dunes on Friday, 3/25 from noon - 2:30 to view some of the one-of-a-kind items!

100% of proceeds go to: Play for P.I.N.K./Breast Cancer Research Foundation
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Bank Supports Kiwanis Auction



From left, David Lowden of Bank of the Islands, Kiwanians Joe Daversa, Pete Bender, Tom Sharbaugh and Ed Ridelhoover, and Susan Schulte of Bank of the Islands photo provided

Bank of the Islands is a gold sponsor of the Sanibel-Captiva Kiwanis Club online auction, which will be held Friday to Sunday, March 18 to 27, with a closing time of 6 p.m. Previews of the auction items begin on Wednesday, March 16. Visit www.sanibelkiwanis.org.

"While we all hope to see the post-pandemic return of the time-honored Kiwanis Spaghetti Dinner in 2023, the online auction is a terrific way to support scholarship funding for local students in need right now," said Bank of the Islands Vice President David Lowden. "We are happy to support the auction as a gold sponsor. It's truly a great way to show

how much we appreciate being your island bank."

The Kiwanis auction is in its fifth decade of raising funds to benefit the youth of Sanibel and Captiva. Proceeds from the auction make possible the Kiwanis Scholarship Program, which awards scholarships to local students attending post-secondary colleges, universities and technical schools. In recent years, over \$60,000 in scholarships has been awarded through the program. Proceeds are also used to provide grants to other local nonprofits whose programs benefit youth education, recreation and wellbeing.✪

said Jeff Muddell, president of the Sanibel School Fund.

Two valuable raffle prizes will be featured; a custom painting by artist Myra Roberts and a Moke from YOLO Watersports. Both will be raffled off during the event. For tickets, visit <https://sanibelschoolfund.betterworld.org> or emailing thesanibelschoolfund@gmail.com.

Opportunities to join the Blue Ribbon Classic as a philanthropic partner begin at \$1,000 and include a foursome of golf. Partnerships are also available at the \$2,500 and \$5,000 levels. Individual playing spots are \$300. If you are not a golfer, you can pledge a gift to The Sanibel School by contacting thesanibelschoolfund@gmail.com or Jeff Muddell at 321-217-3946.

Several families and community businesses have already stepped up to provide support for this year's fundraising efforts. Michael and Gretchen Betten are title sponsors.

Premier sponsors to date are The Doss Family, David and Mika Filkins, Brenda and Marty Harritty and their team at Doc Ford's Rum Bar & Grille, YOLO Watersports, and Champaign Chrysler Dodge Jeep. Grand sponsors are The Sanibel Captiva Trust Company and a school family who wishes to remain anonymous.✪

Sign Up For Blue Ribbon Classic Golf Tournament

Spots are filling up quickly for the Sanibel School Fund Blue Ribbon Classic Golf Tournament, to take place at The Sanctuary Golf Club on Saturday, May 14, followed by an after-golf evening celebration at The Community House. Proceeds benefit The Sanibel School.

The Blue Ribbon Classic has been a tradition for The Sanibel School since 2007. COVID-19 forced the cancellation of the 2020 event, a tremendous fundraising setback for the school, however, the event returned in 2021, raising more than \$125,000.

All funds raised through the Blue Ribbon Classic supplement The Sanibel School's budget to enhance curriculum. While the school is public, the private funds from the community are important to maintaining the school's Blue Ribbon status, improving its ranking as one of the best elementary and middle schools in the state.

"This event is more than just a golf tournament. It's a chance to showcase our school to everyone on the island,"



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This year, we are raising funds to support undergraduate research opportunities at the SCCF Marine Lab.

There are many fabulous things to buy and bid on: guided fishing trips with SW Florida's top guides, art, great fishing gear and more.

Each participant of the Fishin' with a Mission, who buys a raffle, or makes a bid will receive a free ticket to the International Fly Fishing Film Festival (I4F); that is being held virtually this year.

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Superior Interiors

How To Style Your Coffee Table



by Trinette Nelson

Decorating high-traffic areas in your home is an exciting opportunity to showcase your style and let your personality shine, not only for you and your family members but also

for your guests. From hanging decorative pieces of artwork to accessorizing the sofa and chaise lounge with throw pillows and blankets, there are plenty of creative ways to spruce up this space and give it a little bit of extra flair.

The coffee table is another surface area that can be fun to play with, but there's a fine line between decorating and cluttering this space. To ensure you style your coffee table correctly, and with the right intentions, consider our tips:

One of our favorite phrases remains true when it comes to coffee table styling – less is more. Try to keep your decor elements to a minimum of three. This is a great way to tell a story without overwhelming the space. Be sure to keep height, texture and color in mind here when choosing decorations.

Bring in a coffee table tray. Sometimes, it can be difficult to navigate a large surface

area without cluttering the space. Utilizing a coffee table tray can eliminate this issue, providing a smaller area to work with.

Try a new coffee table. If you've tried styling your coffee table but can't seem to figure out what's not working for you, maybe it's time to reconsider the foundation altogether. Perhaps a standard coffee table isn't working for you anymore. Perhaps consider one of the many options available, such as a lift top, storage trunk, marble, or wicker. Even a new multi-piece or multi-level option for flexibility.

Prioritize seasonal décor. Do you find yourself constantly in search of new decor? Is it difficult to commit to a single theme for your coffee table? Switching things up each season is a simple fix, as it gives you four different opportunities to showcase your style and personality inspired by the season change.

Consider the entire surface area, it's natural to assume that your decorations belong in the middle of the coffee table, but this isn't necessarily the case. Shifting your decorative items to one side can be a simple fix in changing things up and altering your mindset. This is also ideal when entertaining guests, as they don't have to worry about placing their beverages and food near the edge of the table and can instead move them closer to the center for security.

Don't be afraid to ditch the coffee table for an ottoman. If you're a parent to young children and you're constantly holding your breath every time they come anywhere close to the edges of the coffee table, you may consider switching things up entirely. Ottomans can serve many

purposes, and multi-tasking is one of them. They can serve as a footrest or add a tray, and they can be used as a table. Any item that achieves design and function is always

a plus.
Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindcedden.com.✪✪

Firm Marks 20 Years Of Service

Uhlen & Vertich Financial Planners is celebrating 20 years of providing independent, fee-based, concierge-level financial planning from offices in Fort Myers.

"We're thrilled to celebrate this anniversary with our dedicated team members and valued clients," said Corey Vertich, certified financial planner and founding principal of Uhler & Vertich Financial Planners. "The past 20 years have brought forward significant achievements and milestones – all of which would not be possible without our team and clients."

The firm's founding principals, Tom Uhler and Corey Vertich, serve numerous nonprofit organizations and support local causes. Both serve on the board of United Way of Lee, Hendry, and Glades, and Vertich is serving as co-chair of United Way's 2021-22 campaign. The firm has been a strong supporter of United Way for the past 20 years.

Uhler is serving his ninth term as chair of the Southwest Florida Symphony board of directors and also serves as treasurer of the Florida Cancer Specialists Foundation board. He is president of the Sanibel-Captiva Orchid Society and a member



Corey Vertich and Tom Uhler photo provided

of the Kiwanis Club of Sanibel-Captiva. Uhler sits on the executive board of the Southwest Florida Council, Boy Scouts of America and is an Eagle Scout and lifetime member of the National Eagle Scout Association.

Vertich is active in Boy Scouts of America. He is an Eagle Scout and life member of the National Eagle Scout Association and is on the Eagle Board of Review for the Southwest Florida Council. He also serves as treasurer of the Southwest Florida Symphony Orchestra Endowment Foundation Board.✪

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ON ISLAND FOR ISLAND

How FISH Of SanCap Assists Island Seniors

FISH of SanCap Senior Services provide assistance to the islands' older community members through a myriad of offerings. FISH team member Erika Broyles, senior services director, oversees senior programs and works with community stakeholders to ensure FISH continues to meet the needs of island seniors. She is hands on when working with community seniors to continue to encourage engagement from local residents. Broyles is in charge of the Meals-by-FISH program, Friendly Faces Luncheon, Smile Boxes, medical equipment for loan and Hurricane Preparedness program.

Harry Smith, whose name has been changed for client privacy, is an older gentleman who has lived on Sanibel for a number of years. He was introduced to FISH by a neighbor who was concerned about Harry's health and living conditions. FISH, along with its volunteer nurse, conducted a home visit and learned Harry needed help – according to Harry, he was “too old to keep up with the house and had health issues that prevented normal activities like socializing and (sometimes) eating.”

FISH staff evaluated his situation and began linking Harry to services to fix critical issues in his home that would improve his living conditions. They



Maryanne and Jerry Edelman picking up meals at Bailey's

photo provided

provided food and personal hygiene products and enrolled him on the Meals-by-FISH program, prepared by Bailey's General Store and home delivered by volunteers. FISH volunteers began calling Harry daily and visiting once a week, providing socialization and connection to the community. The organization interviewed home health providers and enrolled him in a homebound care program to ensure his health and wellbeing.

“This once isolated gentleman is thriving in his new environment and engaging in many FISH programs,” said Broyles. “With help from his home care

provider, Harry participates in the monthly virtual Friendly Faces luncheons, always with a smile and making light jokes. He has become like a family member to us here at FISH and we all feel so thankful to have been able to help him.”

Harry receives the monthly Smile Box, a program established to assist and lift the spirits of island neighbors suffering from isolation and other adversities in their lives. Often themed toward the time of year, the delivered boxes contain gifts, projects and activities for recipients to do throughout the month, household items, crafts and sometimes a sweet treat. Harry has also been placed on the FISH Hurricane

Preparedness list as an individual who will need help preparing for the upcoming hurricane season.

To learn more about programs services offered by FISH, or for a tour to meet the staff and see how the agency works, contact Maria Espinoza, executive director, at 472-4775.✱

Kiwanis Golf Championship

The Sanibel-Captiva Kiwanis Club will host the 2nd annual Sanibel Stroke Play Championship Tournament at The Dunes Golf & Tennis Club on Saturday, April 23. Registration begins at 7:30 a.m., followed by the shotgun start at 9 a.m.

This tournament is open to players of all skill levels. Lunch will follow, along with prizes and trophies to the winners. All proceeds will benefit the Sanibel-Captiva Kiwanis Scholarship Fund.

Entry fee is \$125 per player. It includes 18 holes of tournament golf, range balls, lunch and prizes. Trophies will be awarded to the top finishers.

Sponsors include Midland Trust, owned by Dave and Jacque Owens.

Entry forms can be obtained at The Dunes Golf-Pro Shop or downloaded at www.sanibelkiwanis.org.

The Dunes Golf & Tennis Club is located at 949 Sand Castle Road on Sanibel. For questions, contact Mike or Travis at 472-2535 or mdopsclaff@theinnsofsanibel.com.✱

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2

1. GULF FRONT PENTHOUSE AT JUNONIA - SANIBEL

- 4 BR + den/ 2 BA top floor penthouse featuring panoramic views of the pristine beaches and Gulf along West Gulf Drive.
- Vaulted ceilings, clerestory windows, updated kitchen with island, remodeled baths, wet bar, plantation shutters, coastal décor, and covered parking.

• **\$2,600,000 EURO 2,350,686**

2. BUCK KEY - CAPTIVA

- One of the last remaining buildable tropical islands, Buck Key provides a once in a lifetime opportunity located just across the Roosevelt Channel from Captiva Island Offering 14.13 acres of stunning land and water frontage along the channel - Develop your own family compound, corporate retreat, private club or wherever your vision takes you.

• **\$22,000,000 EURO 19,457,403**

3. GULF VIEWS AT SUNDIAL EAST - SANIBEL

- 3 BR/2 BA gorgeously remodeled condo with Gulf views and spacious screened lanai.
- Resort amenities include pool, tennis, multiple restaurants, tiki bar, and grocery. Established rental income with on-site resort program.

• **\$1,365,000 EURO 1,234,350**

4. WEST END CANAL HOME - SANIBEL

- 3 BR/ 2.5BA home on Sanibel's west end with refurbished boat dock & lift.
- Cozy coastal style, new roof, new pool pump, offered fully furnished with new furnishings.

• **\$1,445,000 EURO 1,326,594**



3



4

NEW LISTING



5



6

5. OVER 140' OF CANAL FRONTAGE ON DIRECT ACCESS CANAL - SANIBEL

- 4 BR/4 BA sprawling island waterfront home with private **boat house**, dock, and lift
- Soaring 2 story ceilings, 2nd floor den & master suite, oversized pool tucked amount Arica Palms & tropical vegetation

• **\$2,995,000 EURO 2,707,809**

6. DIRECT ACCESS HOME IN HARBOR COTTAGE - SANIBEL

- 3 BR/ 3 BA townhome with updated kitchen & baths, beautiful wood flooring, coastal décor, & a canal front lanai.
- A boaters dream with private boat dock & lift as well as deeded beach access.

• **\$1,450,000 EURO 1,311,214**

7. FRANK LLOYD WRIGHT INSPIRED HOME - SANIBEL

- 4 BR/ 3.5 BA home with transom & clerestory windows overlooking Clam Bayou on Sanibel's west end.
- Fireplace, vaulted beamed ceilings, white pine wood plank floors and private elevator. Large lap pool with swim up table, hot tub, and private dock.

• **\$2,400,000 EURO 2,115,357**

8. ONE HOME BACK FROM THE BEACH ON WIGHTMAN LANE - CAPTIVA

- 3 BR + den/4 BA remodeled home featuring a unique reversed floor plan, taking advantage of daily Gulf views & sunsets.
- Stone fireplace, wood floors, vaulted ceilings, multiple lanai's, a luxuriously remodeled master suite, and grotto style pool & spa with outdoor bar area.

• **\$3,395,000 EURO 2,969,175**



7



8

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Will Power

Estate Tax Exemption Is Portable, GST Exemption Is Not



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A perplexing issue for many clients planning their estates surrounds the federal estate tax exemptions. Currently, everyone has an exemption of \$12.06 million. That amount is reduced by any “taxable gifts” that one makes during life. Taxable gifts are transfers exceeding the annual gift tax exclusion amount, which in 2022 is \$16,000. Last year, it was \$15,000. A married couple, therefore, has \$24.12 million of exemption. This exempts a large majority of estates from federal estate tax. Without any further legislation passed by Congress and signed by the president, the exemption is slated to decrease to an amount approximating \$6.5 million on December 31, 2025.

In addition to the federal gift/estate tax exemption, there is a similar exemption for the generation skipping transfer (GST) tax. If you have a larger estate, it often makes sense to create trust shares for your children that will one day go on to the grandchildren. Many don’t understand that you can name each child as the trustee of his or her own share, so that child can independently decide what assets to invest in, what distributions to make, and where that trust share would be distributed at his or her death. So it is very similar to owning the assets outright, but by holding in a trust share, it may be protected from divorce or lawsuit creditors such as a malpractice case or business dispute issue. When creating these separate trust shares, your estate plan can allocate your GST exemption to the share. When GST exemption is allocated, the share assets won’t be included in the child’s estate for federal estate tax purposes, meaning that it escapes estate taxation. The difference between the estate tax exemption and the GST exemption is that the unused estate tax exemption can be transferred to a surviving spouse, where the unused GST exemption cannot be. This is best illustrated by example. Assume Don and Diane’s estate plan leaves everything to one another, then at the death of the survivor creates a trust for their daughter, Becky. Becky has two children, Dan and Jacob. At the time of Don’s death, his estate was worth \$12 million, and it was all transferred to Diane. At Diane’s death,

her estate (which included what she inherited from Don) grew to \$18 million. Because everything was transferred to Diane, Don did not use any of his estate tax exemption. Assume that he died in 2025 when the exemption was \$12 million. That unused exemption transferred to Diane. Assume that at the time of Diane’s death, the exemption had decreased to \$6 million. Her \$18 million combined estate is not subject to federal estate tax because her exemption plus Don’s unused estate tax exemption is \$18 million, enough to cover both estates. What about the GST exemption? That exemption isn’t transferrable. So Don’s unused GST exemption was lost. Because Diane died with only \$6 million of GST exemption, there are two trusts created for Becky, a GST exempt trust for \$6 million, and a nonexempt trust for \$12 million. Assume that when Becky died, the GST exempt trust grew to \$12 million. It escapes taxation from Becky’s estate. Assume the nonexempt trust grew to \$20 million. It is taxed in Becky’s estate, plus her own assets add to the estate tax burden. This issue can be addressed with proper planning. I hope that I gave you something to consider when speaking to your own estate planning attorney. ©2022 Craig R. Hersch, Sheppard Law Firm Learn more at www.floridaestateplanning.com.*

Conserve Water In Dry Season

South Florida Water Management District (SFWMD) encourages Lee and Collier county water users to conserve water amid dry conditions. In South Florida, most of the water comes from underground aquifers, including in Lee and Collier counties. As a direct result of below-average rainfall for the last five months, groundwater levels in aquifers beneath Lee and Collier counties are low. Drier than average conditions in these counties are expected to persist for the remainder of the dry season (end of May). SFWMD recommends that residents and businesses in Lee and Collier counties practice water conservation measures to protect the region’s aquifers and water resources. The majority of residential water use occurs outdoors with landscape irrigation accounting for approximately 50 percent of home water use. One of the most important things local residents can do to protect the regional water sources is to follow local irrigation ordinances and inspect their irrigation systems. Irrigation systems should be free of leaks and be in

good working order. SFWMD encourages residents to turn off irrigation systems when rainfall is projected. Residents can do the following things around the house to conserve water: Ensure automatic irrigation control rain sensors are operating properly; Install aerators in kitchen and bathroom sinks; Switch to WaterSense and high-efficiency products including shower heads, bathroom faucets and toilets; Implement Florida-Friendly landscaping by following its nine principles, including using native plants; Update appliances like dishwashers and washing machines to Energy Star rated products; Wash only full loads of laundry; Thaw frozen food in the refrigerator; Don’t rinse your dishes before placing them in the dishwasher. Run only full loads of dishes. By reducing irrigation demands and conserving water, residents can slow the aquifer’s water level decline until the rainy season begins. SFWMD scientists will continue to closely monitor aquifer conditions and may recommend additional actions to protect the region’s water resources.*

How’s The Market? Ask Ann

Understanding Today’s Real Estate Market



Last week, 8 homes and condos were reported going under contract. It’s not uncommon for these transactions to have more than one bidder competing for the purchase. Taking into consideration today’s real estate market activity, I want to share with you my recommendations on how to maximize your chances of entering into a successful transaction. Let’s say you are an active buyer who follows the market closely. Your price point initially was around \$1,000,000. You reflect on the house you should have bought in December but seemed high at \$1,200,000 and, as it happened, sold over the listing price. You hope that more listings will come on the market. Unfortunately, listing prices continue to increase. Now, as I write this article, there are only 14 homes for sale. Average listing price is \$2,536,107. Now, you have found the house you would like to own; new listing, one day on the market! If the house is just what you want and you don’t want to lose it, it is not the time to “negotiate” the listing price. Go with your top offer and consider an escalation clause (keep in mind, there are probably 8-10 other prospects viewing the same listing). Now, let’s look at the seller’s side of this transaction. You are selling in today’s market and want to maximize your price, but are a serious seller. Talk to an experienced realtor you trust and request a “range” of listing price options that would generate traffic to your listing. Usually, the condition, age, updates and location will influence your price. In general, I would recommend listing at the top end or a potential price range. A face-to-face discussion with your listing realtor is important. You will decide the price. In today’s “hot market,” you should sell within a week to 10 days if you are appropriately priced. Selling or buying and have questions? Call me for a prompt and candid response.

9 Closed Sales Going Back One Week: 8 Homes & 1 Lot	
9472 Balsa Ct. \$765,000	1245 Par View Dr. \$1,575,000
1948 Roseate Ln. \$775,000	2030 Sunrise Cir. \$1,600,000
6000 White Heron Ln. Vacant Land \$850,000	3716 Coquina Dr. \$1,601,000
1251 Sand Castle Rd. \$1,050,000	930 Kings Crown Dr. \$1,850,000
2620 West Gulf Dr. \$1,350,000	

Have a good week and call me with any comments or questions.

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Aces At Sanibel Island Golf Club



Heather Scott

photos provided



Tom Ware



Dave Baird



Bill Fellows

Sanibel Island Golf Club has seen a few aces from members over the past few weeks. Heather Scott made her first ace during league play on the 3rd hole. Tom Ware followed that about a week later with an ace during the

men's league Ryder Cup matches.

After another two weeks, Dave Baird made a hole in one on the 3rd hole.

And finally, after 65 years of playing, Bill Fellows made his first hole in one on the 6th hole.✪

Rotary Golf Scramble Is Next Saturday

The Rotary Club of Sanibel-Captiva will hold its Charity Cup Golf Scramble at Sanibel Island Golf Club on Saturday, March 26. Check-in is 7:30 a.m., and shotgun start is 8:30 a.m.

Fundraiser events include a helicopter ball drop, which involves attendees purchasing golf balls (\$20 for one; \$50 for three; or \$80 for \$100) and top prizes that go to whichever ball is



closest to the pin. First prize is \$500, second prize is \$250 and third prize is \$100. You can also enter a raffle to win a Seaholms Timepiece from Congress Jewelers. Cost is \$10 for one ticket or \$50 for six tickets. Other contests include Straightest Drive, Longest Drive, Closest the Pin and Hole in One featuring a golf cart giveaway.

Golf registration fees are \$200 for an individual or \$800 for a team. Fees include green fee, cart fee, buffet lunch, hat, swag bag and chances to win prizes.

Sponsorships are still available: Golf sponsor – \$5,000; Silver sponsor – \$3,000; Bronze sponsor – \$1,500 or Hole sponsor – \$100.

Sanibel Island Golf Club is located at 1100 Parview Drive. For more information or questions, visit www.sanibelrotary.org or contact Mary Bondurant at mary@gokingfisher.com or 839-3633.✪



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Frankly Speaking



by Howard Prager

So much to report – baseball, highlights and lowlights of basketball, March Madness, even some NFL madness. The lockout is over! Who won? The fans, finally

getting our game back and salvaging spring training and a 162-game season. Who lost? All of baseball, as longtime fans have questioned whether they will stick with their season tickets this year or not. My very unscientific estimate is that baseball lost 10,000 fans each day of the lockout. I'll be surprised if attendance doesn't drop this year, unless you see some favorite "national" teams like the Cubs and Yankees doing very well, or we get in another epic "battle" like Sammy Sosa and Mark McGwire in the 90s. It's a harder decision for teams like the Dodgers, favorites to repeat in the World Series, or teams expected to challenge them. Easier to skip games for teams that haven't improved very much, but who knows? The Giants had an awful record just two years ago, then won the most games in MLB last season. And free agent signings and trades are off and running. The latest move as of this writing is the Twins sending 3B Josh Donaldson to the Yankees. The Twins get catcher Gary Sanchez and infielder Gio Urshela in exchange. Does that mean the Twins are now officially rebuilding? Hard to say as they signed Byron Buxton to a seven-year extension, but that just says youth are where the Twins are headed.

We also see fans, like the one in the picture, Ed Nickow, a longtime Cubs



Cubs fan Ed Nickow photo provided

season ticket holder, who just wanted to see the game he loves. He did have second thoughts about turning in his season tickets, but he's been a fan too long to say goodbye. There are a number of changes that were not really negotiated but just agreed to. Gone are seven-inning double headers or starting a runner at second base in extra innings, and even though that was decided, it's back on the table. I personally wonder what will be the result of enlarging the bases? Will it lead to more stolen bases or more force outs? And the DH is now in both leagues. No one likes to see a pitcher strike out, but a hot-hitting pitcher helps themselves out. MVP Shohei Ohtani will stand out even more this season.

This year, it's Gonzaga and Arizona who are the top teams in March Madness. The Big Ten has the most teams in the tournament (9), while the Big East, Big 12 and SEC have six teams each. There are always some teams that just missed out this year including BYU, Dayton, Texas A&M and Wake Forest. But statisticians will explain the reasons that each of them

got left out, despite having better records than some of the teams that made it. As you read this, the first games will already be played. My pick to go all the way? A toss up between Iowa, who won the Big Ten Tournament, and Duke in Coach K's last hurrah.

On the NBA side of the game, Gregg Popovich is now the winningest coach in NBA history with 1,336 victories. Popovich surpassed Don Nelson, who previously held the record for most regular-season wins, with the San Antonio Spurs' 104-102 victory over the visiting Utah Jazz on Friday night. Although he tried to low-key it, the Admiral returned to see the record set and he was doused in a Gatorade shower after the game. Nice to secure this record at home.

Not to be forgotten, the NFL made news with some blockbuster trades, re-signings and non-moves. The Russell Wilson trade to Denver is the biggest news thus far. After giving off all sorts of false signals, Aaron Rodgers signed to stay with Green Bay. The rumors of Tom Brady going to the 49ers? Just that, as he now has "unretired" and is coming back to Tampa Bay for his 23rd season.

I haven't reported on the Brittney Griner story. In February, the WNBA star was "detained" in Russia for supposedly having hashish in her luggage. It's not exactly clear when Griner was apprehended in Russia, but it was some time in February as she was returning from the U.S. to compete for UMMC Ekaterinburg in the Russian basketball league. And why has she played in the Russian basketball league for seven seasons? To supplement her WNBA salary which is a decent salary for you and me, but paltry compared to the NBA. Wonder about pay equity between men and women athletes? But this situation is terrible, and was publicized only after the U.S. began sanctioning the Russian government. "To

try and maintain diplomatic niceties around these situations may be in the interest of U.S. national security, but it's certainly not in the interest of Brittney Griner," Jonathan Franks told CNN. Franks said he "was immediately suspicious, because he has worked on behalf of numerous American citizens who have unexpectedly found themselves in similar situations with hostile governments. Franks knows from his time of advocating for another American that Griner could be detained for a while. He urged everybody that cares about her to keep her case in the public arena. "Sports fans can play a huge role because they're not a constituency that I think the [American] government is hearing from," says Franks. "You want to see Brittney Griner come home? Or Trevor Reed or Paul Whelan or any of the other 50 hostages? I would suggest calling the White House every day and telling them you want President Biden to prioritize the repatriation of wrongfully detained American citizens." Let's hope it's not long.

The good news story? It could be that baseball's back and spring training has finally begun this week. But I think it's going to be about a young Steph Curry fan in Denver. She went to the game last Monday when the Warriors played the Nuggets, but Curry did not play. She was upset. Curry heard about that, and when they were back in Denver last Thursday, he made sure to both play and get her courtside seats. As he went up to meet her, she cried. He chatted with her, signed a basketball card and gave her a fist bump. You've made someone's day for life, Mr. Curry, and she'll never forget.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.✴

Concerns About Shared Use Paths

by Wendy McMullen

The recent proliferation of motorized bikes, scooters, skateboards and other motorized vehicles has left islanders confused about what is permitted on the island's shared use path, according to a number of residents speaking at last month's town hall meeting.

Resident Larry Haas emphasized that the shared use path is not a bike trail but a shared use path used by both pedestrians and bikers, and that people were not aware of the rules and regulations on the path.

Haas recommended that the city provide QR codes on placards at strategic points on the shared use path alerting bike riders and others to what is and what is not permitted on the paths.

"Let's get with the technology," Haas suggested. "Everybody who uses the bike path and uses the beaches has a phone. They could look at the phone and QR code and know the rules."

Of particular concern to users of the shared use paths are motorized bikes which can travel at speeds up to 28 miles

per hour. The only electric bikes that are permitted on the shared use path are those in which the motor only provides power when the biker is pedaling.

There are three classes of electric bikes: Class 1 is known as the pedal assist, where the motor operates only when the cyclist is pedaling and cuts out at 20 miles per hour. In Class 2 bikes, the motor is controlled by a throttle which continues to boost even when the bike is not pedaled. It, too, cuts out at 20 miles per hour. Class 3 also boosts without pedaling but can reach speeds up to 28 mile per hour. Only the first one is permitted on the shared use path. However, Councilman Mike Miller commented at a recent meeting that there are probably many people currently riding Class 2 bikes on the shared use path that don't know they are illegal.

To conform to city regulations, bike rental companies on the island are now disconnecting the throttle on Class 2 bikes, converting them to pedal assist bikes. However, as some city council members commented, off island bike rental companies and property owners supplying renters with bikes may not be aware of the rules.

Many city councilmembers were more concerned about how people were acting on the path rather than the class of bike

they were using.

"What we need to focus on is behavior on the shared use path," said Vice Mayor Richard Johnson. "The vast majority of the people who are on a Class 2 or Class 3 bikes don't even realize that that's offensive to us in the community and is prohibited by ordinance."

Motorized scooters, adult e-scooters, electric skateboards and motorized unicycles, many of which can travel up to 20 miles per hour, are not permitted on

the shared use path on Sanibel or on any other bike path in Florida. State rules only permit pedal assist bikes that travel up to 20 miles per hour on bike paths and only for riders over 16 years of age. The state also mandates helmets for all children under age 16, and bells and lights after dark.

Low speed pedaled three-wheel bikes are permitted on the shared use path as are mobility scooters for people with handicaps.✴

SPORTS QUIZ

1. What sports venue, demolished in 1999, did ESPN's Chris Berman nickname "The Big Sombrero" due to its unique shape?
2. What Hockey Hall of Famer from Finland won five Stanley Cup championships with the Edmonton Oilers from 1984-90?
3. What name did the Boston Braves baseball team begin using in 1936 until reverting to Braves in 1941?
4. What was the name of the dive executed by Thornton Melon (Rodney Dangerfield) in the 1986 comedy film *Back to School*?
5. What Spanish tennis player won three French Open singles titles and a U.S. Open singles title during her pro career from 1985-2002?
6. What martial art from Brazil incorporates elements of dance, acrobatics and music?
7. What Basketball Hall of Famer compiled a 5-11 record as head coach of the Los Angeles Lakers in 1994?

ANSWERS

1. Tampa Stadium. 2. Jari Kurri. 3. The Boston Bees. 4. The Triple Lindy. 5. Arantxa Sanchez Vicario. 6. Capoeira. 7. Magic Johnson.

The Rotary Golf Scramble


DATE:

Saturday, March 26, 2022

TIME:

Check-in 7:30am

Shotgun Start 8:30am

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Health First

Prevention Of Common Golf Injuries



by Julie
Rosenberg, MD

Over 26 million people in the United States report playing at least one round of golf per year. Living in Southwest Florida, golf is a way of life for many people.

Playing golf can provide moderate intensity physical activity and has overall positive associations with physical and mental health. However, the risk of sustaining an injury from playing golf can be significant. A 2017 study published in the *British Journal of Sports Medicine* reported that up to seven in 10 amateur golfers will suffer an injury at least once during their lifetime.

I recently started taking golf lessons and quickly began noticing aches and pains in my wrists, hands, shoulders and lower back. I realized that I needed to make time for a warm-up routine prior to each lesson. In recent months, I've studied a lot about golf and golf-related injuries. In this article, I discuss three of the most common golf injuries and steps

that you can take to prevent them.

Lower back pain – The golf swing is a repetitive, asymmetrical motion that is associated with high segmental angular velocities and compressive, torsional and shear loading of the spine. Injuries to the spine and lower back are the most common among amateur golfers – on average, 27 percent of amateur golfers suffer this type of injury. One of the primary causes of lower back pain is improper swing technique, which can lead to muscle strains. If your swing is rough or too forceful, it can put pressure on the ligaments supporting your spine and on the intervertebral discs.

Four preventive measures to lessen the risk of lower back pain include:

1. Warm up before playing. Warming up increases blood flow to your muscles and loosens them, making them less susceptible to injury.

2. Cool down after playing. Cooling down allows you to eradicate lactic acid buildup that commonly occurs while you are playing. Lactic acid buildup can result in muscular pain, stiffness and fatigue.

3. Work on your swing technique. A smooth and controlled golf swing will help to protect your back.

4. Maximize core strength. Good core strength is essential for balance and stability, and will help with both performance and injury prevention.

Golfer's elbow – Golfer's elbow, also known as medial epicondylitis, is a form of tendonitis that originates on the inside of your elbow where the tendons of your forearm muscles attach. Movements that

lead to golfer's elbow include repetitive wrist movements and frequent finger clenching, which causes the forearm muscles to contract continuously.

Signs and symptoms include:

Tenderness and pain involving the elbow that may spread to the hands and fists;

Swelling and stiffness at the elbow joint;

Weakness in the hand and/or wrist;

Numbness and tingling into the ring and pinky finger.

Here are four steps to help prevent golfer's elbow:

1. Practice your grip. If you grip your club too tightly, it can lead to golfer's elbow.

2. Stretch and strengthen your forearm muscles. Recommended exercises include wrist curls using a light dumbbell, reverse wrist curls, and squeezing a tennis ball for two to three minutes at a time.

3. Use the right equipment. If you're using older golfing irons, consider upgrading to lighter graphite clubs.

4. Know when to rest. Don't overuse your elbow; at the first sign of elbow pain, take a break.

Wrist injury – Many golfers experience golfers' wrist, a condition that commonly results in tendinitis of the extensor carpi ulnaris tendon in the wrist. This type of injury can be caused by overuse, poor form (such as over-cocking the wrist), poor swing technique or trauma to the area.

Four ways to help to avoid golf-related

wrist pain and injury include:

1. Work on strength and conditioning. The ulnar side of the wrist is a vulnerable area; you can protect by stretching before and after the game.

2. Refine your technique. Consider working with a golf coach who can help you optimize your swing technique.

3. Make sure that you have the right equipment. Clubs that are too short or too long can exacerbate the problem.

4. Warm up. Stretch before you play to loosen upper extremity muscles and joints.

In summary, although golf is a low-impact sport, the opportunities for overuse and poor technique are significant. Amateur golfers are more than twice as likely to sustain injuries when compared to professional players.

Injury prevention is key for golfers at all levels. Practice good form. Use the right equipment. Be mindful of overuse. Enjoy the game!

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✱

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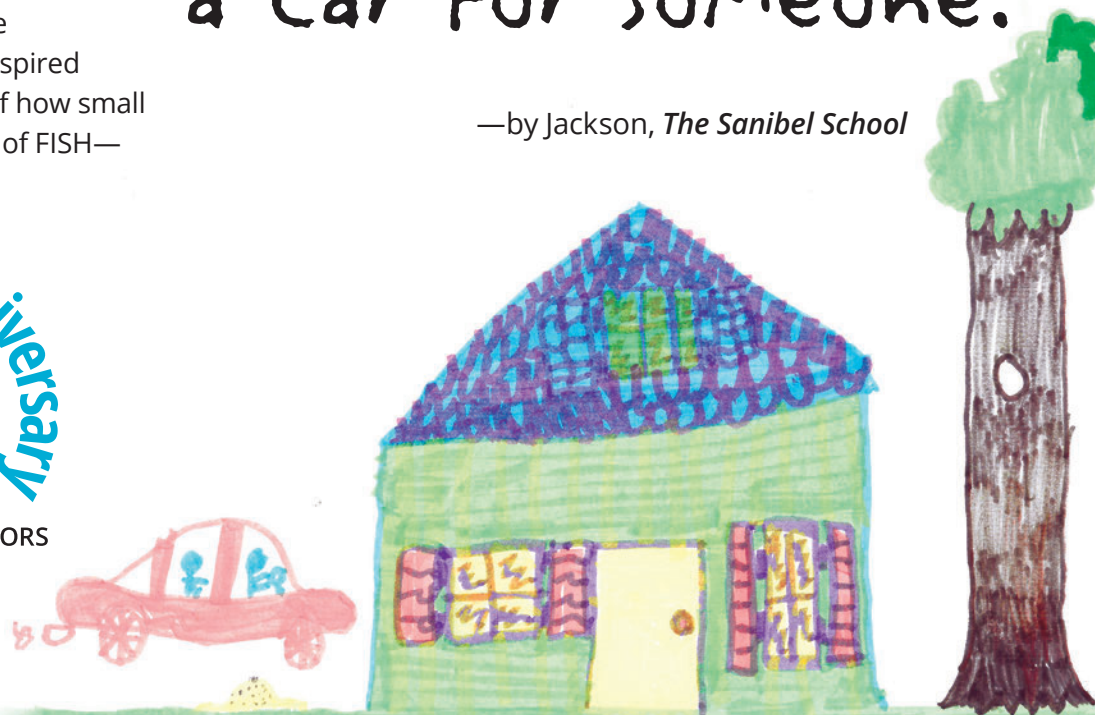
In honor of FISH's 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.

—by Jackson, *The Sanibel School*



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Unusual Health Benefits Of The Eucalyptus Leaf



by Suzy
Cohen, RPh

To me, eucalyptus oil is one of the best essential oils you'll ever find. It has so many uses. If you don't want a little bottle of this, I suggest the plant leaves that are sold

in a bunch. You can get them dried or fresh, and you can shower with them.

The compound that does the work in eucalyptus is called "1,8-cineole" and it breaks up mucus and reduces spasms in the respiratory tract. This compound has proven clinical efficacy for many diseases including bronchitis, asthma and chronic obstructive pulmonary disease (COPD). Did you know eucalyptus oil is one of the main ingredients in the famous product called Vicks VapoRub? This is an over-the-counter drug that contains a lot of camphor and some eucalyptus too, which treats cough and muscle/joint pain. There are many other topical products sold online today that contain similar active ingredients.

As for the beautiful plant itself, you can buy a bundle easily. I received a eucalyptus flower bouquet from a friend for the sole purpose of hanging it in the shower. She sent it to me for this very purpose. The hot steam from the shower helps activate and release eucalyptus oil compounds especially the 1,8-cineole. If this is too strong for you, or unpleasant, but you still want the benefits of this breathing compound, then just put 5 or 10 drops in a large bowl of hot water. Cover your head with a towel and breathe in the aroma for about 10 minutes. Finally, you can use 10 to 20 drops in the bathtub, or you can use a carrier oil-like coconut oil to rub some on your skin.

The health benefits of 1,8-cineol found in eucalyptus may help: relieve chest tightness and congestion;

promote feelings of relaxation; ease breathing; reduce sinus inflammation; help a stuffy nose; helps with allergies; and improve symptoms of asthma, bronchitis, anxiety and tension.

Aside from the respiratory benefits that are well documented, 1,8-cineol has been shown to help relieve pain in people who underwent knee surgery. It also can help with sinus headaches and possibly even certain forms of heart disease and skin cancer. These unusual benefits speak to the power of the plant, and even though we need more studies and data, it's still good news.

One fun fact about eucalyptus is that it's a natural bug repellent. Bees and butterflies don't like it. Luckily, the flowers don't have actual petals, but rather hundreds of stamens so it can self-pollinate without the need for natural bug pollinators.

Incorporating eucalyptus is easy. It can be found in many products, including herbal teas, decongestants, cough suppressants, mouthwash and dental formulas, skin care products, natural candles, special infused Epsom bath salts, and muscle rubs. If you make changes to your daily health regimen, always ask your doctor if it's right for you. If you'd like to read the longer version of this article, sign up for my free newsletter at www.suzycohen.com

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Free Dental Service For Kids

The Dental Hygiene program at Florida SouthWestern State College (FSW) Lee Campus will host its annual Give Kids A Smile Day in Building A on Thursday, March 24 and Friday, March 25 from 8 a.m. to 1 p.m.

Children ages 3 through 17 will receive free dental services on a first-come, first-served basis. Services that will be offered at no charge include dental cleanings, x-rays, dental sealants and a dental examination. Health educational activities, wellness

assessments and child safety education will also be provided.

FSW Lee Campus is located at 8099

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I am experiencing some grieving from losses I have had this year, some due to the pandemic. Is there a set time I should be over all of this?

A: Many things were lost during the COVID-19 pandemic, from loved ones to jobs, to housing, travel, vacations, consistent income, to sobriety. At some level, everyone has lost personal freedom.

If you lost loved ones, there is no magical time that you come to acceptance. With all of the other losses on top of losing loved ones, it makes acceptance even more challenging. One never really "gets over" the loss of a loved one, however we can heal in time from this loss. Every loss, no matter how large or small, requires time for grieving. In this period, we acknowledge the loss and the pain, and trauma that this loss has created. By

ignoring the pain and trivializing the loss, the pain is pushed deeper, making it harder to resolve later.

Unhealthy grieving manifests in many ways including anger, complaining, whining and displaying a repeated sense of victimization. The process of healthy grieving invites to acknowledge the loss, and respond to the emotional pain associated with it. Resiliency conveys strength and endurance, and it also requires self-compassion. Taking time to heal emotional wounds is essential, and the first step in pushing the reset button to move forward.

Just as we attend memorials, one suggestion for healthy grieving is to create a ceremony to acknowledge our loss helps move the pain. Writing a poem, planting a tree or bulbs or creating a photo collage are just a few ways to move through the grieving process. For healing to occur, one must move through the loss, and it's what you do with the time that heals.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance@drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✱

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Happy Healthy Backs



by Ross Hauser, MD
and Marion Hauser, MS, RD

You may or may not realize that back injuries affect nearly two million people annually in the United States, with most people (80 percent) having experienced a back injury at one point in their lives. It has remained one of the top causes of job-related injuries and reasons for calling out sick from work. Many people will eventually develop chronic back pain problems if they do not consider injury prevention and spine health. Our bodies are in constant states of breakdown, so it is in our best interest to do all we can do to keep them healthy – including our backs. The doctor and dietitian are no exception to these stats – we have experienced back

injuries from our various athletic events and from improper lifting or twisting. Thankfully, we have been able to keep our backs healthy and continue to work on keeping them that way. Some patients are told they have bulging discs or arthritis in their backs. They receive MRIs that do not reveal the cause of the pain. Patients are offered steroid shots to “help the pain for a short time.” Then the pain returns, and they are offered oral pain meds. Eventually, this may lead to back surgery that has very low success rates. All the while, that patient remains in pain.

So the thing about the above scenario is that many other treatment modalities exist that can help the above scenario and keep people out of the surgical suite, including regenerative treatments, such as prolotherapy, and chiropractic care, including manual therapy, dry needling, and gentle adjustments, that we provide at Caring Medical.

Before you must go down the road described above, we want to encourage you not to take your back for granted. Are you slowly losing your ability to bend down to put your shoes and socks on your feet? Do you find yourself looking for a chair to sit down in? Are you less able to walk around the grocery store, work, or even at home? Are you doing a lot of sitting and not a lot of activity? You could be headed for some back trouble.

Tips for maintaining a healthy back:

1. Lift properly. If you are hauling dirt to the backyard, make sure you squat down and contract your abs and push with your legs.
2. Work on keeping your weight within normal limits. Carry around an extra 25- to 50-pound pack for a while and see the effect it has on your back.
3. Keep your abdominals, core and back strong. A strong core protects your back. Marion knows this all too well, having suffered that bike crash a few years ago that caused her not to be able to feel her abs for a long time – and she is still working on getting them back. Weak abdominals pull your back out of proper alignment.
4. Do not sit for long periods of time. If you work at a computer, find a way to remind yourself to get up every hour and walk around. When you are sitting, make sure you have proper posture and do not slouch, engage your core. Try using a standing desk for some of the day.
5. Eat a healthy

diet. Consuming bone-degenerating and non-strength-building foods only makes matters worse. Soda, especially colas, cause degeneration. Time to dump. 6. Get outside and move around. Not only will getting outside provide you with sunshine and vitamin D, but it will give you energy, make you smile and keep you moving. Try to take at least a 30-minute walk per day. 7. Maintain your flexibility by performing stretches, Pilates, yoga, or pool workouts. Utilize a qualified trainer or physical therapist to keep you on the right road.

We only have one body and one life. Let's make the most of it.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.

Hope Hospice Earns National Accreditation

Hope Hospice is among a select number of organizations across the country that has earned accreditation from the National Institute for Jewish Hospice (NIJH).

Hope Hospice is one of 52,000 members of NIJH working together to provide enhanced care to address the diverse needs of Jewish families in a caring, dignified manner.

“At Hope, we make every effort to serve each person, at every stage

in their life's journey, in a culturally sensitive way,” said Samira K. Beckwith, president and CEO of Hope Healthcare. “We seek programs and accreditations that will elevate the care and support we provide our community. Hope is proud to have this distinct accreditation from NIJH and will continue to strive for excellence in our staff training and the services we offer.”

As an NIJH-certified organization, Hope Hospice has access to resources and training about customs, values, traditions and practices that may arise while caring for Jewish hospice patients and their loved ones.

For more information, visit www.hopehcs.org.

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On Call Captiva Deputy	477-1000
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Fire Department, Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City Council	472-4135
City Building Department	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva	472-1674
Sanibel Community House	472-2155
Center 4 Life, Senior Center	472-5743
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BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Herb Strauss Schoolhouse Theater	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Chorale of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson)	211 984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service	472-0404
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assoc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS, Protection of Animal Welfare Society	239-699-6310
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer	395-2040
SCCF Sanibel-Captiva Conservation Foundation	472-2329
SCCF Sea Turtle Hotline	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline	211 433-2000
Zonta Club	728-1971

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press@islandsunnews.com

Answers on page 31B

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"She'd rather die than wear

Thin ☐ ☐

PASSER ☐ ☐ ☐ ☐ ☐ ☐

Orange ☐

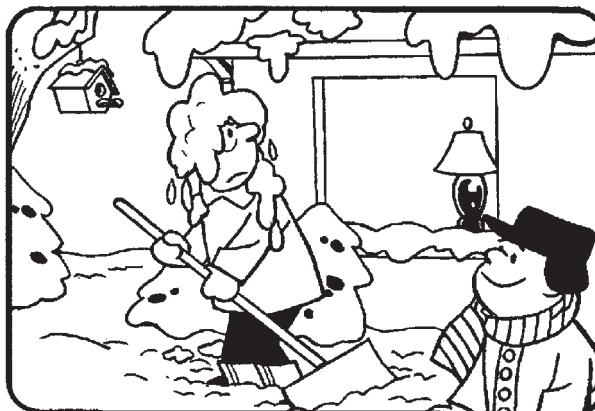
Divine ☐ SCARED ☐

Blind ☐ ☐

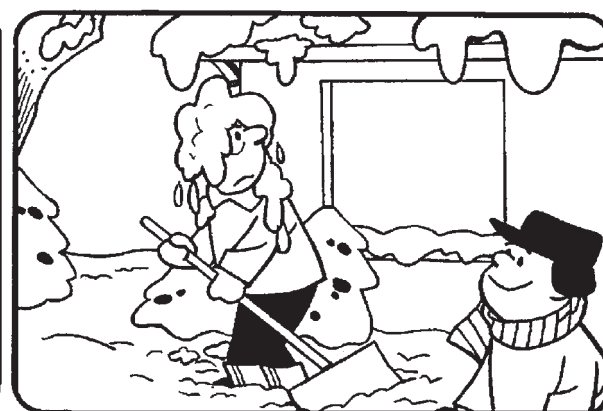
LARGE

TODAY'S WORD

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Birdhouse is missing. 2. Handle is shorter. 3. Jacket is shorter. 4. Lamp is missing. 5. Scarf is shorter. 6. Buttons are missing.

		9			3			7
	1		6			5		
5		4		8			9	
	6				2		5	1
		7	9					8
8				3		9		
		2	1			3		
4			7	2			6	
	8				5			4

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 31B

Super Crossword CONFORMITY

- ACROSS
- 1 Competitor
- 6 Least hilly
- 14 Spring birds
- 20 Adult insect stage
- 21 Irish moss or nori
- 22 Insect's egg capsule
- 23 Steady job, say
- 25 Money, slangly
- 26 Egg on
- 27 See
- 110-Across
- 28 One — kind
- 30 Israeli politician
- Weizman
- 31 Waikiki locale
- 33 Catholic liturgy
- 35 Steak/lobster combo dish
- 39 Leave behind
- 41 Aquarium shop supply
- 42 Endowing organization
- 45 Didn't allow to pass, as a bill
- 50 Swimmer
- Gertrude
- 51 "— the night before ..."
- 54 Novelist — Stanley Gardner
- 55 Pass, as a bill
- 59 "Lady Love" singer Rawls
- 60 Really hate
- 62 Jeans brand
- 63 Recline lazily
- 64 Regulating system
- 67 Main nun
- 69 Nest egg abbr.
- 70 Estevez of "Tex"
- 71 Attractive
- 78 Tesla's Musk
- 79 Volley starter
- 80 Flora and fauna
- 81 GPS display
- 82 Vogue thing
- 83 Uruguay's Punta del —
- 84 Good buds
- 85 Campout fuel
- 87 Suffer from hunger
- 89 Like an attention-grabbing actor
- 96 Unrefined petroleum
- 99 Eppie who's known as
- Ann Landers
- 100 Home-state candidate
- 104 Skillful feat
- 106 Clodhopper
- 107 Pitcher Hershiser
- 108 Grassy tract
- 109 Deceive
- 110 With
- 27-Across, makeshift sheds
- 112 Theater area
- 114 What the starts of seven answers in this puzzle might do?
- 121 California beach city
- 122 Online merchants
- 123 Sharpens
- 124 Appraise
- 125 Sign on a dead-end street
- 126 Start
- DOWN
- 1 Grafton's "— for Ricochet"
- 2 "If u ask me ..."
- 3 Singer Sarah
- 4 Bad way for a ship to run
- 5 "Livin' La Vida —"
- (1999 #1 hit)
- 6 Swing to and —
- 7 Some jabs in the ring
- 8 "Ciao!," in Chihuahua
- 9 Gets bronze
- 10 Special attention, for short
- 11 Conceit
- 12 Singer Cooke
- 13 Start a golf hole
- 14 Longtime Russian dynasty members
- 15 Large gametes
- 16 "Carmen" composer
- Georges
- 17 D-Max pickup truck maker
- 18 Appellation bestower
- 19 Neck warmer
- 24 Halley of Halley's comet
- 29 — Schwarz (toy store)
- 31 Clodhopper
- 32 — Dhahi
- 34 San — (Texas city near Abilene)
- 35 Ungodliness
- 36 The Trojans of the NCAA
- 37 Musical beat
- 38 1950s prez
- 40 Losing effort?
- 41 Add-on charge
- 43 Cal's twin in "East of Eden"
- 44 Fill to excess
- 46 More itty-bitty
- 47 Redenbacher of popcorn
- 48 Omission of a syllable
- 49 Archbishop Tutu
- 52 Affliction
- 53 Projectile path
- 55 Slips by
- 56 Most majestic
- 57 Calgary locale
- 58 Meat cutter
- 60 Large artery
- 61 Ho-hum
- 62 Hasty escape
- 64 2000-15 CBS drama
- 65 Prison melee
- 66 Laugh half
- 68 ND-to-LA dir.
- 72 Rockets' gp.
- 73 Actor Gerard
- 74 Chucks out
- 75 Art Deco artist
- 76 Summers, in Somme
- 77 Dr. Seuss' title turtle
- 82 Warty hopper
- 84 Very risky
- 85 Hit sketch show since '75
- 86 Tattooing tool
- 88 Outmoded TV adjunct
- 90 Aviary sound
- 91 A, in Berlin
- 92 Classic Chrysler
- 93 Heat-attached patches
- 94 Prefix with natal
- 95 Mutt's threat
- 97 Adaptable truck, in brief
- 98 Stun with sound
- 100 Pro — (perfunctory)
- 101 Opera songs
- 102 Osso buco meats
- 103 "Kukla, Fran and —"
- 104 Carpentry peg
- 105 — nous
- 109 Stallion-to-be
- 111 Iterate
- 113 Samantha Bee's station
- 115 Southern Sioux
- 116 Thai tongue
- 117 Lucy of TV's "Elementary"
- 118 1940s prez
- 119 Really little
- 120 July hrs.

1	2	3	4	5		6	7	8	9	10	11	12	13		14	15	16	17	18	19
20						21									22					
23					24										25					
		26					27						28	29			30			
31	32				33	34				35	36	37				38				
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63					64				65						66					
67				68					69						70					
71						72	73	74				75	76	77			78			
79						80						81				82				
83					84					85					86					
87				88				89	90	91							92	93	94	95
				96		97	98							99						
100	101	102	103									104	105				106			
107					108						109				110	111				
112				113			114	115	116	117				118					119	120
121							122									123				
124							125									126				

King Crossword

- ACROSS
- 1 Taj Mahal city
- 5 Chatter
- 8 Pugilist's weapon
- 12 Regrets
- 13 Half of bi-
- 14 Bygone Peruvian
- 15 Diamond parts
- 17 Miles away
- 18 Thai or Korean
- 19 Oscar contenders
- 21 Leaves
- 24 Medit. nation
- 25 Buckeye State
- 28 Take five
- 30 Yoga pad
- 33 Mafia boss
- 34 Emulate Lincoln
- 35 Bedazzle
- 36 Dict. info
- 37 Nick and Nora's pet
- 38 Arm bone
- 39 Fireplace residue
- 41 Luminary
- 43 Charlton Heston film
- 46 Seraglio
- 50 Aware of
- 51 Endless time or space
- 54 Burning heap
- 55 Automobile
- 9 Casual planet
- 10 Cicatrix
- 11 Old salts
- 16 Rock's Brian
- 20 Refer to
- 22 Messes up
- 23 Plane assignments
- 25 Peculiar
- 26 Garden tool
- 27 Foot soldiers
- 29 Sports figure?
- 31 Bristle
- 32 Chai, e.g.
- 34 Diamond Head locale
- 38 Seventh
- 40 Loafers, e.g.
- 42 Sashimi fish
- 43 Conks on the head
- 44 "May It Be" singer
- 45 "Casablanca" cafe owner
- 47 Teeming
- 48 Harrow rival
- 49 Island in a computer game
- 52 Scot's refusal
- 53 Saute
- DOWN
- 1 Met solo
- 2 Weaponry
- 3 Mortgage again, for short
- 4 Italian cheese
- 5 Actor Brynner
- 6 Moreover
- 7 Galileo's birth-place
- 8 Decrees

MAGIC MAZE ● "GEORGIA ON MY MIND"

T S Q N T K H E B Y T W T R O

L J G E B H L E Y W E U R P N

K U I G D S G U Y B E Z X V S

Q O O M K I M I F E W G E C A

E R A Y C H A R L E S Y W U S

Q C A H O P S I A N C N L J H

F E A E S T M M C R O A D A Y

X O V E L S K U A S E O E Q P

W N N M P C K C J E H H M P F

E I C T U O H C A E R B T Z Y

P Y L R E D N E T B X D V O U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: JUST AN OLD — SONG

- Back to you
Clear
Dreams
Eyes
- Moonlight
No peace
Other arms
Peaceful
- Pines
Ray Charles
Reach out
Road
- Smile
Tenderly
Woah

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 FRIDAY Sunny High: 80 Low: 72	 SATURDAY Sunny High: 79 Low: 73	 SUNDAY Sunny High: 80 Low: 72	 MONDAY Partly Cloudy High: 84 Low: 78	 TUESDAY Partly Cloudy High: 80 Low: 72	 WEDNESDAY Mostly Cloudy High: 78 Low: 73	 THURSDAY Mostly Cloudy High: 77 Low: 69								
Redfish Pass Tides		Point Ybel Tides			Punta Rassa Tides		Cape Coral Bridge Tides							
<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>
Fri	1:45 am	8:00 am	2:20 pm	7:59 pm	Fri	12:50 am	8:02 am	1:25 pm	8:01 pm	Fri	1:33 am	8:15 am	2:09 pm	8:25 pm
Sat	2:30 am	8:23 am	2:35 pm	8:42 pm	Sat	1:35 am	8:25 am	1:40 pm	8:44 pm	Sat	2:11 am	8:44 am	2:24 pm	9:07 pm
Sun	3:19 am	8:44 am	2:56 pm	9:30 pm	Sun	2:24 am	8:46 am	2:01 pm	9:32 pm	Sun	2:58 am	9:12 am	2:34 pm	9:50 pm
Mon	4:14 am	9:03 am	3:21 pm	10:24 pm	Mon	3:19 am	9:05 am	2:26 pm	10:26 pm	Mon	3:59 am	9:38 am	2:53 pm	10:34 pm
Tue	5:22 am	9:17 am	3:52 pm	11:29 pm	Tue	4:27 am	9:19 am	2:57 pm	11:31 pm	Tue	5:06 am	10:00 am	3:23 pm	11:25 pm
Wed	7:08 am	9:07 am	4:30 pm	None	Wed	6:13 am	9:09 am	3:35 pm	None	Wed	6:17 am	10:16 am	4:05 pm	None
Thu	5:19 pm	12:50 am	None	None	Thu	4:24 pm	12:52 am	None	None	Thu	7:45 am	12:37 am	4:56 pm	10:25 am

My Stars ★★★★★
FOR WEEK OF MARCH 14, 2022

Aries (March 21 to April 19) Keep an open mind about a suggestion you see as unworkable. Give it a chance to prove itself one way or another. The results could surprise both supporters and detractors.

Taurus (April 20 to May 20) News about an upcoming venture causes you to make some last-minute adjustments in your plans. But the extra work will

pay off, as you come to learn more about the potential benefits opening up.

Gemini (May 21 to June 20) A more positive aspect grows out of your determination to reach your immediate goals. Continue to keep your focus sharp and on target by steering clear of petty quarrels and other pesky problems.

Cancer (June 21 to July 22) By acting as a voice of reason, you can avoid adding to an already turbulent situation. You might have to shout over the tumult, but your words ultimately

will be heard and heeded.

Leo (July 23 to August 22) The possibility of a new acquisition always makes those Leonine eyes light up. But be careful that what you see is what you want. Appearances often can be deceiving.

Virgo (August 23 to September 22) No matter how much you might feel that you're in the right, resist saying anything that could reignite a still-unresolved situation. Let the matter drop, and move on.

Libra (September 23 to October 22)

Help with a personal problem comes from an unexpected source. You also find workplace pressures easing. Use this period of calm to restore your spent energies.

Scorpio (October 23 to November 21) You might have to share the credit for that project you're working on. But there'll be enough credit to go around, and your efforts will be recognized and rewarded.

Sagittarius (November 22 to December 21) Details need to be dealt with before you can move on to

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another area. Make sure you don't leave any loose ends that could later cause everything to unravel.

Capricorn (December 22 to January 19) News about a change in the workplace carries with it a challenge you could find difficult to resist. Check it out. It could be just what you've been waiting for.

Aquarius (January 20 to February 18) Allowing your artistic nature full expression will help restore your spirits and will put you in the mood to take on that new career challenge. A Libra creates excitement.

Pisces (February 19 to March 20) Expect to happily plunge right into a hectic social whirl starting at week's end. Your aspects favor new friendships as well as the strengthening of old relationships.

Born This Week: Like St. Patrick (who was also born this week), your spiritual strength is an inspiration to others.

MOMENTS IN TIME

- On March 24, 1603, after 44 years of rule, Queen Elizabeth I of England dies. Elizabeth had repealed pro-Catholic legislation, established

a permanent Protestant Church of England and encouraged voyages of discovery.

- On March 21, 1871, journalist Henry Morton Stanley begins his famous search through Africa for the missing British explorer Dr. David Livingstone. When Stanley found him on Oct. 27, he stepped forward and stretched out his hand: "Dr. Livingstone, I presume?"

- On March 22, 1893, the first women's college basketball game is played at Smith College in Northampton, Massachusetts. Each made basket counted as one point with the game lasting two 15-minute halves. The game had been invented in 1891 by Dr. James Naismith, with rules for men and women the same.

- On March 27, 1912, in Washington, D.C., first lady Helen Taft and the Viscountess Chinda, wife of the Japanese ambassador, plant two Yoshina cherry trees on the northern bank of the Potomac River, near the Jefferson Memorial. The event was held in celebration of a gift, by the Japanese government, of 3,020 cherry trees to the U.S. government.

- On March 23, 1962, Pakistan's

governor Ayub Khan gives first lady Jacqueline Kennedy a horse she nicknamed Black Jack. Jackie chose Black Jack to serve as the ceremonial riderless horse during Pres. John Kennedy's funeral.

- On March 26, 1950, ever on a witch hunt, Sen. Joseph McCarthy charges Johns Hopkins University Professor Owen Lattimore with being a top spy for the Soviet Union. Lattimore's career was ruined, even though no evidence ever surfaced to support the charges.

- On March 25, 1983, during filming of the television special *Motown 25*, Diana Ross, formerly of the Supremes, shoves Mary Wilson out of the spotlight. It later had to be edited out. Smokey Robinson stepped in onstage to keep between the two warring Supremes.

NOW HERE'S A TIP

- Lettuce will last longer if you store it in the crisper drawer in a clean paper bag.

- "Try using an empty glass wine bottle (remove the label) for rolling out pie crust or any dough. It is the best thing I've ever used... nothing sticks to the glass, unlike my wooden rolling pin,

which is now in the back of my cabinet for good after using it for decades!" – LF in Texas

- Peas, spinach, sweet potato, squash and carrots can be pureed and added to baked goods to increase fiber and nutrients. They are especially useful in soups to thicken a broth without adding fat. You can sneak some veggies into unexpected places, too – like cookies, pancake batter and pasta dishes, or make a flavorful sandwich spread.

- "When you get a new pair of running shoes, treat the insides with spray starch. We have always done this, and it keeps them fresher longer." – SM in Indiana

- Tubes make it easy to access toothpaste when they are full, but it's sometimes hard to get that last bit out. Here's a tip from CW in Oregon: "To get the last bit of a tube of toothpaste to come out, run the tube under warm water for a few seconds. There's more still in there than you think!"

- It's easy to sort hardware using a muffin pan. If you get a pan that has 12 depressions, you can line up nails and screws and such according to size,

continued on page 30B

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PETS OF THE WEEK

Lee County Domestic Animal Services

Cowboy And Mighty

Hello, my name is Cowboy. I am a red 8-year-old male Welsh corgi mix. I am a little guy who likes every dog I have met during my stay here at the shelter. I am not a big barker as I speak with my eyes. If you are looking for a hero, how about a Cowboy. At just 20 pounds, I am the perfect size for apartment or condo living.

My adoption fee is \$25. Hi, I'm Mighty. I am a white 1-year-old rat. I may not be a mouse, but I am as cute as one. You never know what you can find to adopt here at Animal Services. Right now we have dogs, cats, bunnies and me, a rat. Rats make great



Cowboy ID# A6111156 photos provided

and easy to care for pets. My adoption fee is \$5.

This month, Animal Services is celebrating Deputy Chance, a Lee County Sheriff's Office member and a formerly abused and abandoned dog deputized by Sheriff Carmine Marceno. Deputy Chance is proof of how giving shelter pets a new "leash" on life can be rewarding. Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.



Mighty ID# A9109598

From page 29B
Now Here's A Tip
making it even more convenient.

STRANGE BUT TRUE

- The shamrock, called the "seamroy" by the Celts, was considered a sacred plant that symbolized the arrival of spring. According to legend, St. Patrick used it as a visual guide when explaining the Holy Trinity. By the 17th century, it had become a symbol of emerging Irish nationalism.
- There's a doughnut shop in Clare, Michigan, that's owned entirely by cops.
- A long-haired tortoiseshell cat named Towser holds the Guinness World Record for catching mice – an estimated 28,899 in 24 years – as the pest control expert at the Glenturret whiskey distillery in Scotland.
- Between 1912 and 1948, Olympic medals were given out for sporting-inspired masterpieces of architecture, music, painting, sculpture and literature.
- Subaru WRX owners are the most likely in the U.S. to have a prior speeding citation.
- The average energy expended during the ladies Wimbledon tennis final match adds up to 1.56kWh, which is enough power to keep an iPhone charged for a year.
- Hackers were prevented from stealing nearly \$1 billion after misspelling

the word "foundation" as "fandation" on a payment transfer. However, they were still able to swipe roughly \$80 million before their typo tipped off the banks.

- Nineteen-year-old Shayla Wiggins, of Wyoming, found a man's corpse in a river while she was playing Pokemon Go.
- In 2014, South Korea produced an alternative version of their national anthem Aegukga, which was two keys lower in order to make it easier for kids in school, especially boys going through puberty, to sing.
- When actor Dwayne Johnson was in high school, his height of 6-foot-4 and weight of 225 pounds had some of his classmates suspecting he was an undercover cop.

THOUGHT FOR THE DAY

"One who knows how to show and to accept kindness will be a friend better than any possession." – Sophocles

TRIVIA TEST

1. **Geography:** In which U.S. state is the Devils Tower monument located?
2. **Legal:** Which U.S. Supreme Court justice served for the longest period of time?
3. **Television:** Which biker drama is set in the town of Charming, California?
4. **Weather:** What kind of natural disaster is caused by an underwater

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3/11 ★ 3/18

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3/11 ★ 3/18

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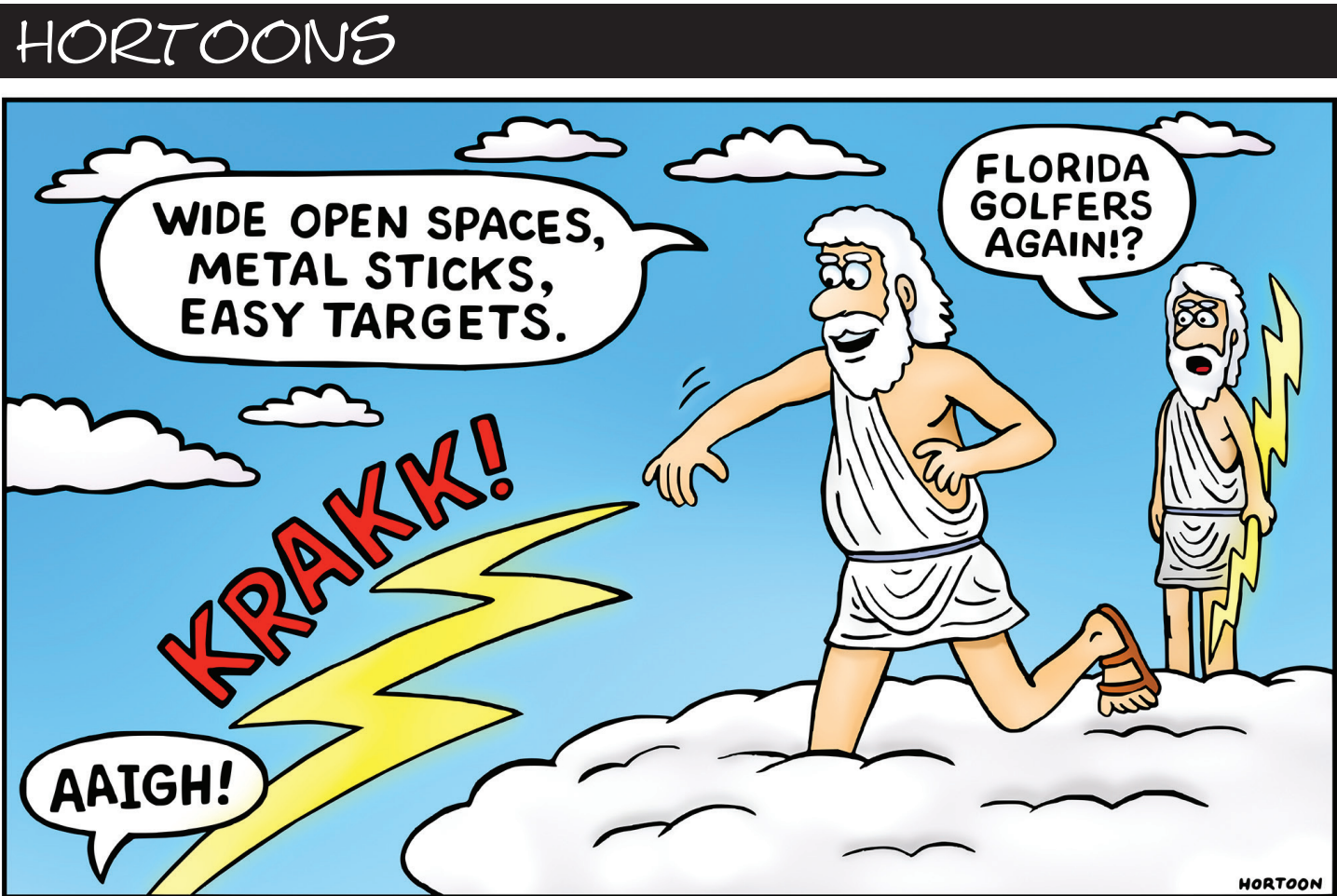
- earthquake or volcanic eruption?
- 5. **U.S. Presidents:** Which president founded the University of Virginia?
 - 6. **Animal Kingdom:** What is a young hare called?
 - 7. **Chemistry:** Which two elements on the Periodic Table are liquid at room temperature?
 - 8. **Literature:** Which 20th-century novel features the characters Leopold and Molly Bloom?
 - 9. **Astronomy:** What planet in our solar system is the farthest from the sun?
 - 10. **Movies:** Which movie portrays the beginnings of Facebook founder Mark Zuckerberg?

TRIVIA ANSWERS

1. Wyoming 2. William O. Douglas (36 years) 3. *Sons of Anarchy* 4. Tsunami 5. Thomas Jefferson 6. A leveret 7. Bromine and Mercury 8. *Ulysses* (James Joyce) 9. Neptune 10. *The Social Network*

SCRAMBLERS ANSWER

1. Sparse 2. Carrot
3. Sacred; 4. Glare
Today's Word
GLASSES



PUZZLE ANSWERS

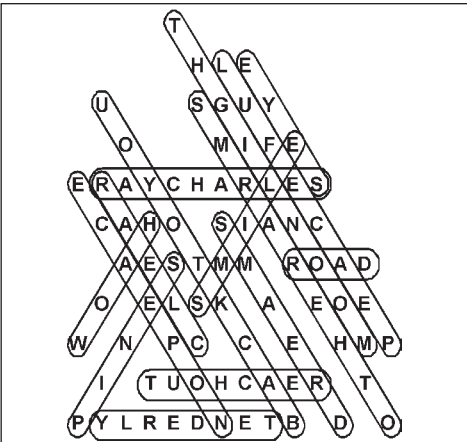
SUPER CROSSWORD

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KING CROSSWORD

A	G	R	A	Y	A	P	F	I	S	T
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MAGIC MAZE



SUDOKU

6	2	9	4	5	3	8	1	7
3	1	8	6	7	9	5	4	2
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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Sanibel	2003	6,639	\$7,500,000	\$6,750,000	821
Bayfront Gardens	Bonita Springs	2014	4,447	\$5,900,000	\$5,900,000	6
Southport On The Bay	Bonita Springs	2010	4,206	\$4,699,000	\$4,600,000	2
Watson WW	Fort Myers Beach	2009	2,537	\$4,500,000	\$4,500,000	181
Cases	Fort Myers Beach	1985	3,264	\$4,399,000	\$4,350,000	4
Savona	Cape Coral	1999	5,223	\$3,195,000	\$2,925,000	96
Cape Harbour	Cape Coral	2011	2,985	\$2,190,000	\$2,015,000	26
Carolands	Bonita Springs	1991	1,890	\$1,999,900	\$1,850,000	21
Cape Coral	Cape Coral	2021	2,613	\$1,750,000	\$1,775,000	30
Lake Forest At Shadow Wood	Estero	2001	3,554	\$1,775,000	\$1,775,000	0

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• 5 BR, 5.5 BA Main House
• 2 BR, 2 BA Guest House
\$7,250,000 **Call for Details!**
McMurray & Members 239.850.7888

CAPTIVA ISLAND



17201 CAPTIVA DR., CAPTIVA
• Private Beach & Bay, Dock & Lift
• Pool/Spa, Gated, Elevator, Generator
\$5,650,000 **MLS# 221078264**
Trevor Nette 239.281.4435

HUSCHKA
UNDER CONTRACT



489 SAWGRASS PL., SANIBEL
• European Style Custom Built Residence
• 5 BR, 5 BA, 5,000+ Living S.F.
\$2,150,000 **MLS# 222003912**
Trevor Nette 239.281.4435

SEASPRAY



1321 SEASPRAY LN., SANIBEL
• Near Beach, Large Buildable Homesite
• Small Beach Community
\$899,000 **MLS# 221016939**
John Nicholson, McMurray & Members 239.849.3250

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SANIBEL ISLAND



1223 PERIWINKLE WAY, SANIBEL
• Commercial Property & Restaurant
• Popular Sanibel Establishment
\$6,500,000 **MLS# 221068810**
Tracy Walters 239.994.7975

SANIBEL / COMMERCIAL



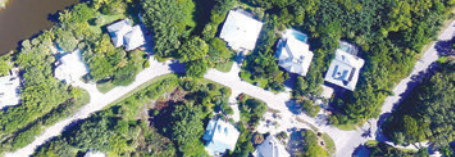
1523/1531 PERIWINKLE WAY, SANIBEL
• 200'+ Sanibel River & Periwinkle Frontage
• Multiple Parcels, 3+/- Acres
\$4,950,000 **MLS# 221074233**
Trevor Nette 239.281.4435

CYPRINA BEACH
UNDER CONTRACT



695 E. GULF DR. #7, SANIBEL
• Remodeled, Redesigned 3 BR, Gulf Views
• Quartz Counters, SS, 3 Full Baths
\$1,749,000 **MLS# 222003255**
Jason Lomano 239.470.8628

SEA OATS
UNDER CONTRACT



490 SEA OATS DR., SANIBEL
• Premier Near Beach Vacant Lot
• Steps to Beach, Across W. Gulf Drive
\$699,000 **MLS# 222007377**
Trevor Nette 239.281.4435

SANIBEL ISLAND
NEW LISTING



0 W. GULF DR., SANIBEL
• 104'+ Beachfront
• Incredible Opportunity, Ideal Location
\$5,995,000 **Call for Details!**
McMurray & Members 239.850.7888

GULF RIDGE



5085 JOEWOOD DR., SANIBEL
• Direct Beachfront Lot
• Over 2 Acres of Privacy
\$4,250,000 **MLS# 222014783**
Trevor Nette 239.281.4435

SOUTH SEAS ISLAND RESORT



2635 BEACH VILLAS, CAPTIVA
• "Captivating" Beachfront 3 BR, 3 BA + Loft
• Unlimited Owner Use, Improved Investment Income
\$1,600,000 **MLS# 221084901**
Maureen Ahmed 239.839.7250

DEVONWOOD



15831 HAMPTON VIEW CT., FT. MYERS
• 1+/- Acre Lot in Gulf Access Community
• Build Your Dream Home
\$650,000 **MLS# 222011125**
Chad Reedy, McMurray & Members 239.989.8838

CAPTIVA ISLAND
NEW LISTING



15261 CAPTIVA DR., CAPTIVA
• 4 BR, 4.5 BA, Deep Water Dock w/Lift
• Stofft Cooney Design, Waterfront Oasis
\$10,989,000 **MLS# 222017297**
McMurray & Members 239.850.7888

CAPTIVA ISLAND
UNDER CONTRACT



16611 & 16615 CAPTIVA DR., CAPTIVA
• 6 BR, 6 BA Estate, Across from Beach
• 3 Boat Lifts, 2 Covered Boathouses
\$7,495,000 **MLS# 222010352**
Tracy Walters 239.994.7975

GULF RIDGE



5089 JOEWOOD DR., SANIBEL
• 2 Acres of Beachfront
• Private & Secluded, Stunning Sunsets
\$5,750,000 **MLS# 222013970**
Trevor Nette 239.281.4435

CAPTIVA ISLAND
NEW LISTING



14808 CAPTIVA DR., CAPTIVA
• Commercial &/or Residential Opportunity
• Steps to Beach, Shops & Dining
\$2,389,000 **MLS# 222015322**
McMurray & Members 239.850.7888

HUSCHKA



451 SAWGRASS PL., SANIBEL
• Incredible Building Site on West Gulf Drive
• Beach Access Directly Across Street
\$949,000 **MLS# 221088972**
John Nicholson, McMurray & Members 239.849.3250

SANIBEL HARBOUR YACHT CLUB



15051 PUNTA RASSA RD. #407, FT. MYERS
• 10' x 14' x 40' Dry Boat Storage
• Quick Access to Gulf
\$124,900 **MLS# 221066436**
Tracy Walters 239.994.7975